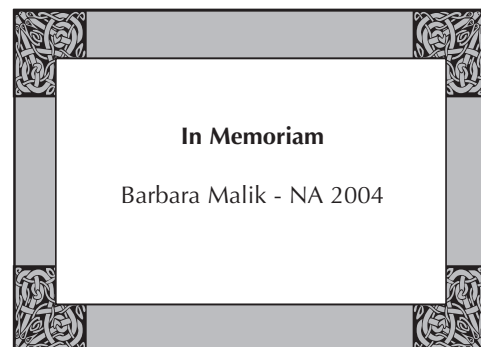


Refer a Prospective Student!

YOU are our most vital recruiting tool. If you know someone who is interested in one of our academic programs, refer them to us! Call the Office of Admissions at 800-826-6285, e-mail admissions@nuhs.edu, or send their names to Office of Admissions, NUHS, 200 E. Roosevelt Road, Lombard, IL 60148. Thank YOU!

Student's Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Program of Interest _____
 Referred by Dr. _____



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Outreach

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December 2006

Many Thanks to All Who Make Us Great

James F. Winterstein, DC
NUHS President



We all know that we should be thankful year round and for the most part, I suppose we are, but at special times, this important sense of gratitude seems to take a "front and center" place in our hearts and minds — as it should.

This year at National, the year of our centennial, we accomplished so many good things so we have much for which we are thankful. Please bear with me for a few minutes while I give recognition and express my gratitude.

Yes, it was our centennial year so first of all, my posthumous gratitude to our founder, Dr. John Fitz Alan Howard, who had an unusual foresight, not only for the value of chiropractic medicine, but particularly for broad scope chiropractic medicine that has been the hallmark of this fine institution we call National University of Health Sciences.

Some of you made our centennial homecoming an outstanding event and I thank every one of you from Tracy McHugh who organized the event to our alumni, exhibitors, faculty, staff, and students. You made this an event to remember.

Special thanks goes to Dr. Christena Nicholson, who was the lead person on the development of our Self-Study process and documentation, which led to the site visit late in 2005 and the final determination by the Higher Learning Commission of the North Central Association of Colleges and Schools that all of our requested degree programs be approved and for National to receive a

...see Many Thanks... on page 2

National's Administrative Office Undergoes Several Staff Changes

National University has made several changes to its administrative officers in recent weeks.

Dr. Christena Nicholson, vice president for academic services, will return to her former position as dean of institutional analysis.

Dr. Nicholson, who managed the 2005 Accreditation Self-Study and Site Team Visit of the Higher Learning Commission and the 2005 Interim Report for the CCE, asked to return to her former position in order to concentrate on these areas of institutional analysis in anticipation of three upcoming major self-studies that include corresponding site team visits and final approvals from the accrediting agencies. Dr. Nicholson will also work with Dr. Daniel Driscoll, dean of students, on some aspects of student services.



Dr. Chris Nicholson

To fill her office, Dr. James Winterstein has appointed Dr. Vincent DeBono as interim vice president for academic services for a period of six months.

Dr. DeBono served as an NUHS clinician for six years and one year as Dean of Clinics. Previously, he was associated with the Chicago General Service.

Dr. David Parish has been appointed to replace Dr. DeBono for a six-month term as interim dean of clinics.

A 1984 graduate of National, Dr. Parish also was associated with Chicago General Health Service prior to coming to the Lombard clinic.

devotes his time to volunteer work, primarily for his church, where he is an elder. He and his wife Patte are members of the president's Senior Stewards Club.

The Schonauers had four children, including Brigette, a 1993 National graduate, who sadly lost her life in a tragic accident shortly after graduation. The couple initiated a scholarship in her memory, which has been consistently providing students with financial support over the years.

Board Chair Dr. Raymond Nietzold and President James Winterstein have expressed their gratitude to Mr. Schonauer for his willingness to serve on the board and look forward to benefiting from his wisdom and insights.



