

Share your news in the next issue of *Alumnus!*

Alumnus is all about YOU and we'd like to share your news in our August issue. Have you completed any postgraduate programs, been elected to any offices or committees, reached any professional milestones, or achieved any personal successes? Let us know and we'll share it with your fellow alumni. We'll even accept good quality photos (digital or print) and will use them on a space-available basis.

Email your news to molbrysh@nuhs.edu, or mail it to Marie Olbrysh, Office of Communications, NUHS, 200 E. Roosevelt Road, Lombard, IL 60148. You can also go to the *Alumnus* page on our website, <http://www.nuhs.edu/show.asp?durki=129>, where there's an email link for submitting news. WE LOOK FORWARD TO HEARING FROM YOU!

In Memoriam

Dr. Roy Allard - NA '55

Dr. Mark Bradley - NA '76

Dr. Frederick Thompson - NA '49



Outreach

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Postgraduate Courses for August - September

August 2-3

Acupuncture 300-2:
Digestive Systems & Dermatology
Microsystems of Acupuncture
Sheraton Hotel / Cleveland, Ohio

Acupuncture 200-4:
Differentiation Syndromes II
NUHS Campus / Lombard, Ill.

Clinical Orthopedics:
DJD, Stenosis, Myelopathy, Post
Element, Facet
NUHS Campus / Lombard, Ill.

August 9-10

Key Mobilization & Rehab
Strategies:
Neck & Upper Extremity
Hilton Garden Inn / Daytona, Fla.

August 22-24

Acupuncture 300-3:
Arthritis / Pain Management
Final Exam Review
Sheraton Hotel / Cleveland, Ohio

September 5-7

Acupuncture 300-4:
Board Review
Final Exams – Written & Practical
Sheraton Hotel / Cleveland, Ohio

Clinical Orthopedics:
TMJ / TOS / Peripheral
Entrapments
NUHS Campus / Lombard, Ill.

Sports Physician 100-8:
Management of Special
Populations
Final Exams
NUHS Campus / Lombard, Ill.

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Professionally Speaking

Excellent rebuttal on cervical manipulation, Kinsinger and alleged stroke. JFW

An article entitled "Anecdotes are not enough to condemn chiropractors" by Susan Martinuk was published in the *Calgary Herald* newspaper on Friday, July 18. In it, the author spoke to the "other side" of chiropractic care in response to a column by Dr. John William Kinsinger, in which he based his arguments against chiropractic neck manipulation on a single anecdote.

Debunking Dr. Kinsinger's claim that chiropractic is a non-scientific profession, Martinuk refers to the largest and most recent studies on chiropractic care and stroke published in *Spine* (February 2008) and conducted by a United Nations WHO task force on neck pain and its associated disorders.

The task force of researchers and scientist-clinicians from nine countries representing 14 disciplines considered almost 32,000 research citations, and then appraised more than 1,000 of them to synthesize the best available scientific evidence on neck pain and the most efficacious means of treating it.

In brief, the results showed: cervical neck manipulation is a recommended treatment for neck pain; there was no statistical difference between having a stroke and a visit to a chiropractor or a physician; vertebral tears can occur spontaneously and are symptomized by headache and neck pain; and people who are already experiencing neck and head pain due to a spontaneous artery tear are more likely to go to a medical doctor or a chiropractor to seek help.

The entire text of the article can be accessed on the web at: <http://www.canada.com/calgaryherald/news/theeditorialpage/story.html?id=b8f65f22-d871-431f-acff-1881d3b2250c&p=1>

National Expands... and Other News

James F. Winterstein, DC
NUHS President



From National School of Chiropractic and Institute of Adjustment in 1906, to National School of Chiropractic in 1908, to National College of Chiropractic in 1920, and then to National University of Health Sciences in 2000, National has continued to engage in measured and mission-based growth.

I refer not to growth of class size or number of matriculants, but growth of the kind that stabilizes and strengthens the institution. The process continues and on June 19, 2008, another step was taken. On that date, Carl Kuttler, president of St. Petersburg College (SPC) in Pinellas County, Florida, and I signed a "Memorandum of Understanding" making our two institutions partners for the future delivery of educational programs by NUHS in SPC facilities.

