

Share your good news in the next issue of *Alumnus!*

We would love to share your good news in the next issue of *Alumnus* because the *Alumnus* newsletter is all about you! Have you been elected to any offices or committees, reached any professional milestones, received any awards, or achieved any personal successes? Let us know and we'll share your news with your fellow alumni. We'll also accept good quality digital photos as well.

Email your news to molbrysh@nuhs.edu or mail to Marie Olbrysh, Office of Communications, NUHS, 200 E. Roosevelt Road, Lombard, IL 60148. You can also go to our website, www.nuhs.edu, click on Alumni Services, then on the link to *Alumnus* in the third paragraph and follow the link for submitting news. We look forward to hearing from you!

In Memoriam

Dr. Richard C. Ackerman - 1976
 Dr. John R. Baurichter - 1956
 James A. Fall - father of Dr. Stephanie Fall
 Dr. Herbert Janof - 1950
 Dario Maola - father of Dr. Chad Maola
 Dr. Michael Martino - 1990

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8.5M/10/10

Continuing Education Courses for October – December

October 23 – 24

Acupuncture – 1st 100 Hours
 Clean Needle Technique /
 Meridians I
 NUHS Campus / Lombard, Ill.

Advanced Acupuncture
 Microsystems of Acupuncture
 NUHS Campus / Lombard, Ill.

McKenzie Method
 Credentialing Program
 Part A: The Lumbar Spine - 1
 NUHS Campus / Lombard, Ill.

Ltd. Radiologic Technology Program
 (X-Ray Tech)
 Spine / Extremities / Chest / Skull - 3
 NUHS Campus / Lombard, Ill.

October 30 – 31

Kinesio Taping: Session 2 (KT3)
 NUHS Campus / Lombard, Ill.
 SOLD OUT

November 6 – 7

Ltd. Radiologic Technology Program
 (X-Ray Tech)
 Spine / Extremities / Chest / Skull - 4
 NUHS Campus / Lombard, Ill.

Myofascial Directional Therapy
 Session 2: Lower Body
 NUHS Campus / Lombard, Ill.

November 13 – 14

Clinical Orthopedics
 Module: Lumbar Spine
 Trauma, Osteoporosis,
 Tumors & Misc. Conditions
 NUHS Campus / Lombard, Ill.

McKenzie Method
 Credentialing Program
 Part A: The Lumbar Spine - 2
 NUHS Campus / Lombard, Ill.

November 20 – 21

Acupuncture – 1st 100 Hours
 Meridians II
 NUHS Campus / Lombard, Ill.

Advanced Acupuncture
 Accessory Acupuncture Techniques
 NUHS Campus / Lombard, Ill.

Mastering the Neurologic Exam
 & Interpreting the Findings
 NUHS Campus / Lombard, Ill.

Ltd. Radiologic Technology Program
 (X-Ray Tech)
 Spine / Extremities / Chest / Skull - 5
 NUHS Campus / Lombard, Ill.

November 27 – 28

Thanksgiving Weekend –
 No CE Programs Scheduled

December 4 – 5

Acupuncture – 1st 100 Hours
 Auriculotherapy & Instrumentation
 NUHS Campus / Lombard, Ill.

Advanced Acupuncture
 Comprehensive Review &
 Examination
 NUHS Campus / Lombard, Ill.

Clinical Orthopedics
 Module: Lumbar Spine
 Entrapment Neuropathies,
 Electrodiagnosis, PVD
 NUHS Campus / Lombard, Ill.

Understanding Pain Mechanisms
 NUHS Campus / Lombard, Ill.

December 11 – 12

Functional Rehabilitation
 Module: Lumbar Spine & Pelvis
 Rehabilitation of the
 Lumbar Spine & Pelvis II
 NUHS Campus / Lombard, Ill.

Ltd. Radiologic Technology Program
 (X-Ray Tech)
 Spine / Extremities / Chest / Skull - 6
 NUHS Campus / Lombard, Ill.

December 18 – 19

No CE Programs Scheduled

December 25 – 26

No CE Programs Scheduled

For location and registration
 information, contact:

NUHS/Lincoln College of
 Postprofessional, Graduate &
 Continuing Education
 200 E. Roosevelt Road
 Lombard, IL 60148-4583
 630-889-6622
 Fax: 630-889-6482
 postgrad@nuhs.edu

Note: Dates and times are subject to
 change; please refer to the NUHS
 website for up-to-date information.

