

## **THE EFFECT OF CHIROPRACTIC ADJUSTMENT ON PULMONARY FUNCTION**

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The purpose of this study is to evaluate the presence (or absence) of changes in the amount and force of breath after chiropractic adjustments by using spirometry (equipment that measures breath). It has been reported that the chiropractic adjustment increases lung function but there are few studies that have investigated this important phenomenon. Lung function in healthy subjects will be measured at the start of the study, during 3 weeks of twice weekly chiropractic treatments, and four weeks of once weekly follow up visits. The hypothesis is that chiropractic adjustment will improve lung function as measured by the size and force of breath.