

Share your good news in the next issue of *Alumnus*!

We would love to share your good news in the next issue of *Alumnus*. Have you reached any professional milestones, received any awards, or achieved any personal successes? Let us know and we'll share your news with your fellow alumni. Email your news to molbrysh@nuhs.edu or mail to Marie Olbrysh, Office of Communications, NUHS, 200 E. Roosevelt Road, Lombard, IL 60148.

In Memoriam

- | | |
|-------------------------------|-----------------------------|
| Dr. John R. Bestgen - 1957 | Dr. Harold A. Jordan - 1960 |
| Dr. Paul J. Darr - 1952 | Dr. Harold H. Moore - 1952 |
| Dr. John T. Durnin - 1953 | Dr. John H. Morud - 1951 |
| Dr. Harold M. Ertel - 1953 | Dr. William G. Neer - 1955 |
| Dr. Richard L. Fulton - 1953 | Dr. Weldon L. Odom |
| Dr. Earl Hensley - 1952 | Dr. Glenn A. Suter - 1951 |
| Dr. David W. Hoyt - 1950 | Dr. Robert N. Taylor - 1954 |
| Dr. Kenneth C. Jeffrey - 1949 | Dr. Robert L. Toner - 1948 |

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8.5M/4/10

Continuing Education Courses for May - August

May 1-2
Clinical Orthopedics Module:
Hip & Pelvis
Disorders of the Hip & Pelvis
NUHS Campus / Lombard, Ill.

May 8-9
Electrodiagnosis
Needle EMG – Lower Extremity
NUHS Campus / Lombard, Ill.

May 15-16
Functional Rehabilitation
Strength & Conditioning
NUHS Campus / Lombard, Ill.

Limited Radiologic Tech Program – 1
(X-ray Tech)
NUHS Campus / Lombard, Ill.

May 22-23
Advanced Acupuncture 1
Acupuncture's TCM Principles
NUHS Campus / Lombard, Ill.

Kinesio Taping: Session 1
(KT1 & KT2)
NUHS Campus / Lombard, Ill.

May 29-30 - No Classes

June 5-6
Clinical Orthopedics Module:
Hip & Pelvis
Disorders of the SI Joint
NUHS Campus / Lombard, Ill.

Functional Rehabilitation
Soft Tissue & Taping Procedures
NUHS Campus / Lombard, Ill.

Limited Radiologic Tech Program – 2
(X-ray Tech)
NUHS Campus / Lombard, Ill.

June 11-13 - Homecoming

June 19-20
Functional Assessment & Rehabilitation
Session 1 – Extremities
NUHS Campus / Lombard, Ill.

Limited Radiologic Tech Program – 3
(X-ray Tech)
NUHS Campus / Lombard, Ill.

June 26-27
Advanced Acupuncture 2
Meridians and Acupoints
NUHS Campus / Lombard, Ill.

Kinesio Taping: Session 2 (KT3)
NUHS Campus / Lombard, Ill.

Full Spine Analysis & Joint Manipulation
NUHS Campus / Lombard, Ill.

July 3-4 - No Classes

July 10-11
Clinical Orthopedics Module: Lumbar
Spine: The Intervertebral Disc / Stenosis /
Post Element Disease
NUHS Campus / Lombard, Ill.

Electrodiagnosis Interpretation & Report
Writing
NUHS Campus / Lombard, Ill.

Limited Radiologic Techn Program – 4
(X-ray Tech)
NUHS Campus / Lombard, Ill.

July 17-18
Advanced Acupuncture 3
Differentiation of Syndromes 1
NUHS Campus / Lombard, Ill.

Functional Assessment & Rehabilitation:
Session 2 – Spine
NUHS Campus / Lombard, Ill.

July 24-25
Limited Radiologic Tech Program – 5
(X-ray Tech)
NUHS Campus / Lombard, Ill.

July 31 – August 1
Electrodiagnosis Testing Protocols /
Neurological Exam
NUHS Campus / Lombard, Ill.

August 7-8
Advanced Acupuncture 4
Differentiation of Syndromes II
NUHS Campus / Lombard, Ill.

Clinical Orthopedics Module: Lumbar
Spine: Disc, Stenosis – Clinical
Evaluation
NUHS Campus / Lombard, Ill.

August 14-15
Electrodiagnosis: EMG / NCV Practicum,
Repetitive Stim. Studies
NUHS Campus / Lombard, Ill.

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**For location and registration
information, contact:**

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200 E. Roosevelt Road
Lombard, IL 60148-4583
630-889-6622
Fax: 630-889-6482
postgrad@nuhs.edu

**Note: Dates and times are subject to
change; please refer to the NUHS
website for up-to-date information.**



Outreach

VOL. XXVI, NO. 2

March - April 2010

Does 'Common Sense' Still Have Value?

James F. Winterstein, DC
NUHS President



"The term Common Sense consists of what people in common would agree on, that which they "sense" as their common and mutual understanding," says Wikipedia.

"I can never fear that things will go far wrong where common sense has fair play," said Thomas Jefferson.

"The three great essentials to achieve anything worthwhile are: first, hard work; second, stick-to-itiveness; third, common sense," said Thomas Edison.

"Common sense is the knack of seeing things as they are and doing things as they ought to be done," wrote Josh Billings.

Finally, William James wrote, "Common sense and a sense of humor are the same thing moving at different speeds. A sense of humor is just common sense dancing." I truly like those words of James, but we won't find much common sense today and not much sense of humor either in what is happening all around us.

Looking first at what is happening in our society today, one can only conclude that the "thing" we called "common sense" has been completely lost or purposefully hidden from the activities of so many in our country who are in decision-making positions.

Let me give an example here. When it comes to personal income, personal wealth, how much is enough? Common sense would suggest that while the rich and the poor will always be part of society, those who are rich probably don't need to have so much money that there is

...see Common Sense... on page 2

Views of National



Mark Hartsuyker, DC, chair of Clinical Practice, and four NUHS interns recently made two visits to Standard Process Inc., a Wisconsin-based manufacturer of nutritional whole food supplements, at the invitation of their president, Charlie DuBois. During the first visit, the group performed an ergonomic evaluation of 18 employees in Standard's shipping and handling department and provided feedback in areas related to engineering for good work flow. The interns, under Dr. Hartsuyker's guidance, returned a second time to give a workshop stressing the importance of good lifting methods followed by a performance drill in their department on patterned, kinetic movements in a biomechanically correct manner for their various repetitive job tasks. Dr. Hartsuyker said the workshop was well received and was a winning combination for both parties, "as we performed a valuable service for their employees and our interns gained valuable real life experience in ergonomic consulting that they can use after graduation in their own practices." Pictured (l-r) are 8th Tri Intern Wael Habib, Dr. Hartsuyker, and 10th Tri Interns Leo Gerdov, Jason Gibson and Preeti Shah.



Congratulations are in order for President James Winterstein and Ms. Cynthia Sportelli of Houston, Texas, who were married March 16 at Immanuel Lutheran Church in Copperas Cove, Texas, the president's childhood home. The couple is now residing at the president's home in Lombard.



New "Manual Flexion" Tables have been installed in Room L1 on the Lombard campus to fulfill a curricular need for a laboratory that would offer technique instruction diversity and allow instruction of techniques to laboratory sizes of 24 students or less. Beginning in the Summer 2010 Trimester, the lab will be utilized for the new "Advanced Manual Therapy Techniques" course. In addition to features allowing for "traditional" diversified spinal manipulation, the new tables allow flexion-distraction techniques to be utilized. Additional mechanical drops and power-assisted elevation of the table height from 21 to 36 inches are bonus features.

