

# Information Resources: Naturopathy

*This list is intended to provide possible sources of information, available at National University of Health Sciences and electronically, for the naturopathic practitioner.*

## Databases & Electronic Journals

Online access to some journals might not be available due to ongoing subscription changes. Please contact the reference librarian for an electronic copy (with hyperlinks) of this list at: [reference@nuhs.edu](mailto:reference@nuhs.edu)

- Service** *About Herbs, Botanicals & Other Products* (herbal evidence database)  
**Login Info** A user name and password are not required. Access at <http://www.mskcc.org/mskcc/html/11570.cfm>
- Service** *Agricola* (database of agricultural research, including botanical/herbal)  
**Login Info** A user name and password are not required. Access at: <http://agricola.nal.usda.gov/>
- Service** *Alternative Health News Online*  
**Login Info** A user name and password are not required. Access this website at: <http://www.altmedicine.com/>
- Service** *American Association of Naturopathic Physicians*  
**Login Info** A user name and password are not required. Access at <http://www.naturopathic.org/>
- Service** *BioMed Central* (access to free full-text journals)  
**Login Info** A user name and password are not required. Access at <http://www.biomedcentral.com/>
- Service** *Datadiwan* (database of alternative/holistic research in Germany)  
**Login Info** A user name and password are not required. Access at: [http://www.datadiwan.de/suche/index\\_e.htm](http://www.datadiwan.de/suche/index_e.htm)
- Service** *Dictionary of Chinese Herbs*  
**Login Info** A user name and password are not required. Access at: [http://alternativehealing.org/chinese\\_herbs\\_dictionary.htm](http://alternativehealing.org/chinese_herbs_dictionary.htm)
- Service** *Directory of Open Access Journals* (access to free full-text journals)  
**Login Info** A user name and password are not required (IP address recognition). Access at: <http://www.doaj.org/> or through PubMed search citations.

- Service** *Early American Manual Therapy*  
**Login Info** A user name and password are not required. Access this website of full-text books at:  
<http://www.meridianinstitute.com/eamt/files/contents.htm>
- Service** *Exercise Library*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.acefitness.org/getfit/freexercise.aspx>
- Service** *free4doctors.com* (access to free full-text medical books)  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.free4doctors.com/>
- Service** *FreeBooks4Doctors.com* (access to free full-text medical books)  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.fb4d.com/>
- Service** *FreeMedical Journals.com* (access to free full-text medical journals)  
**Login Info** A user name and password are not required. Access at  
<http://www.freemedicaljournals.com/>.
- Service** *Herbal Safety*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.herbalsafety.utep.edu/default.htm>
- Service** *HerbMed*  
**Login Info** A user name and password are not required. Access at <http://www.herbmed.org/>
- Service** *HighWire Press* (access to free full-text medical journals)  
**Login Info** A user name and password are not required. Access at:  
<http://highwire.stanford.edu/>
- Service** *Hom-Inform Database (British Homoeopathic Library)*  
**Login Info** A user name and password are not required. Access this database at:  
<http://hominform.soutron.net/>
- Service** *Homeopathic Academy of Naturopathic Physicians*  
**Login Info** A user name and password are not required. Access this database at:  
<http://www.hanp.net/>
- Service** *Homeopathic Collection (Taubman Medical Library)*  
**Login Info** A user name and password are not required. Access this database at:  
<http://www.hti.umich.edu/h/homeop/>

