

**Share your news in the next issue of *Alumnus!***

*Alumnus* is all about YOU and we'd like to share your news in our November issue. Have you completed any postgraduate programs, been elected to any offices or committees, reached any professional milestones, or achieved any personal successes? Let us know and we'll share it with your fellow alumni. We'll even accept good quality photos (digital or print) and will use them on a space-available basis.

Email your news to molbrysh@nuhs.edu, or mail it to Marie Olbrysh, Office of Communications, NUHS, 200 E. Roosevelt Road, Lombard, IL 60148. You can also go to the *Alumnus* page on our website, <http://www.nuhs.edu/show.asp?durki=129>, where there's an email link for submitting news. WE LOOK FORWARD TO HEARING FROM YOU!

**In Memoriam**

- Dr. Hawley Carlson - NA '50
- Dr. Monica M. Ennis - NA '89
- Dr. Theodore W. Gabe - NA '48
- Dr. Gerald W. Merrian - NA '59
- Dr. Leonard Owen - NA '47
- Dr. William H. Miller - NA '48
- Dr. Levi W. Sherwin - NA '42
- Dr. James E. Smith - NA '50
- Dr. Reese R. Smith Jr. - LI '55

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**Publisher**  
James F. Winterstein, D.C., President

**Editorial Staff**  
Marie Olbrysh, Associate Editor  
Tracy Litsey, Public Relations Specialist  
Robert Hansen, Graphic Designer  
Kadi Sistik, Photographer  
Victoria Sweeney, Director of Communications  
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**Postgraduate Courses for August - September**

**November 1-2, 2008**

Acupuncture 100-3: Meridians II  
*NUHS Campus / Lombard, Ill.*

Acupuncture 200-7:  
Microsystems of Acupuncture  
*NUHS Campus / Lombard, Ill.*

Clinical Orthopedics: Cervical Spine -  
Complex Clinical Conditions (RA, AS,  
Cancer Development)  
*NUHS Campus / Lombard, Ill.*

**November 8-9, 2008**

Kinesio Taping: Session 2  
*NUHS Campus / Lombard, Ill.*

**November 15-16, 2008**

Hypnotherapy: Session 7  
*NUHS Campus / Lombard, Ill.*

The McKenzie Institute International  
Chiropractic Education Programme:  
Part A: Lumbar Spine, Session 2  
*NUHS Campus / Lombard, Ill.*

X-ray Tech Program: Session 5  
*NUHS Campus / Lombard, Ill.*

Clinical Orthopedics:  
Trauma Fractures Dislocations, Misc.  
*Braintree Hospital / Boston, Mass.*

**November 22-23, 2008**

Acupuncture 100-4:  
Auriculotherapy and Instrumentation  
*NUHS Campus / Lombard, Ill.*

Acupuncture 200-8: Comprehensive  
Acupuncture Review; Final Examination  
*NUHS Campus / Lombard, Ill.*

Modern Spine Care: Functional Training  
*NUHS Campus / Lombard, Ill.*

Kinesio Taping: Session 2  
*SPC Campus / St. Petersburg, Fla.*

**December 6-7, 2008**

Clinical Orthopedics: Shoulder:  
Tendon & Rotator Cuff Lesions  
*NUHS Campus / Lombard, Ill.*

Pain Mechanisms  
*NUHS Campus / Lombard, Ill.*

X-ray Tech Program: Session 6  
*NUHS Campus / Lombard, Ill.*

Clinical Orthopedics: Rehab-Cervical  
Spine & Upper Quarter  
*Braintree Hospital / Boston, Mass.*

**For location and registration information, contact:**

Dr. Jonathan Soltys  
Postgraduate Dean  
200 E. Roosevelt Road  
Lombard, IL 60148-4583

630-889-6622 or  
630-889-6620  
FAX: 630-889-6482  
jsoltys@nuhs.edu

## Africa, Florida and Thanksgiving

James F. Winterstein, DC  
NUHS President



On September 18, at the request of my colleagues in the Republic of South Africa, I returned for the third time to that beautiful country with its beautiful and gracious people.

It was 20 years since I first traveled there and at that time, it was my distinct honor to meet with the academicians and chiropractic physicians who were intent on beginning a chiropractic degree program at Technikon Natal. A year later, that program opened and on this visit there, I was privileged to meet again some of the graduates of that first class — bright, wonderful people who are very committed to helping people through their chiropractic practices. While in South Africa in 1988, I was also privileged to speak at the annual banquet of the Congress, which at that time was held in Kruger National Park.