St. Petersburg College is a publicly supported institution of higher education that offers many degrees up to and including the baccalaureate. Over the years, as a mechanism for better serving the citizens of Pinellas County, and under the leadership of President Kuttler, SPC has developed a number of university partners that offer many graduate and some doctoral degrees on one or more of SPC's 11 campuses.

At present, counting NUHS, there are 17 university or college partners with SPC, among which are Case Western Reserve, Indiana University, University of South Florida, St. Leo University, and others.

...see National Expands... on page 2

National Branches Out to Florida

St. Petersburg College (SPC) of Pinellas County, Florida, and National University of Health Sciences entered into a partnership agreement on June 19 through which National plans to offer a first professional doctoral degree in chiropractic medicine at one of the SPC campuses.

NUHS is currently in the process of obtaining the necessary approvals from the Florida Department of Education Commission for Independent Education as well as the agencies that accredit NUHS and its chiropractic degree program.

Students entering the DC program at the SPC campus will be required to have a baccalaureate for matriculation just as students have been required to have at the NUHS Lombard campus since 1999. Appropriate administrative personnel will be stationed at SPC to assure that all necessary processes required for NUHS educational standards will be met in a timely manner.

It is anticipated that the first class will be admitted in September 2009. The program at SPC will be the same curriculum offered at the main campus in Lombard and will be a part of the NUHS system but offered in partnership with SPC.

St. Petersburg College has its own tradition of excellence like National. SPC was founded in 1927 as St. Petersburg Junior College, Florida's first two-year institution of higher education. Today, the college is a multi-campus public institution with 11 learning sites throughout Pinellas County. In June 2001, Florida's governor signed legislation making SPC the first community college in the state to offer four-year degrees. The college dropped the 'Junior' from its name but is still strongly

committed to its two-year curriculum that offers over 200 majors leading to associate degrees.



In 1999, SPC opened its University Partnership Center (UPC) in collaboration with six Florida four-year institutions. The UPC enables students to take courses at an SPC site to earn various bachelor and graduate degrees from partner institutions without leaving the county.

Currently, there are 16 UPC partnerships including three out-of-state institutions: Case Western Reserve University (Doctor of Nursing Practice), Cleveland State University (Master of Science in Nursing Forensics), and Indiana University (Master of Philanthropic Studies).

St. Petersburg College is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate and bachelor's degrees.



C.W. Bill Young University Partnership Center
Seminole, Florida Campus

National Expands... ...from page 1



Through this new partnership, it is anticipated that beginning in September 2009, we will matriculate a first semester class in a chiropractic degree program. The curriculum will be the same as the one offered at the Lombard campus and entrance will require the baccalaureate just as it has here in Lombard since 1999. It is likely that in the future, other degree and or certificate programs will also be offered through this partnership.

In keeping with the National heritage, the DC degree program will not be intended to promote large numbers of new chiropractic

physicians. National is well aware of the concern in the profession that, at least in some areas, the ratio of chiropractic physicians to population is not favorable. Our goal is not to worsen that ratio, but to improve the quality of physicians going into practice.

If you wish to view the news release from SPC, you may do so by going to: <http://it.spcollege.edu/news/>.

Homecoming 2008 was a resounding success with our featured plenary speaker Mr. Gerald Celente, trends caster, who talked about the direction of health care delivery and his perspective on the best way for chiropractic physicians to position themselves to help patients, while being personally and professionally successful.

Mr. Celente strongly promotes the concept of “whole health healing” by chiropractic physicians — not chiropractors. It is his perspective that the best physician for the future will be one that uses a variety of “natural medicine” approaches to the health and wellness of the public. It is his perspective that the kind of physician graduating from National and other schools with similar tenets will be the physician with the greatest success in a changing economy and a changing culture.