- Service** *Hpathy: Homeopathy for Everyone*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.hpathy.com/>
- Service** *Index to Chiropractic Literature*  
**Login Info** A user name and password are not required. Access this database at:  
<http://www.chiroindex.org>
- Service** *Institute for Traditional Medicine (article directory)*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.itmonline.org/articles.htm>
- Service** *International Society of Naturopathic Physicians*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.isnp.net/>
- Service** *ITM Online—Institute for Traditional Medicine*  
**Login Info** A user name and password are not required. Access this database at:  
<http://www.itmonline.org/>
- Service** *Longwood Herbal Task Force*  
**Login Info** A user name and password are not required. Access at:  
<http://longwoodherbal.org/>
- Service** *A Modern Herbal*  
**Login Info** A user name and password are not required. Access this website at  
<http://www.botanical.com/botanical/mgmh/mgmh.html>
- Service** *NAPRALERT* (database of natural products)  
**Login Info** A user name and password are not required. Access at  
<http://www.napralert.org/>
- Service** *National Academies Press* (access to all their books as PDFs)  
**Login Info** A user name and password are not required. Access this website at  
<http://www.nap.edu/>
- Service** *National Center for Complementary and Alternative Medicine*  
**Login Info** A user name and password are not required. Access this website at  
<http://nccam.nih.gov>
- Service** *Native American Ethnobotany*  
**Login Info** A user name and password are not required. Access at:  
<http://herb.umd.umich.edu/>

- Service** *Natural Medicine Journal*  
**Login Info** A user name and password are not required. Access at <http://www.naturalmedicinejournal.com/>
- Service** *Naturopathic Medical Student Association*  
**Login Info** A user name and password are not required. Access this website at <http://naturopathicstudent.org/index.php>
- Service** *Nutrition Research Foundation*  
**Login Info** A user name and password are not required. Access this website at: <http://www.herbs.org/herbnews/>
- Service** *Office of Dietary Supplements*  
**Login Info** A user name and password are not required. Access this database at: <http://ods.od.nih.gov/showpage.aspx?pageid=48>
- Service** *Oncology Association of Naturopathic Physicians*  
**Login Info** A user name and password are not required. Access this database at <http://www.oncanp.org/>
- Service** *Online Books Page*  
**Login Info** A user name and password are not required. Access this website at <http://onlinebooks.library.upenn.edu/>
- Service** *Original Internist*  
**Login Info** A user name and password are not required. Access this website at <http://www.clintpublication.com/TheOriginalInternist.html>
- Service** *Ostmed*  
**Login Info** A user name and password are not required. Access this database at <http://ostmed-dr.com/>
- Service** *PDRHealth*  
**Login Info** A user name and password are not required. Access this database at <http://www.pdrhealth.com/>
- Service** *PEDro* (physiotherapy evidence database)  
**Login Info** A user name and password are not required. Access at [www.pedro.org.au](http://www.pedro.org.au)
- Service** *Physio-Medical Dispensatory*  
**Login Info** A user name and password are not required. Access this full-text book at <http://medherb.com/cook/cook.pdf>

- Service** *Plants Database*  
**Login Info** A user name and password are not required. Access at:  
<http://plants.usda.gov/>
- Service** *PubMed*  
**Login Info** A user name and password are not needed. Access at:  
<http://www.ncbi.nlm.nih.gov/PubMed/>
- Service** *Public Library of Science*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.plos.org/journals/>
- Service** *Research Council for Complementary Medicine*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.rccm.org.uk/>
- Service** *Southwest School of Botanical Medicine* (many scanned herbal books)  
**Login Info** A user name and password are not needed. Access at:  
<http://swsbm.com/HOMEPAGE/HomePage.html>
- Service** *TCM Databases*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.cintcm.com/index.htm>
- Service** *TCMID: Traditional Chinese Medicine Integrative Database*  
**Login Info** A user name and password are not required. Access this website at:  
<http://www.megabionet.org/tcmid/>

## **Journals**

### **Print journal titles available at this library**

*Acupuncture and Electro-Therapeutics Research*

*Alternative & Complementary Therapies*

*Alternative Medicine Alert*

*Alternative Medicine Review*

*Alternative Therapies in Health and Medicine*

*American Homeopath*

*American Journal of Acupuncture*

*American Journal of Chinese Medicine*

*American Journal of Clinical Nutrition*

*American Journal of Homeopathic Medicine*

*Annals of Nutrition & Metabolism*

*British Journal of Nutrition*

*CAM at the NIH*

*Chinese Journal of Integrative Medicine*

*Clinical Chiropractic*

*Complementary & Alternative Medicine at the NIH*

*Complementary Therapies in Medicine*

*Environmental Nutrition*

*FACT: Focus on Alternative and Complementary Therapies*

*Forschende Komplementarmedizin: Research in Complementary Medicine*

*Herb Companion*

*Herb Quarterly*

*HerbalGram*

*Herbs for Health*

*Homeopathy*

*Homoeopathic Links*

*Integrative Medicine: A Clinician's Journal (see below)*

*International Journal of Clinical Acupuncture*

*International Journal of Integrative Medicine (title changed to Integrative Medicine)*