On this occasion, I was asked to open the annual Congress of the Chiropractic Association of South Africa and once again, it was a very distinct pleasure and honor. My topic was on the subject of the integration of chiropractic medicine into the mainstream of health care delivery in South Africa. On Saturday evening at the banquet, I was again asked to speak.

Dr. Vincent DeBono also lectured on the integration of chiropractic medicine into the mainstream of health care delivery, and Dr. Manuel Duarte lectured on low back pain and its management. Clearly, National was well represented at this Congress and I felt proud of my colleagues who made outstanding presentations.

...see Africa, Florida... on page 2

## NUHS Receives 'Partner' Award From American Cancer Society

National University of Health Sciences received the Partners in Progress – Community Mission Support Award from the American Cancer Society (ACS) DuPage Region at its recent awards dinner in recognition of the university's support of the mission of the ACS.

National was cited for its student and employee participation in the ACS's Active for Life and Relay for Life events, Daffodil Days, and volunteer efforts at health fairs and fund raising events throughout the year.

According to Joyce Whitehead, director of National's Learning Resource Center, who represented National at the September 22 Thank You Banquet, "Our name was projected on the big screen while we received some very heart-warming publicity." Joyce accepted congratulations on behalf of the university, but says the credit goes to Pat Gerardo, LRC circulation manager, "who was the primary instigator in our participation" in gaining support from the National community.

"Because we reached out to Pat for help in touching the faculty, staff and students, NUHS is a leader in the community in



Relay for Life DC volunteers (l to r) standing, Reda Karaluikas, Travis Hulbert, Bill Anderson, Dustin Sherman, Margarite Melikian, and seated, Shenita Staggers, Dr. Shellee Handley, Graham Reinhardt.



Relay for Life massage therapy volunteers (l to r) Tori Johnson, Salina Wong, Sia-Satta Kanjama, Valerie Grondin, Josh McDonnell.

helping us reach our mission... " read the award citation. "When we use the NUHS volunteers, we feel secure in their commitment... This is a testament to the quality and maturity of the students. Her work – through the school and in the community – has made a lasting impression and has achieved great results."



Pat Gerardo

Pat began volunteering for ACS in memory of her mother, who died from cancer 12 years ago. She (and her sister, Nancy, a cancer survivor herself) now have their own team of 12 friends, co-workers and former co-workers, all who have been touched by cancer, and who participate in the Relay for Life of Wood Grove in Downers Grove, Ill. Pat is on the steering committee that plans the event and under her leadership, her team was named the Relay Spirit Winner two years in a row. She also recruited 34 NUHS massage and DC students for the June 13 event.

"It makes me proud to be from National and associated with such dedicated and caring people," says Pat.

**Africa, Florida...** ...from **page 1**

While in South Africa, former NUHS clinician and long time friend, Dr. Michael van den Bos, and his wife Benita, invited me to their home, took me out to dinner and provided an abundance of South African hospitality. For three days and two nights, Dr. Van den Bos and I went on safari at Shamwari Game Reserve, which is listed as the finest private game reserve in South Africa and includes some 300,000 acres. We saw all the South African game save the leopard, which managed to elude us. This was a stupendous opportunity and I highly recommend it to all.

**St. Petersburg:** Upon my return to the United States, it was imperative that I spend some time working on the Florida initiative. We have placed Dr. Joseph Stiefel at the St. Petersburg College (SPC) Partnership Center Campus as the Assistant Dean for Chiropractic Medicine. He is set up there with his office and has now completed a month's work on the new DC program that NUHS will offer at SPC.

During the week of October 6, Ms. Tracy McHugh, vice president for Administrative Services, and I spent two days with Dr. Stiefel for the purpose of meeting President Carl Kuttler, Senator Dennis Jones, Ms. Catherine Kennedy (associate vice president of the Partnership Center), Phil Nicotera, MD, who is the provost of the Caruth Health Center, and various other members of SPC College.

After our visit and following an assessment of the possibilities, it appears as if our DC program will most likely be housed at the Caruth Health Center, which has all the necessary laboratories including a gross dissection lab, classroom space and office space for faculty. One building also appears to be ideal for the development of a Training and Assessment Center similar to the one on the Lombard campus.

Each week, one or more of the NUHS executive team travels to Seminole, Florida, where the Partnership Center and the Health Center are located, to work with Dr. Stiefel on this project.