55 Earn Degrees, Certificates at April Commencement

Commencement ceremonies on April 19 included the awarding of 33 doctor of chiropractic degrees, six bachelor of science degrees, the first associate of applied science in massage therapy degree, and 15 massage therapy certificates.

At the College of Professional Studies ceremony, Jeffrey Schwan of Illinois gave the valedictory address and Frank Thomas Sutter of Massachusetts received the Joseph Janse Outstanding Graduate Award.

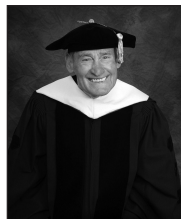
Melvin Collins, NUHS admissions alumni coordinator for more than 22 years, delivered the commencement address to Professional Studies graduates. In his own inimitable style, Mr. Collins congratulated the graduates “for not only getting into the National University of Health Sciences but getting out as well.” He reminded the graduates how rigorous and demanding the program is and how only the best and brightest graduate from National.

Mr. Collins also congratulated the graduates for choosing chiropractic, which gave him relief from athletic injuries in his youth.

“Here is a profession where you are going to make a very good living and where you are going to be esteemed and loved in your community,” he said.

“Here is a profession where you are going to have a minimum of two or three miracles every day of your life. People can’t walk in; they walk out. People have terrible headaches and you treat them and no more headaches. All these perfectly beautiful things are happening for one reason and one reason only. You touch them. That’s all. You touch them. No drugs. No surgery. You just touch them.”

Following his address, Mr. Collins, a World War II hero and devoted advocate for National University, was presented with the honorary doctor of laws degree (LLD) in recognition of those unique individuals who provide inspiration and leadership by their extraordinary accomplishments.



Dr. Mel Collins

Speakers who followed brought their various perspectives to the audience, providing concepts of integration and healing that all clearly related to the “whole health healing” concept. The commentary I received ranged from “very good” to “best in years!” Participants left knowing that what they had learned could be put to good use on the Monday morning after homecoming.

A number of awards were given during the Saturday evening banquet and the details of those awards will be provided in the next issue of the *Alumnus*.

During my State of the University Address, I revealed that the student housing project, which consisted of totally gutting and rebuilding Lincoln, Turek and Tieszen halls will be completed in time for the September 2008 class. Lincoln and Turek are already finished with Tieszen remaining.

A Power Point copy of my presentation will be posted on the NUHS web site for you to review as you wish. My thanks goes to all who made homecoming so successful, including our staff members and all who participated as exhibitors and presenters. Your participation made all the difference!

At the College of Allied Health Sciences ceremony, bachelor of science degree valedictorian Kaushal Patel expressed thankfulness for an exceptional education and the friendships and bonds developed “that will be cherished for a very long time.”

Massage therapy valedictorian Kelli Juzwiak was inspired to do something to help people feel better when she decided to become a massage therapist. She quoted Patanjali: “When you are inspired by some great purpose...dormant forces, faculties and talents come alive and you discover yourself to be a greater person by far than you ever dreamed yourself to be.”

Jaclyn Ruthauff was the first awardee of the associate of applied science degree in massage therapy. The A.A.S. degree is available to students in the Massage Therapy Certification Program who complete 33 credit hours of general education courses at a regionally accredited institution of higher education prior to or within five years of earning their massage certificate.

News Briefs from National

The NUHS Board of Trustees met in April to engage in its planning process, which reviews the university’s Values and Mission Statement and formulates the **Institutional Goals**. While the Values and Mission Statement remain unchanged, the Institutional Goals were modified to reflect recommendations from intra-institutional planning. According to President James Winterstein, “the modifications are subtle but allow for development of objectives that will enhance the broad scope practice profile in the curriculum and clinic system, allow for better branding of NUHS as an educational and clinic center of excellence in Whole Health Wellness and Education, and plan for the upgrading of basic science facilities and technology infrastructure.

In line with the university’s objective of better branding as an educational and clinic center of excellence, NUHS is seeking to fill a new position of **assistant director of marketing** in the Office of Communications. The position reports to Ms. Victoria Sweeney, director of communications and enrollment services.

