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In Memoriam

Dr. James R. Ansley - 1941
 Dr. Gust Gallucci - 1975
 Dr. Russell L. Gillam - 1965
 Dr. Gordon L. Holman - 1941
 Dr. James Jedlicka - 1976
 Dr. Alfred E. Johnson - 1978
 Dr. Kenneth E. Jones - 1952
 Dr. William J. Kotheimer - 1950
 Dr. Valdis Muiznieks - 1957
 Dr. Robert Ohlson - 1953
 Dr. Diane Ramsay - 1993

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8M/2/10

Continuing Education Courses for February - April**February 27-28**

Chiropractic Sports Physician
 100-6: Emergency Procedures
 NUHS Campus / Lombard, Ill.

Manual Therapy Approaches
 to Musculoskeletal Disorders
 Session 1: Cervical Spine &
 Upper Quarter
 NUHS Campus / Lombard, Ill.

Kinesio Taping: Session 2 (KT3)
 Colorado Springs, Colo.

Clinical Nutrition: Session 2
 SPC Campus / St. Petersburg, Fla.

March 6-7

Clinical Nutrition: Session 2
 NUHS Campus / Lombard, Ill.

Functional Rehabilitation:
 Nutrition & Rehabilitation
 NUHS Campus / Lombard, Ill.

Acupuncture 100-7: Adjunctive
 Patterns II
 NUHS Campus / Lombard, Ill.

Kinesio Taping: Session 1
 (KT1 & KT2)
 SPC Campus / St. Petersburg, Fla.

March 13-14

Clinical Orthopedics Module:
 Knee
 Functional Mechanics and
 Rehabilitation
 NUHS Campus / Lombard, Ill.

Limited Radiologic Technology
 Program – 5 (X-ray Tech)
 NUHS Campus / Lombard, Ill.

March 20-21

Chiropractic Sports Physician
 100-7: Extremity Taping/Strapping
 & Adjustive Technique
 NUHS Campus / Lombard, Ill.

Manual Therapy Approaches to
 Musculoskeletal Disorders
 Session 2: Lumbar Spine/Pelvis
 & Lower Quarter
 NUHS Campus / Lombard, Ill.

Clinical Nutrition: Session 1
 Colorado Springs, Colo.

March 27-28

Kinesio Taping: Session 2 (KT3)
 NUHS Campus / Lombard, Ill.

Mastery of Common &
 Problematic Clinical Disorders
 NUHS Campus / Lombard, Ill.

Clinical Nutrition: Session 3
 SPC Campus / St. Petersburg, Fla.

April 3-4

Easter Weekend – No Classes

April 10-11

Clinical Nutrition: Session 3
 NUHS Campus / Lombard, Ill.

Acupuncture 100-8: Research,
 Review & Final Exam
 NUHS Campus / Lombard, Ill.

Clinical Orthopedics Module:
 Knee
 Complex Clinical Conditions
 NUHS Campus / Lombard, Ill.

Limited Radiologic Technology
 Program – 6 (X-ray Tech)
 NUHS Campus / Lombard, Ill.

Kinesio Taping: Session 2 (KT3)
 SPC Campus / St. Petersburg, Fla.

April 17-18

Functional Rehabilitation
 Functional Assessment & Treatment
 NUHS Campus / Lombard, Ill.

April 24-25

Chiropractic Sports Physician
 100-8:
 Special Populations / Final Review
 NUHS Campus / Lombard, Ill.

Clinical Nutrition: Session 2
 Colorado Springs, Colo.

Plan Ahead: Homecoming 2010

June 11-13
 DoubleTree Hotel
 Chicago-Oak Brook

For location and registration information, contact:

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*Note: Dates and times are subject to
 change; programs are cancelled
 periodically or rescheduled. Please
 refer to the NUHS website for the
 most accurate information.*

Capitalism? What's Happened?

James F. Winterstein, DC
 NUHS President



I grew up in the '40s and '50s and learned at least a little about the concept of Capitalism during my school years. I observed it all around for the better part of my life, and for me, this economic and social system was, and hopefully can still be, the best in the world.

In those years, although there certainly were social injustices, it seemed that people in general were more optimistic about their lives and, incidentally, more satisfied, too. I recall that when I was in high school, the discussion among the boys was all about whether to go on to college or go to work in a factory. Our counselors seemed to have a sense that some of us should try for college, but it was by no means an expectation. Some were urged to go to a trade school to learn automotive mechanics or diesel mechanics, carpentry, cabinet making, plumbing, etc.