Master of Science (MS) Advanced Clinical Practice

An Advanced Degree designed for first professional health care providers

36 credits • 2 year program

Weekend & Distance Learning (DL) Courses
 Accepting applications through July 1, 2011

Program Begins Fall 2011

Course Descriptions & Application Information
 is available at www.nuhs.edu (select "continuing education")
 or call 630-889-6622

Institutional Progress New Mexico DCs Learn Pharmacology

James F. Winterstein, DC
 NUHS President



your patients from day to day.

Where are we today and where are we going tomorrow? These are questions that are on the minds of educators here at National and most likely they pass through your minds as well as you care for

We engage in regular long range and strategic planning, as you might expect, and this process keeps our institutional members and Board members up to date. However, even before things reach the planning stage, someone must be thinking far down the road, and to a large degree, that is my job, so what do I see?

Well, before I get there, let me tell you where we are now. We currently have a total of 911 students enrolled in National University programs, as follows:

Chiropractic Medicine (DC) – 538 in Lombard and 33 in Florida for a total of 571 (the percentage growth of our DC student numbers exceeds that of all other schools except one)

Naturopathic Medicine (ND) – 83

Acupuncture and Oriental Medicine (MSAc) and MSOM) – 44

Master of Science in Advanced Clinical Practice (MSACP) – 32

Family Practice Residency – 4

Diagnostic Imaging Residency (MSDI) – 2

Research Residency – 1

Baccalaureate – 70

...see Institutional Progress... on page 2

In response to the passing of new regulations allowing New Mexico chiropractic physicians with the proper licensure and training to prescribe drugs from a limited formulary, the New Mexico Chiropractic Association asked NUHS if it would be willing to offer postgraduate coursework in pharmacology in the state.

New Mexico chiropractic physicians wanting to practice under the expanded scope of care may take a 90-hour program in pharmacology conducted by Daniel Richardson, assistant dean at NUHS, who holds a PhD in pharmacology and pharmacognosy from Loyola University, Stritch School of Medicine. "At the end of each module, the physicians must pass an examination. At the conclusion of the course, they must pass a comprehensive examination given by the state association in order to be eligible to apply for a license and a DEA number."

The physicians in the New Mexico program

NUHS Graduates 61 at Fall Ceremony

At the College of Professional Studies and College of Allied Health Sciences commencement ceremonies on August 19, a total of 61 graduates earned degrees or certificates.

The College of Professional Studies awarded 29 doctorate degrees in chiropractic medicine and three in naturopathic medicine, four master's degrees in acupuncture, and three master's in oriental medicine. The Lincoln College of Postprofessional, Graduate and Continuing Education also conferred one master's degree in diagnostic imaging.

The College of Allied Health Sciences conferred 15 students with their bachelor of science degree, one student with the associate of applied science in massage therapy, and five with the certificate in massage therapy.

also receive training in injectable nutrients and drugs from Michael Taylor, DC, who also holds a diplomate from the American Board of Chiropractic Internists.

"Chiropractic physicians are already licensed as primary care doctors in most states," says President Winterstein. "As health care policy-makers wrestle with the scarcity of general practice physicians, expanding the scope of chiropractic care to qualified chiropractic physicians makes good economic and strategic sense."

National students already receive the 90 hours of pharmacology (in addition to their prerequisite physiology and biochemistry courses) required for chiropractic physicians to earn a license to prescribe from a limited formulary of drugs in states passing such legislation. NUHS' Master of Science Degree in Advanced Clinical Practice also incorporates the 90 hours of advanced pharmacology coursework as part of its degree requirements.

Delivering the commencement address at the College of Professional Studies ceremony was the Honorable Jesse White, Illinois' three-term Secretary of State, who was presented with the honorary doctor of laws degree (LLD) following his speech.

Secretary of State White congratulated the graduates for their hard work "in professions that we hold in high esteem," many of which he has used himself.



Secretary of State
 Jesse White

A dedicated public servant, White encouraged the graduates to be the best that they can be. "We want you to continue to put something between those ears and under that scalp that we call knowledge that will carry you far. We want you to do all you can to make your community a better place to live."

Institutional Progress... ...from page 1**Prerequisite Program** – 50**Massage Therapy** – 45**Chiropractic Assistant** – 2**Non-degree Seeking** – 7

Our DC enrollment has increased an average of 12% each year over the past four years and the ND enrollment has increased 19% just this year alone.

I participate in each “Campus Visit Day” and as I talk to people, I ask them why they have chosen National. Most often, the reason stated is a simple, “National is the only school that requires the baccalaureate for entrance.” This simple statement speaks volumes to me because it tells me that people appreciate institutions that have set the bar above the rest and it assures them that their education will likely be better as a result. I happen to believe they are right. I think our students with their average entering GPA of 3.2 and a baccalaureate make for better academic achievement, thus helping to ensure success here at National, and if my observations are any indication and our alumni surveys likewise, they are also successful in their practices — which is the ultimate goal.