To date, we have obtained "Foreign Corporate Status" and approval from the Florida Commission on Independent Education to offer our DC program in Florida. We are currently in the process of submitting our self-study to the Higher Learning Commission (HLC) of the North Central Association of Colleges and Schools. A site visit by a team from HLC will be at St. Petersburg College, Dec. 8-9, to evaluate our ability to offer the DC program at an off-campus site.

Subsequently, we will also request approval from the Council on Chiropractic Education (CCE).

As we move ahead, we will be conducting searches for basic science and clinical science faculty for the NUHS/SPC program in chiropractic medicine. The curriculum will be identical to the one offered at the Lombard campus and it is our intention to export the traditional NUHS culture to the Florida program. Yes, there is much to be accomplished, but I am excited and pleased with the prospects and the progress.

**Thanksgiving:** And now, Thanksgiving. Yes, times are exceptionally difficult these days and it is not confined to the United States. If one sifts through all the rhetoric and all the media hype etc., etc., it comes down to a few simple issues. At the top of the list is greed, followed very quickly by a great propensity for people to live beyond their means — way beyond their means. Our economy has been a house of cards and anyone with any sense could see that it had to come down — and boy, has it come down.

Yes, it affects us all and at NUHS, we are taking steps to tighten our belts simply because it is a must. Our endowment, like similar investments at other universities has taken a significant hit, which means that endowed scholarships are not available this year. All of our endowed scholarships are based completely on the earnings of our portfolio and when it does not earn money or loses money, scholarships cannot be given. Thanks to the wisdom of the Board of Trustees and our Vice President for Business Services, Mr. Ron Mensching, we are well invested and are currently ahead of the market, but regardless of how well one invests, in this circumstance, losses are virtually guaranteed.

So what is the point of Thanksgiving this year? Well, let's just think back to 9/11/01 — that fateful day when the United States was attacked so viciously. We can be thankful that has not been repeated, despite a number of stymied attempts. We are still here and the vast majority of us have jobs and continue to support our families and to help people in need.

I think humanity needs these down-times for they make us more grateful for the good things we share and they make us take a good long look at how we have been living. They provide reality checks. So let's be especially thankful this year — for all with which we are blessed and for lessons we should have learned long ago. I wish you a Happy Thanksgiving and may God bless and keep you and yours.

## Celente Forecasts Graduates Future

"You are the future of "Whole Health Healing," trends forecaster Gerald Celente told August 2008 DC graduates at their commencement ceremony on August 14.

Celente, who predicted in 1998 that the future of chiropractic was in addressing the problem of obesity and the issue of nutrition, coined the term Whole Health Healing, which is in tune with National's educational focus.



"There is no one in any profession more qualified than you and coming from a university such as this to be the leaders in Whole Health Healing... Who looks at you in mind, body and spirit and helps you get healthy in so many ways?" Celente said. "You are the ones with the credentials to bring us into a new millenium of enlightenment. The future is in your hands."

Celente was awarded the honorary doctor of laws degree (LLD) following his talk. Twenty-one graduates earned their DC degrees with Annissa Metzger Slusher of Pennsylvania delivering the valedictory address. She reflected on the knowledge that chiropractic is about more than just treating pain — it's also about changing lives.

At the College of Allied Health Sciences commencement ceremony on August 14, five students completed the requirements for the bachelor of science degree. One student, Si Ian Wong, earned the Association of Applied Science Degree in Massage Therapy.

Fourteen massage therapy students earned their certificate of completion with two graduates attaining valedictory honors.

Co-valedictorian Julie Barbee described her many previous careers before finding massage. "It is important to find a career you truly love," she said.

Co-valedictorian Victoria Krol said, "We may seem to be little massage therapists, but we have the unique gift to truly affect someone."

## News Briefs from National

### Faculty Promotions

**Claire Johnson, MEd, DC, DACBSP**, editor-in-chief of National's three peer-reviewed journals, has been promoted to a full time faculty member and the rank of professor. Dr. Johnson was appointed associate editor of the journals in 2004 and has worked for National on a part-time basis since that time.

**Nicholas Trongale, PhD**, dean of the College of Professional Studies, also was promoted to the rank of professor. He assumed the dean's position at National in October 2007.

### Faculty News

**Dr. Mark Hartsuyker** came to National in September as the chair of Clinical Practice. Dr. Hartsuyker is a 1980 graduate of Los Angeles College of Chiropractic. He was a faculty member and clinician at Logan Chiropractic College prior to coming to National. Dr. Hartsuyker is the first to fill this newly created position that involves supervising the Student Health Center and coordinating care across the various disciplines taught at the institution.

