



DOCUMENTATION GUIDELINES: LEARNING DISABILITIES

Students who are requesting services from Disability Support Services at National University of Health Sciences are required to submit documentation under the Americans with Disabilities Act Amendments (ADAAA) and Section 504 of the Rehabilitation Act of 1973. Individuals with disabilities are protected from discrimination and may be entitled to reasonable accommodations and the right to equal access to programs and services. A diagnosis of a disability alone does not automatically qualify an individual for accommodations under the ADAAA. To establish the need for a reasonable accommodation, the documentation must indicate the disability substantially limits one or more major life activities, and supports the request for services, accommodations, academic adjustments, and/or auxiliary aids.

This document provides guidelines necessary to establish the impact of the disability on the individual's educational performance and participation in other University programs and activities, and to validate the need for accommodations.

Submitted information must be current and comprehensive in order to avoid unnecessary delays in granting the accommodations. Students may be asked to provide updated comprehensive information if their condition is potentially changeable and/or previous documentation doesn't include sufficient relevant information. All documentation must conclude with a section devoted to recommendations linked to the disability that are appropriate to the educational program.

1. A qualified professional must conduct the evaluation

Professionals conducting assessments and rendering diagnoses of specific learning disabilities and making recommendations for appropriate accommodations must be qualified to do so. Comprehensive training and relevant experience with an adolescent and adult LD population are essential. A professional who is certified or licensed in the area of adults with learning disabilities and trained in psychiatric, psychological, neuropsychological and/or psycho-educational assessment such as: School Psychologist, Clinical Psychologist, Neuropsychologist, or Neurodevelopmental Physician.

2. Testing must be current

Disability Support Services acknowledges that once a person is diagnosed as having a qualified learning disability under the Americans with Disabilities Act the disability is normally viewed as life-long. Although the learning disability will continue, the severity of the condition may change over time. Therefore, the evaluation must present a current picture of how the student performs. Generally the evaluation should have been completed within the last three years. It is preferred that individuals who are seventeen years of age or older be tested using diagnostic measures normed for adults. For students who have been out of school for a number of years, documentation that is more than three years old will be handled on a case-by-case basis. Disability Support Services reserves the right to request updated or augmented documentation in order to have a more accurate picture of the current level of functioning.

3. Documentation must be comprehensive

A comprehensive assessment battery and the resulting diagnostic report must include a diagnostic interview, assessment of aptitude, measure of academic achievement and information processing. Assessment and any resulting diagnosis, should consist of and be based on a comprehensive assessment battery which does not rely on any one test or subtest. Documentation must validate the need for services based on the candidate's current level of functioning in the educational setting. A school plan such as an individualized education program (IEP) or a 504 plan is insufficient documentation in and of itself but can be included as part of a more comprehensive assessment battery. Evidence of a substantial limitation to learning or other major life activity must be provided. A specific learning disability and/or a DSM must also be stated within the documentation submitted.

4. Diagnostic Interview

An evaluation report should include the summary of a comprehensive diagnostic interview by a qualified evaluator. It should include a summary and description of the presenting problem(s); developmental history; relevant medical history, including the absence of a medical basis for the present symptoms; academic history; relevant family history; relevant psychosocial history; a discussion of dual diagnosis, alternative or co-existing mood, behavioral, neurological, and/or personality disorders along with any history of relevant medication use that may affect the individual's learning.

5. Assessment Measures

The neuropsychological or psycho-educational evaluation for the diagnosis of a specific learning disability must provide clear and specific evidence that a learning disability does or does not exist. Assessment, and any resulting diagnosis, should consist of and be based on a **comprehensive assessment battery**, which does not rely on any one test, or subtest. **Both aptitude and academic achievement must be evaluated and included in the test report.** Average broad cognitive functioning must be demonstrated on an individually administered intelligence test. Quantitative and qualitative information, which supports the diagnosis, including all subscale/subtest scores, should be listed. Objective **evidence of a substantial limitation to learning** must be provided. Each of the following must be provided:

- a. **Aptitude** (A complete intellectual assessment with all subtests and standard scores reported is essential.): WAIS-III, Stanford-Binet IV, Woodcock-Johnson Psycho-educational Battery: Test of Cognitive Ability. All

tests must be normed for adults.