Our Florida program is building slowly and carefully and we are blessed with an excellent student body and outstanding faculty, staff and administration. We just submitted our CCE Self Study for the Florida program and will receive information back from CCE in July 2011.

So, we are doing well here at your alma mater, but what of the future? Well, here is what I see. Whether it will all come true or not remains to be determined.

1. We will most likely move into new facilities in Florida in the near future since St. Petersburg College is in the process of purchasing a new building about two blocks from where we are currently located and we have been invited to move into that building, which is an outstanding facility.

2. We, for the past two years, with the Board’s approbation, have been asking state boards whether, if we continue to offer the chiropractic medicine program as currently accredited by CCE, would the Board recognize the graduate’s diploma if it used the designation “DCM” rather than “DC”? Most have said ‘Yes, they would.’

What is the point? Well, first it is grammatically incorrect to say “doctor of

chiropractic,” which begs the question “chiropractic what?” The word “chiropractic” according to Oxford is an adjective, not a noun even though we have used it that way for a long time. Also, somewhere down the road, more and more states will begin to follow the initiative of New Mexico and will begin to offer limited prescriptive rights to the chiropractic physician. Our students right now receive 90 hours of pharmacology and 105 hours of botanical medicine — both naturopathic and chiropractic students — in preparation for the future.

3. We need to think in terms of residencies for all first professional doctoral students, naturopathic and chiropractic, and if acupuncture and oriental medicine move toward the doctoral level, for them as well. All other first professional primary care based doctoral programs require residencies. The problem that faces the chiropractic and naturopathic medicine professions is the lack of entry into residency programs. You will recall that National, in Fall 2009 began offering the Master of Science in Advanced Clinical Practice. Those people truly do get a rigorous program of advanced practice, which includes additional pharmacology, and much expanded physical medicine concepts, and advanced knowledge of evidence-based medicine.

It is my goal to use these graduates (those who have interest) as “residency directors” for DC graduates. This is a major undertaking but one well worth the effort, and Dr. Vincent DeBono, Vice President for Academic Services, is leading a Residency Committee with this end in mind. It will happen. Initially, our grads will have such an opportunity on a volunteer basis but as the program grows, it will eventually become mandatory.

4. As a result of their expanded education, I believe our National grads will have far better opportunities to enter into integrated practices, the Department of Defense, the Veteran’s Administration programs, and even hospitals, especially now that the Joint Commission, which accredits hospitals, has recognized chiropractic doctors as physicians.

5. Finally, I am hopeful that the chiropractic profession will observe the naturopathic profession and take some clues about “modernizing” itself. We are entering a phase in health care delivery that will be all about “evidence-based medicine,” and all the current research aside, if we wish to survive, we must demonstrate our ability as

primary care providers. To me, this is vital for our new graduates who need to pursue an avenue that is currently wide open but which the profession has largely ignored. I see signs from the American Chiropractic Association that this is changing and none too soon as far as I am concerned.

So there is a thumbnail sketch. If you have ideas and/or comments please drop me a line at jwinterstein@nuhs.edu, and try to remember that is primarily not about those successful doctors who have been in practice for the past 15 or 20 years, but about those who will follow you, and about all those patients who, up ‘til now have not benefited from chiropractic, naturopathic or oriental medicine care — or to wrap it all up — natural medicine care.

Alumni Visitors

Two National graduates from Illinois, Dr. Charles Halterman (l), Class of 1961, and Dr. Ray Newgard (r), Class of 1960, visited their alma mater in August, renewing their friendships with President James Winterstein and touring the Lombard campus.

Did You Know...

As an alumni of National, you can take advantage of a number of networking and professional services on the NUHS website at <http://wiki.nuhs.edu/groups/nuhsprofopp>. For a nominal fee, you can post: chiropractic and naturopathic associateship opportunities; massage therapist positions; career opportunities as acupuncturists, chiropractic assistants, office help, and other positions; practices for sale or lease; and chiropractic and massage equipment, office furniture and other miscellaneous equipment for sale.

Advertisements run for 90 days on the website and paper copies are posted on the Lombard campus in the library, intern lounge, bookstore student lounge, and Office of Student Service.

Administrative Changes

Manuel Duarte, DC, DABCO, DACBSP, has been promoted to Chair of Clinical Practice from his position as clinician in the Lombard Whole Health Center. In this capacity, he will supervise the Student Clinic and coordinate care across the various disciplines taught at NUHS — chiropractic, naturopathic and oriental medicine and massage.