I had friends who did exactly that. I remember thinking that in some ways they might have done just as well as one who pursued higher education. At the same time, some were encouraged to become doctors, teachers, clergy, attorneys, etc., and that was OK, too. There was a general understanding in those days that for a capitalistic society to work, young people needed to be encouraged along a multitude of vocational lines. We needed the laborers and the skilled laborers and the professionals if this was to work. It was also understood that some people would make more money and some would make less, but to me, at least, it seemed that day-to-day happiness was not

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NUHS Awards First Degrees in Naturopathic Medicine

In historic commencement ceremonies on December 17, NUHS awarded three graduates the institution's first doctor of naturopathic medicine degree in more than a half century.

The ND degree was offered by National from the 1920s until 1952, when it was abandoned due to criticism of the profession by the U.S. Office of Education, and at the same tumultuous time that the chiropractic profession was seeking recognition and accreditation from the government.

National's ND program opened its doors to the first class of students in Fall 2006, emphasizing the university's commitment to providing a collegial environment for practitioners of natural medicine.

The first ND graduates were valedictorian Steven Moore, DC, Carlos Quezada, DC, and Lisa Leonard. Dr. Moore said he is able to see both sides of the fence — chiropractic and naturopathic medicine — “not too different but unique enough that when combined together, the patient will benefit in ways that we haven't seen yet.”

While the state of Illinois does not currently recognize naturopathic physicians and has no state licensure law, the university and many of its ND faculty members are part of statewide efforts to bring licensure legislation before the government in Springfield.

“It is with a sense of pride and accomplishment that we celebrate our return to the program diversity of National's past. We have planned for this time since 1993,” said President Winterstein.

Also earning degrees at the December commencement were 45 new doctors of chiropractic, one master of science in acupuncture graduate, 12 bachelor of science graduates, and 16 massage therapy



Gathering for a historic photo after commencement ceremonies are (l-r): Steven Moore, DC, ND; Fraser Smith, ND, assistant dean of the Naturopathic Medicine Program; Lisa Leonard, ND; Carlos Quezada, DC, ND; and President James Winterstein.

certificate recipients. The university also recognized Terry Webb, DC, as the recipient of the Joseph Janse Outstanding Graduate Award.

Commencement speaker for the College of Professional Studies ceremony was Kevin Cichocki, DC, a 1986 National graduate. He reflected on his own struggles setting up practice



in his home city of Buffalo, New York — “a medically conservative rust belt city with a declining population... and health insurance companies that did not cover chiropractors at the time.”

So, he said, he got busy, got involved with the state association, and after many years, was instrumental in helping change the law that gave New Yorkers chiropractic coverage. At the same time, he said he saw the law passing and the profession being ill-equipped to deal with being accepted, so he created New York state's first chiropractic independent practice association (IPA). [The IPA eventually expanded to include acupuncture, massage and physical therapy.]

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related to money. It was related to one's partner, the family, the children, the church, and the home.

Desires seemed to be simpler. As a youth, my entertainment was the church youth group, softball, football, basketball, and when one had a few extra bucks, a ride to the drive-in for a burger and a malt. Yes, we wanted to get a car, but by far most of the kids I knew did not even think of a new one. We looked for a car that could be fixed up and made to run, and we washed and waxed and polished it, and we had fun.

What does all of this have to do with the title, however? I think it has to do with what makes up the components of "civic virtue," the awareness that for our capitalistic social and economic system to work, one had to have a sense of responsibility not just for one's self, but for society in general as well. Parents were expected to discipline children. Those with less in the way of material things taught their children the value of the non-material, and those with a greater wealth seemed more willing to share it. "Civic virtue" requires people to be circumspect and considerate. It demands personal integrity.

Capitalism works wonderfully well when people understand and are engaged in "civic virtue." As we have seen in recent times, where there is a void of this kind of virtue, capitalism has been working against the very society it serves because greed seems to have become the ruling value. I have no gripe against a person working hard and developing great wealth, but there is a point at which reason is over-ruled by greed as we have seen with some of the large banks and other organizations that went bankrupt or nearly did, and were then "bailed out" by US — not by "the government," but by us — because it is the great mass of people who provide the bulk of the taxes. The greedy members of society who took outrageous salaries and bonuses while their companies were going down the drain had forgotten all about "civic virtue," as they were controlled by greed — and our capitalistic system began to show major cracks.

Unfortunately, instead of addressing the issue of the need for "civic virtue" because such values usually derive from one's religious values, our government, in its never-ending rush to engage in that oxymoronic process called "political correctness" (those two words simply cannot be seen side-by-side and be expected to make sense) begins to impose

"rules" and "regulations" on those who have lost their sense of "civic virtue." The president of General Motors is told his salary will be cut — by the government. I just wonder if his sense of "civic virtue" might have been piqued just a bit if instead, someone would have simply sat down with him and said "perhaps it would be in the best interest of our society at this time if you would consider a lower salary for the good of your fellow citizens."