*International Journal of Naturopathic Medicine*

*Japanese Journal of Acupuncture & Manual Therapies*

*Journal of Acupuncture and Meridian Studies*

*Journal of Alternative and Complementary Medicine*

*Journal of Bodywork and Movement Therapies*

*Journal of Chinese Medicine*

*Journal of Chiropractic Medicine*

*Journal of Clinical Chiropractic Pediatrics*

*Journal of Herbal Pharmacotherapy*

*Journal of Manipulative and Physiological Therapeutics*

*Journal of Manual & Manipulative Therapy*

*Journal of Natural Products*

*Journal of Nutrition*

*Journal of the American College of Nutrition*

*Journal of the American Dietetic Association*

*Journal of the Canadian Chiropractic Association*

*Journal of Traditional Chinese Medicine*

*Manual Therapy*

*Massage & Bodywork*

*Massage Journal*

*Medical Acupuncture*

*Medical Letter on Drugs and Therapeutics* (this title is shelved in the Reference Collection under QV 771 M366)

*MTJ*

*Natural Health*

*Nutrition Reviews*

*Nutritional Perspectives*

*Nutritional Wellness*

*Original Internist*

*Pearls*

*Pharmacology Reviews*

*Phytomedicine*

*Phytotherapy Research*

*Planta Medica*

*Simillimum*

*Townsend Letter*



***Please note that the following additional journals, books and videos may be accessed electronically (please note: some titles might be restricted to on-campus access only):***

*Act of Incorporation and the By-Laws of the Massachusetts Homeopathic Medical Society*  
[Project Gutenberg eBooks]

*Acupuncture in Medicine*

*Allopathy and Homoeopathy Before the Judgement of Common Sense!* [Project Gutenberg eBooks]

*American Acupuncturist*

*American Herb Association Quarterly Newsletter*

*Analytical system of medicine, or, the treatment of disease according to the principles and requirements of nature* (J. Clawson Kelley)

<https://archive.org/details/64220460R.nlm.nih.gov> [Internet Archives]

*Australian Journal of Herbal Medicine*

*BMC Complementary and Alternative Medicine*

*British Journal of Phytotherapy (1990-2001 only)*

*California Journal of Oriental Medicine: CAAOM / California Association of Acupuncture and Oriental Medicine*

*Chiropractic & Osteopathy*

*Dietary Components and Immune Function* [Springer eBooks Medicine, 2010]

*Epitome of the Homeopathic Healing Art Containing the New Discoveries and Improvements to the Present Time* [Project Gutenberg eBooks]

*Ethnopharmacology of Medicinal Plants: Asia and the Pacific* (Springer eBooks Medicine)

*European Journal of Medicinal Plants*

*European Journal of Oriental Medicine (1993-2000 only)*

*Evidence-Based Complementary & Alternative Medicine*

*Explore: the Journal of Science and Healing*

*Gerson Healing Newsletter*

*Ginseng and Other Medicinal Plants [Project Gutenberg eBooks]*

*Guidepoints: Acupuncture in Recovery (1993-2003 only)*  
*Health and Homeopathy*

*Healing Places: Part of the Body and Soul Series (streaming video)*

*Herbal Medicine [NCBI Bookshelf, 2011]*

*Herbal Simples Approved for Modern Uses of Cure [Project Gutenberg eBooks]*

*Homeopathy: the Journal of the British Homeopathic Association (1990-2000 only)*

*Homoeopathic domestic medicine (Laurie, 1853).*  
<https://archive.org/details/101306676.nlm.nih.gov> [Internet Archives]