Sam Battaglia, DC, and Brian Miller, DC, have joined the new **NUHS Whole Health Center – Chicago** as clinicians.



Dr. Brian Miller



Dr. Sam Battaglia

Dr. Battaglia graduated from National in 2001 after earning a B.S. in exercise physiology at the University of Arizona. He is also certified in basic acupuncture, Kinesio Taping, Graston Technique, and is a certified strength and conditioning specialist.

Dr. Miller earned his undergraduate degree from the University of Buffalo and also graduated from National in 2001. He is a Master Golf Fitness Instructor and has completed the Kinesio Taping and the

Certified Running Doctor programs. Drs. Battaglia and Miller also maintain their own clinic in the Little Italy area of Chicago, which they opened immediately after their graduation from National seven years ago. The clinic staff includes Catherine Kelley, billing coordinator, and Ana Mombela, receptionist.

Claire Johnson, MEd, DC, DACBSP, editor of the NUHS journals and professor at Southern California University of Health Sciences, delivered a seminar series on “Evidence Based Practice: How to Publish Your Case Report” on campus in June. The series ranged from knowing the benefits and limitations of case reports to knowing where to submit case reports.

Dr. Johnson and Dr. Bart Green, MEd, DC, DACBSP, have had two papers accepted for platform presentation to the 136th Annual Meeting & Exposition of the American Public Health Association (APHA), October 25-29, in San Diego, Calif. Dr. Johnson is the lead presenter on “Reporting adverse effects associated with chiropractic care: An analysis of literature in PubMed” and Dr. Green is the lead on “Scoliosis and sports participation: A literature review and recommendations.”

After two years of work and negotiation, Dr. David Parish, dean of clinics, and his colleagues have been successful in obtaining an agreement with the Department of Veterans Affairs that will allow NUHS interns to participate in rotations at the **VA Medical Center at Danville (Ill.) Veterans Hospital**. Interns participating in this program will be under the direct supervision of Dr. Donald E. Owens, Jr., a 1992 National graduate.

The initial intern began the program on July 14 in the chiropractic clinic and other rotations in the facility. The four-week rotation averages two intern opportunities per trimester.

The **Department of Research** is currently enrolling patients into a research study on lumbar spinal stenosis. Participants must be 50 years of age or older, be experiencing lumbar spinal stenosis (low back and/or leg pain) that has lasted for at

least six months, and must not have received chiropractic care in the past year.

Each patient who is eligible and participates in the study will receive a low back examination, an MRI assessment if needed, six weeks of chiropractic care, and an honorarium for their time. Principal investigator is Jerrilyn Cambron, LMT, DC, PhD.

The Lincoln College of Postprofessional, Graduate and Continuing Education is accepting applications for the **Master of Science (MS) Degree in Advanced Clinical Practice**, an advanced degree designed for the chiropractic profession. The 36 credit two-year program begins Sept 6-7 on the NUHS campus. Applications will be accepted through August 1. Call 630-889-6622.

The April 8 issue of *Dynamic Chiropractic* included an article by NUHS clinician **Manuel Duarte, DC, DACBSP, DABCO, CSCS**, on “Diagnosis and Management of Achilles Tendinopathy.”

Marc McRae, MSc, DC, FACN, DACBN, assistant professor in physiology and biochemistry, was published in the *Journal of Chiropractic Medicine*, 2008, Volume 7. His article is entitled “Vitamin C supplementation lowers serum low-density lipoprotein cholesterol and triglycerides: a meta-analysis of 13 randomized controlled trials.”

Debbie Cascio, coordinator of Undergraduate Studies in the Office of Admissions has assumed the position of treasurer and chair of the membership committee for the PICU (Private Illinois Colleges and Universities). The non-profit organization promotes private colleges to community colleges.

The Georgia Board of Massage Therapy has approved National’s **Massage Therapy Certification Program** as a Board Recognized Massage Therapy Educational Program that “meets and exceeds the requirements in several areas.” Congratulations to Dr. Randy Swenson, chair of the program and dean of the College of Allied Health Sciences.