**Kristine Aikenhead, DC, NA '83**, returned to campus this fall to teach kinesiology and dermatology, and also to function as a clinician in the Student Health Center. Dr. Aikenhead, an assistant professor, formerly taught full-time from 1985-1989 and then part-time for the next several years. She previously taught laboratory diagnosis for six years and dermatology for 13 years.



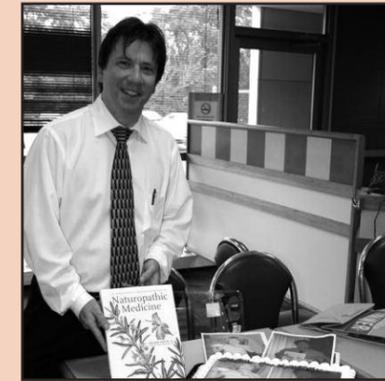
Dr. Aikenhead

**Bart Green, MEd, DC, DACBSP**, part-time NUHS faculty member, recently published an article entitled "A literature review of neck pain associated with computer use: public health implications." The article appeared in the August 2008 issue of the *Journal of the Canadian Chiropractic Association* (JCCA), 2008 Aug; 52(3):161-7.

**Dr. C. Robert Humphreys**, professor of clinical sciences, recently passed a rigorous examination and attained certification by the American Association of Electrodiagnostic Technologists (AAET). This affords him the right to hold the

designation of Registered Nerve Conduction Study Technician (RNCST).

**Fraser Smith, ND**, assistant dean of the Doctor of Naturopathic Medicine Program, was surprised by naturopathic faculty and students on September 19



with a "book signing" party celebrating the release of his textbook, *An Introduction to Principles and Practices of Naturopathic Medicine* published by CCNM (Canadian College of Naturopathic Medicine) Press.

### Radiology Workshop

Chief of Diagnostic Imaging **Dr. William Bogar**, instructor **Dr. Michael Fergus**, and diagnostic imaging residents **Dr. Heather Miley** and **Dr. Jennifer Pedley** attended the American Chiropractic College of Radiology Workshop in San Francisco, Calif., in October. "It was an exciting workshop and NUHS excelled at the workshop!" says Dr. Bogar.

During the resident presentations, **Dr. Jennifer Pedley** presented a paper titled "Left Pulmonary Artery Aneurysm," a patient case that entered the Lombard Whole Health Center earlier this year. **Dr. Michael Fergus** was nominated secretary-treasurer of the American Chiropractic College of Radiology.

**Dr. Heather Miley** was awarded the Terry R. Yochum Scholarship for the most outstanding resident in diagnostic imaging. She also won the contest for the most correct answers among the Board Certified Chiropractic Radiologists that entered a diagnostic imaging contest.

### St. Petersburg Update

**Dr. Daniel Richardson**, who was to assume the role of associate dean for the chiropractic medicine degree program in

October at St. Petersburg College, has had to withdraw from the position for medical reasons. He will remain on the Lombard campus continuing his duties in the classroom and as assistant dean for Allied Health and Undergraduate Studies.

**Dr. Joseph Stiefel**, assistant dean for Chiropractic Medicine at NUHS/St. Petersburg, who was scheduled to move to Florida in January 2009, has now assumed the responsibility of primary on-site administrator for the Florida program.

National will accommodate a focused **site visit** from the Higher Learning Commission of the North Central Association on December 8-9 in St. Petersburg to gain approval from the commission to offer the DC degree at the University Partnership Center. Please direct any questions/comments to Dr. Vincent DeBono, vdebono@nuhs.edu.

### Postgrad Events

Faculty from 13 different chiropractic institutions that teach physical rehabilitation programs were on campus in early September for the International Society of Clinical Rehabilitation Specialists **2<sup>nd</sup> Annual Rehab Summit** taught by Stuart McGill, PhD, Craig Liebenson, DC, and Tim Hewett, PhD.

**Kinesio Taping** continues to maintain its popularity among the courses offered by the Lincoln College of Postprofessional, Graduate and Continuing Education. The KT courses typically sell out, according to **Dr. Jonathan Soltys**, postgraduate dean, as was the case with the first KT course offered at St. Petersburg College this October and November. Forty registrants were allowed, only 15 of which are DCs.

### Constitution Day

NUHS celebrated Constitution Day on September 17 with a display in the main hallway that included a copy of the Constitution, as well as several flyers dealing with historical facts, lives of the signers, and other details related to the formation of the Bill of Rights. A computer also showed several DVDs on the topic.