- b. **Academic Achievement** (A comprehensive academic achievement battery is essential, with all subtests and standard scores reported for those subtests administered. The battery must include current levels of academic functioning in relevant areas such as reading [decoding and comprehension], mathematics, and oral and written language.): Woodcock-Psycho-educational Battery III: Test of Achievement, Weschler Individual Achievement Test (WAIIT), Stanford Test of Academic Skills (TASK), Scholastic Abilities Test for Adults (SATA).

***NOTE:** screening instruments, or abbreviated testing instruments do not provide in depth detail, therefore they may not be sufficient to determine eligibility for services.

- a. **Information Processing** (Specific cognitive processing strengths, weaknesses and deficits should be discussed): Visual spatial abilities, Memory, Fine motor/dexterity, Executive functions (verbal/nonverbal reasoning), Selective attention/perception (auditory/visual), and Oral language skills.

6. Informal Assessment

Social-emotional assessment is helpful in order to rule-out a primary emotional basis for learning difficulties. Social-emotional status should be assessed and discussed. If applicable, a mental health diagnosis should be clearly stated. Colleges need to know differential diagnosis of psychological disorders that impact upon academics from learning disabilities. College is typically quite stressful for students who have disabilities. In an attempt to better serve students, it is helpful to know about their personality characteristics, psychological welfare, self-esteem and ability to respond to stress.

7. Interpretative Summary

A well-written interpretative summary based on a comprehensive evaluative process is a necessary component of the report. Assessment instruments and the data they provide do not diagnose; rather, they provide important elements that must be integrated by the evaluator with background information, observations of the client during the testing situation, and the current context. It is essential, therefore, that professional judgment be used in the interpretative summary. A clinical summary must include:

- a. indication that the evaluator ruled out alternative explanations for academic problems, such as poor education, poor motivation and/or study skills, emotional problems, attentional problems, and cultural/language differences
- b. indication of how patterns in cognitive ability, achievement, and information processing are used to determine the presence of a learning disability
- c. indication of the substantial limitation to learning presented by the learning disability and the degree to which it may affect the individual in a university setting.

All documentation must include the following:

- a. Names of assessment instruments used and dates of testing.
- b. Quantitative and qualitative information that supports the diagnosis (including subtest scores).
- c. The areas of educational impact and the severity of the condition.
- d. Previous history of the disability and verification of any previous testing.
- e. Recommendations for reasonable accommodations the university may provide.
- f. Notation of medications prescribed, if any, and potential impact on learning.
- g. Additional observations or recommendations that could help the student.
- h. The names, titles, addresses, phone numbers, state of license and license number of the evaluator(s).

Please note that in reviewing the specific accommodation requested by the student or recommended by the physician/evaluator, Disability Support Services may find that while a recommendation is clinically supported, it is not the most appropriate accommodation given the requirements of a particular student's academic program. In addition, Disability Support Services may also propose clinically supported accommodations that would be appropriate and useful for the student, but which neither the student nor the evaluator have requested.

The aforementioned guidelines are provided so that Disability Support Services can respond appropriately to the individual needs of the student. Disability Support Services reserves the right to determine eligibility for services based on the quality of the submitted documentation. Documentation may need to be updated or supplemented in order to be considered complete. **Students who submit partial or incomplete documentation that does not meet the guidelines will not be eligible for services or granted accommodations.**

Send all documentation to:

Disability Support Services
National University of Health Sciences
200 E. Roosevelt Road
Lombard, IL 60148
630-889-6655 Fax