Dr. Duarte has been a full-time faculty member at National for 20 years, serves as an instructor in the postgraduate education program, and maintains a private practice specializing in sports medicine. Dr. Duarte replaces Mark Hartsuyker, DC, who held the position from September 2008 to September 2010.

Faculty Appointments

Grant Iannelli, DC, DABCI, has returned to NUHS as a clinician at the Lombard Whole Health Center, filling Dr. Duarte’s former position. He has performed numerous roles at National since his graduation in 1984, most recently as a research clinician. He also maintains a private practice.

National welcomes **Sean Rardin, MD**, as a staff clinician at the NUHS Whole Health Center – Lombard. He graduated from Loyola University of Chicago / Stritch School of Medicine in 2002 and completed his residency at Rush-Copley Family Practice.

Several other faculty changes have taken place in Lombard and St. Petersburg. In Lombard, **Dr. Kevin Curtin** is a new member of the clinical science faculty and **Dr. Kelly Fallon** and **Dr. Nathan Miller** are now full-time faculty in basic science. In St. Petersburg, **Dr. Derek Schramm** is now full-time in basic science, along with new faculty **Dr. Rudy Heiser**, clinical practice, and **Dr. Jaya Prakash**, basic science.

Faculty Accomplishments

Yihyun Kwon, DC, MSOM, LAc, assistant professor of clinical science, earned his PhD in June from Tianjian University of Traditional Chinese Medicine, China. His thesis was “Theoretical and Clinical Study of the Acupuncture Treatment for Stroke with the Tonifying Qi-Nourishing Blood and Eliminating Stasis-Opening Meridian (QBSM) Method.”

National News

Randy Swenson, DC, MHPE, Dean of the College of Allied Health Sciences, was elected a commissioner of the Commission on Massage Therapy Accreditation (COMTA). He is also a site team evaluator for COMTA in addition to his duties as dean.

Rudy Heiser, DC, successfully passed the board examinations in radiology and earned his Diplomate from the American Chiropractic Board of Radiology.

The June 2010 issue of the *Journal of Chiropractic Medicine* featured articles by two NUHS faculty and one NUHS master’s graduate. **Christopher C. Wolcott, DC**, part-time Evidence Based Practice faculty, wrote a case study entitled “An atypical case of nephrolithiasis with transient remission of symptoms following spinal manipulation.” **Gregory R. Lillie, DC, MS**, and **Eric Deppert, MD, FACP**, co-authored a case study entitled “Inferior lumbar triangle hernia as a rarely reported cause of low back pain: a report of 4 cases.” The article served as Dr. Lillie’s capstone project for his Master of Science Degree in Advanced Clinical Practice. Dr. Deppert is a member of National’s postgraduate faculty.

Intern Outreach

Interns in the Doctor of Chiropractic Medicine Program performed medical examinations for prospective Chicago Blackhawks hockey players at the United Center in Chicago in August. Manuel Duarte, DC, faculty clinician, said they examined 71 new recruits performing vitals, EKGs, spirometry, urinalysis, and other lab work. The interns worked alongside professional athletic trainers who were conducting performance studies, as well as an MD and a cardiologist.

For the second year, National University served as the official chiropractic partner for the **Susan G. Komen Chicago 3-Day for the Cure** event, held August 6-8. A sports medicine team of four faculty

clinicians and 17 interns provided direct patient care in the sports medicine tent, treating walkers as well as staff and crew members.

Team Captain Patricia Coe, DC, said those who took part in the event “displayed compassion for their patients and professionalism in their interactions at all times. It was an honor as well as a pleasure to be able to bring this group to this event as a representation of both our profession and our University.”

Dr. Coe also received a thank you card from one of the walkers, the daughter of a cancer survivor, who was treated by a 9th Trimester intern on Day 2 of the walk. A veteran of seven 3-day events, it was the first time she had used the team’s services and was impressed with her intern who treated her with “compassion and a love for her profession that showed loud and clear.” Others also had similar (very positive) experiences with the team, she said, and “You all helped us achieve our goal successfully!”

Staff Appointments

Ms. Kathy Murphy joined National in September as the new Assistant Director of Marketing in the Office of Communications. She holds a BSBA in marketing from St. Xavier University in Chicago and an MBA from Roosevelt University in Chicago. Her role at National is to develop and implement strategic marketing plans for all University degree programs.

Renovation Update

Here’s a look at the interior of the new Biochemistry/Neuroanatomy lab in Janse Hall on the Lombard campus. The lab opened for the Fall 2010 Trimester after being completely renovated as part of a \$500,000 donation from Standard Process, Inc. Additional campus facilities will be upgraded over the next five years with additional funds from the Standard Process donation.