What can we do to change the direction of our country toward a sense of greater "civic virtue"? Well, no one person can likely make all of society change, although the recent upset in Massachusetts when a man was elected to a seat that had been held by a person of the other party for 50 years shows us just how important a vote can be. Yes, I think we can make a difference. We can be a little more concerned about others. We can strive to make a good living without believing that we all need to be millionaires.

The Bible says the rich and poor will always be with us. Perhaps it is time for us to recognize that again. We don't all need gigantic homes as we have seen so many of in recent years only to realize the people who bought them could not pay for them. This is greed, plain and simple, and many have been forced to learn about this the hard way. We don't all need boats and expensive cars and snowmobiles and on and on. Yes, they can be fun and if we have earned the money legitimately no one should argue, but those who have more, just as those who have less, must all move back to a place where "civic virtue" is a value once again. It is the only way to fix our capitalism that has "run amok"! It cannot be fixed by bailouts; it cannot be fixed by the government spending money in amounts one cannot even comprehend; and it cannot be fixed by trying to legislate morality.

Only individual members of society can fix it by a return to the values that made our country great in the first place, the values that comprise "civic virtue," as proposed by our first president, George Washington, namely, civic knowledge, self-restraint, self-assertion, and self-reliance, and I might add, a sense of duty and consideration of others.

What do I owe to my times, to my country, to my neighbors, to my friends? Such are the questions which a virtuous man ought often to ask himself.

— Johann Kaspar Lavater
German poet and physiognomist
(1741-1801)

Research Dept. Update

National University, in the upper tier of complementary and alternative medicine (CAM) institutions in the research field, continued its advancement of scientific knowledge through the Department of Research in the past fiscal year.

Between September 2008 and August 2009, the Department of Research reported submission of 14 research grant applications and receipt of six, including a renewal grant from the NIH/NCCAM in the amount of \$864,000 to principal investigator Gregory Cramer, DC, PhD, for Curriculum Development in Evidence Based Practice (EBP).

According to Dr. Cramer, dean of Research, the EBP curriculum at NUHS, now in its fifth year, "helps our graduates to be leaders in the field, because evidence based practice is not a luxury. People who practice using evidence are the ones that will succeed as health care continues to change, because the policy makers and others who make decisions on health care and pay for health care are basing those decisions on evidence."

Over the past fiscal year, NUHS researchers also contributed 16 articles to journal publications, conducted over 35 editorial and peer reviews, gave 15 presentations with published abstracts and 16 guest presentations, and participated in 34 conferences and seminars.

NUHS researchers also attained personal achievements in the past year.

- Jerrilyn Cambron, DC, MPH, PhD, was elected treasurer of the Massage Therapy Research Consortium Steering Committee and was invited to be a member of the editorial board of the *Journal of Alternative and Complementary Medicine*. She also launched the development of a practice-based research network (PBRN,) funded by the Massage Therapy Research Foundation.

- Dr. Gregory Cramer, co-author with Dr. Susan Darby of the text, *Basic and Clinical Anatomy of the Spine, Spinal Cord and ANS*, was invited to participate in a "Meet the Author" event sponsored by the American Association of Anatomists at the Experimental Biology meetings. He was also an author on three presentations at the same meetings. Thomas Grieve, DC, of the Department of Research was first author of one of the presentations.

- Bart Green, DC, MEd, associate editor of NUHS Journals, was presented with the 2009 Presidential Service Award by the American Chiropractic Board of Sports Physicians.

- Theodore Johnson, Jr., DC, assistant dean of chiropractic medicine, was salutatorian of the Master of Science in Advanced Clinical Practice August 2009 graduating class from the Lincoln College of Postprofessional, Graduate and Continuing Education.

- Marc McRae, DC, DACBN, FACN, associate professor of basic sciences, received the "Best Paper in Educational Research" award at the 2009 Association of Chiropractic Colleges/Research Agenda Conference. (ACC/RAC).

Faculty Appointments

Chad Maola, DC, has been formally named Assistant Dean for Chiropractic Medicine – Florida Campus. He is a full-time onsite clinician at the NUHS Whole Health Center – Florida, and clinical practice instructor.

Dr. Hui Yan Cai, professor of Acupuncture and Oriental Medicine, has been appointed a visiting professor by Guangzhou University of Chinese Medicine, and put in charge of eight English-speaking American students enrolled in the PhD program at Guangzhou University. This is the first time the Chinese Central Government allowed the program, which began in September 2009, to be extended overseas due to the number of students in the Chicago area. Previously, students had to make several trips to China to attend classes. Dr. Cai will teach "History and Classical Oriental Medicine," supervise student research proposals, and help with research papers. She will continue teaching full-time at NUHS during the duration of the appointment, which runs until June 2012.