*Hygiene (Leffler, 1878).*  
<https://archive.org/details/hygiene00leff> [Internet Archives]

*Indian Medicinal Plants: an Illustrated Dictionary [Springer eBooks Medicine, 2007]*

*Integrative Medicine Consult (2002 only)*

*Integrative Oncology (Springer eBooks Medicine)*

*Integrative Pain Medicine (Springer eBooks Medicine)*

*Integrative Medicine Insights*

*International Journal for Vitamin and Nutrition Research*

*International Journal of Integrated Care*

*International Journal of Therapeutic Massage & Bodywork*

*International Journal of Yoga Therapy*

*Internet Journal of Herbal and Plant Medicine*

*Internet Journal of Nutrition and Wellness*

*Japanese Journal of Complementary and Alternative Medicine*

*Journal of Asian Natural Products Research (one-year embargo)*

*Journal of the American Institute of Homeopathy*

*Journal of Ayurveda and Integrative Medicine*

*Journal of Herbal Pharmacotherapy*

*Journal of Medicinal Plant Research*

*JOY: Journal of Yoga*

*Knowledge of Healing (streaming video)*

*Medicinal Plants of the World, Volume 3 (Springer eBooks Medicine, 2005)*

*Natural Cure of Consumption, Constipation.... [Project Gutenberg eBooks]*

*Natural Medicine Journal*

*Natural Products: Drug Discovery and Therapeutic Medicine (Springer eBooks Medicine, 2005)*

*Natural Standard eNewsletter*

*New England Journal of Traditional Chinese Medicine (2004-2005 only)*

*Of nature and art in the cure of disease (John Forbes)*

<https://archive.org/details/64211060R.nlm.nih.gov> [Internet Archives]

*Old English Herbals*

*Open Access Journal of Medicinal and Aromatic Plants*

*Oriental Medicine Journal*

*Partners in Healing: Mind, Body and Prayer (streaming video)*

*Philosophy of natural therapeutics (Lindlahr)*

<https://archive.org/details/philosophyofnatu00lind> [Internet Archives]

*Phytotherapy Research (2006-2008 only)*

*Positive Health*

*Power of Prayer: How It Can Help to Influence Your Healing (streaming video)*

*Practice of medicine on Thomsonian principles....(J. W. Comfort)*

<https://archive.org/details/63340910R.nlm.nih.gov>

*Preventive Nutrition [Springer eBooks Medicine, 2010]*

*Primitive physic, or, an easy and natural method of curing most diseases (John Wesley)*  
<https://archive.org/details/14828160.5989.emory.edu> [Internet Archives]

*Probiotics in Pediatric Medicine [Springer eBooks Medicine, 2009]*

*Prover: the journal of the Chiropractic Academy for Homeopathy (1991-1997 only)*

*Quo Vadis Medical Healing (Springer eBooks Medicine)*

*Records of Natural Products*

*Research Journal of Medicinal Plant*

*Resonance: the magazine of the International Foundation for Homeopathy (1990-1998 only)*

*Scentsitivity: the quarterly journal of the National Association of Holistic Aromatherapy (1991-2000 only)*

*Small Remedies and Interesting Cases: Professional Case Conferences (1990-1996 only)*  
*Three Thousand Years of Mental Healing [Project Gutenberg eBooks]*

*Thermal baths of Bath: their history, literature, medical and surgical uses and effects, together with the Aix massage and natural vapour treatment (Freeman, 1888)*  
<https://archive.org/details/thermalbathsbat00freegoog>

*Thus thou shalt live: hints and advice for the healthy and sick on a simple and rational mode of life and a natural method of cure (Sebastian Kneipp)*  
<https://archive.org/details/thusshaltthouliv00knei> [Internet Archives]

*Topics in Clinical Chiropractic (1999-2002 only)*

*Universal naturopathic encyclopedia directory and buyers' guide: year book of drugless therapy, 1918-1919 (Benedict Lust)*  
<https://archive.org/details/universalnaturop00lust> [Internet Archives]

*Vindication of Natural Diet [Project Gutenberg eBooks]*

*Working man's family botanic guide (Fox and Nadin)*  
<https://archive.org/details/workingmansfamil00foxwuoft> [Internet Archives]

## Monographs

Books in this library are classified using the National Library of Medicine classification system. Books on **Naturopathy** (generally **WB 935**) might be found in all of our book collections but especially in the general circulating collection, in the reserve collection (textbooks recommended and/or required by instructor) and in our Special Collections area (classic titles; in-library use only). Other subject areas of interest might include: **Herbal Medicine (WB 925)** and **Homeopathy (WB 930)**.