Faculty Publications

Dr. Jerrilyn Cambron, professor of Research, and Dr. Sylvia Furner, associate professor of epidemiology at the University of Illinois at Chicago, co-authored a chapter on "Prevention of Chronic Diseases" in the newly released text, *Introduction to Public Health for*

Commencement... ..from page 1

This experience led him to being tapped for a spot on the board of Buffalo's largest hospital, and with his influence, eventually gained privileges for chiropractors at the hospital and medical rotations for third year D'Youville College chiropractic students.

"What is the take-away here?" Dr. Cichocki asked. "The take-away is get involved. Join societies. Show up and things happen... The three professions represented here today [DC, ND, AOM] can offer society health care options. You represent potential solutions if you are willing to become part of a bigger picture. Alone you can only achieve so much. Integrate. Do not isolate."

DC Valedictorian Erin Quinlan echoed the speaker's words, challenging her fellow colleagues: "The future of this profession is in our hands. It is constantly evolving and changing and it is our responsibility to keep

National News

Chiropractors, by Dr. Michael Haneline and Dr. William Meeker. **Dr. Claire Johnson** and **Dr. Bart Green** also co-authored a chapter on "Population Health."

A paper entitled, "Superluminal Solutions of the Einstein Equation of Gravitation for Weak and Static Fields," based on original research by **Dr. Jim Betinis**, adjunct faculty member in the College of Allied Health Sciences, was accepted for publication in *Physics Essays*, March 2010, Vol 23 #1.

Dr. Theodore Johnson, assistant dean of chiropractic medicine, has had his case study, "Abdominal and Back Pains in a Patient with Metastatic Prostate Cancer - a Case Report," approved and scheduled for publication in the *Journal of Chiropractic Medicine*.

Clinic Services

The NUHS Whole Health Clinic – Aurora, under the direction of Dr. Nick Chancellor, has been providing health care to clients of the Fox Valley Carpenter's Place (CP) in Aurora, an organization helping to rebuild the lives of those that face homelessness or are near homeless, utilizing a holistic case management approach. The main need of the CP clientele has been a medical home at an affordable cost. The Aurora clinic meets this need by providing free health care and only charging patients for the cost of items for which NUHS incurs a charge.

It is our responsibility to publish and provide research."

At the Allied Health Sciences ceremony, Bachelor of Science Valedictorian Nicholas Kavouriaris looked forward to moving on to the chiropractic program and fulfilling his desire to care for people. While he acknowledged that his honor reflected a dedication to academic excellence, he said the character of the National institution was a more important asset in becoming a successful doctor.

Two graduates of the Massage Therapy Certification Program earned valedictory honors. Allison Crouse reflected on a certain amount of nervousness as she looked to the future. Citing the words of Martin Luther King Jr., she said: " 'Faith is taking the first step even when you don't see the whole staircase.' So keep faith in

Faculty Passing

James Jedlicka, DC, associate professor of clinical sciences for 23 years, passed away December 4 with a private service held December 5. Dr. Jedlicka earned his BS from National in 1975 and his DC in 1976. He also earned a doctor of naprapathy degree (DN) in 1991 from the Chicago National College of Naprapathy (now the National College of Naprapathic Medicine). Dr. Jedlicka practiced in Ohio from 1976 to 1978 and in Illinois from 1979 to 1980. He first came to National in 1979 and was as an instructor in the Department of Chiropractic until 1981, when he left to practice in Florida. Dr. Jedlicka returned to National in 1983 as an assistant professor in the Department of Biomechanics and Chiropractic Technique. He developed the flexion/distraction course and was involved in numerous NUHS research projects.



James Jedlicka, DC

Staff Appointment

Patricia Genardo, circulation manager of NUHS' Learning Resource Center, has been selected to participate in a new institute for Illinois library staff, ILEAD U, the 21st Century Technology Tools Institute. The institute will help library staff understand and respond to patron needs through the application of participatory technology tools.

yourself because the education we received here will help us in finding the rest of the staircase."

Eleni Spyropoulos spoke of her desire to do something for herself and to help others. "I think there is reason why our society is moving in direction of wellness and why massage therapy is increasing in the public's awareness. I believe some of our basic human needs can be fulfilled through massage therapy... There is a healing power in touch, not just the potential for physical healing but also the care given to mental and emotional well-being."

Closing with the words suggested by her 7-year-old daughter, she said: "Thank you for teaching me things and I love massage therapy."