Books on **nutrition** are usually found in the following areas of the collections:

- QT (Physiology)**
  - QT 235 (Diet)**
- QU (Biochemistry)**
  - QU 145 (Nutrition; Nutritional Requirements)**
  - QU 160-220 (Vitamins)**
- WB (Practice of Medicine)**
  - WB 400-449 (Dietetics; Diet Therapy)**
- WD [miscellaneous disorders]**
  - WD 100-175 (Nutrition Disorders)**
  - WD 310 (Food Hypersensitivity)**

Books on **botanicals** are usually found in the following areas of the collections:

- QV (Pharmacology)**
  - QV 735 (Handbooks)**
  - QV 766 (Medicinal Plants)**
  - QV 767 (Herbs)**
  - QV 770 (Geographic Distribution)**
- WB (Practice of Medicine)**
  - WB 925 (Herbalism)**

Books on Oriental medicine and acupuncture are usually found in the following areas of the collections:

- WB 369 (Acupuncture. Moxibustion)**
- WB 371 (Cupping)**
- WB 537 (Acupressure, Massage)**

Please remember that although there are specific areas where most books on a subject will be located, some books will be located in other subject areas. Here are some examples:

- Information on **nutritional aspects of sports medicine** or on **pharmacological aspects of sports medicine** (e.g., doping in sports) might be located in **QT 260** and **QT 261** with other titles on **sports medicine**.
- Information on **herbs** might be located in the **QV (QV 711, QV 717, QV 735 QV 766- QV 767, QV 770)** with other titles on **pharmacology** and in **WB 925 (Herbalism)**.
- Books on **nutrition disorders** will be found with other **pathology** books (specifically **QZ 105**).
- Books on **mental healing (WB 880)** and on **special systems of therapeutics (WB 890)**; this is often used for complementary medicine as a broad category) will be found with other practice of medicine books.
- **Practice of Medicine (WB)** might contain some **naturopathy**, including **Encyclopedias (WB 13)**, **Outlines (WB 18)**, **Handbooks (WB 39)** and **Atlases (WB 17)** but especially **Medical Practice (WB 50-50.1)** which includes many titles on **use of traditional and Oriental medicine**. Also consider specific aspects, such as palpatory **diagnosis (WB 275)** or **diet therapy (WB 400)**.
- Books on naturopathic applications for specific conditions might be found in those subject areas (e.g., **WI** for **gastroenterology**, **WP** for **gynecology**).
- Books on **Minor Surgery** will be found with other **Surgery** books but specifically under **WO 192** [*note: currently this library does not own any titles in this area*].
- Books on **Midwifery** will be found with other **Obstetrics** books (specifically **WQ 160** and **WQ 165**) but also might be found with **Nursing** books (specifically **WY 157**).
- Books on nutrition for specific age groups will be found in those subject areas. For example, **pediatric nutrition** will be found with other **pediatric** books (specifically **WS 115**).
- Books on the history of naturopathic and/or homeopathic medicine will be found with other **History of Medicine** books (specifically **general works** in **WZ 40**, **individual biographies** in **WZ 100** and **folklore** might be found in **WZ 309**).

You might wish to use the library's online catalog to locate other specialized subject areas.

One final note: books on **basic sciences** aspects are found in subject areas represented by the letter **Q** (e.g., **Physiology**, **Biochemistry** and **Pharmacology** in the listings above), while books on **clinical sciences** aspects are located in subject areas represented by the letter **W** (e.g., **Practice of Medicine** in the listings above).