Dr. Vincent DeBono



Dr. David Parish



Mr. Tom Schonauer

National Welcomes New Trustee

In a continuing effort to expand public involvement in the governance of the institution, the NUHS Board of Trustees elected Thomas A. Schonauer, MBA, of Orland Park, Ill., as a trustee during the annual meeting in November. He was elected for a three-year term of office and may succeed himself for a total of three terms if he is re-elected.

Mr. Schonauer earned his BA from Southern Illinois University and his MBA from Keller Graduate School of Management and is retired from Federal Signal Corporation where he had 36 years of service. He

Postgraduate Courses for January - March

January 6-7

Sports Physician SP100-5:
Injuries to Upper Extremity
Lombard, Ill.

January 13-14

Acupuncture 100-5: Tongue DX/
Extraordinary Meridians
Lombard, Ill.

Acupuncture 300-1: Intro to TCM
Lombard, Ill.

Electrodiagnosis EDX-1: Intro to
EMG & NCV
Lombard, Ill.

End Range Loading Rehabilitation
Strategies
Lombard, Ill.

Clinical Orthopedics: Review of Upper
Body
Lombard, Ill.

Hypnotherapy HYP-4: Hypnosis
Applications
Lombard, Ill.

January 20-21

Handling Headaches: From Causes to
Post Concussion Syndrome
Lombard, Ill.

CPR for Health Care Providers & Staff:
American Heart Assoc. BLS
Lombard, Ill.

January 27-28

Evidence Based Nutrition I
Lombard, Ill.

Functional Bracing & Casting: Upper
Extremity
Lombard, Ill.

Clinical Orthopedics M2-3: Knee-3
Functional Mechanics & Rehab
Braintree (Mass.) Rehab. Hospital

February 10-11

Acupuncture 100-6: Differential
Diagnosis
Lombard, Ill.

Acupuncture 300-2: Meridians &
Acupoints
Lombard, Ill.

Clinical Orthopedics: Review of Upper
Body
Lombard, Ill.

Electrodiagnosis EDX-2: EMG & NCV
Upper Extremity I
Lombard, Ill.

February 17-18

Rehabilitation Diplomate First 100
Hours: 100-1 Functional Approach
Lombard, Ill.

February 24-25

Evidence Based Nutrition II
Lombard, Ill.

Functional Bracing & Casting: Lower
Extremity
Lombard, Ill.

Hypnotherapy HYP-5: Advanced Clinical
Hypnotherapy
Lombard, Ill.

Sports Physician SP100-6:
Emergency Procedures
Lombard, Ill.

Clinical Orthopedics M2-4: Knee-4
Complex Clinical Conditions
Braintree (Mass.) Rehab. Hospital

March 3-4

Acupuncture 100-7: Differential
Diagnosis II
Lombard, Ill.

Acupuncture 300-3: 8 Principles
Differentiation of Syndromes I
Lombard, Ill.

March 10-11

Clinical Orthopedics M1-2: Foot-2
Conditions, Trauma, Imaging
Lombard, Ill.

Electrodiagnosis EDX-3: EMG & NCV
Upper Extremity II
Lombard, Ill.

March 17-18

Sports Physician SP100-7:
Injuries to Lower Extremity
Lombard, Ill.

March 24-25

Traditional Chinese Medicine
Lombard, Ill.

CPR for Health Care Providers:
American Heart Assoc.
Lombard, Ill.

Clinical Orthopedics M3-1: Hip/Pelvis I
Braintree (Mass.) Rehab. Hospital

March 31-April 1

Evidence Based Nutrition III
Lombard, Ill.

Hypnotherapy HYP-6: Advanced Clinical
Hypnotherapy
Lombard, Ill.

Note: Dates and times are subject to change; programs are cancelled periodically or rescheduled. Please refer to the NUHS website for the most accurate information.

For location and registration information, contact:

Dr. Jonathan Soltys
Postgraduate Dean
200 E. Roosevelt Road
Lombard, IL 60148-4583
630-889-6622 or
630-889-6620
Fax: 630-889-6482
jsoltys@nuhs.edu

Many Thanks... ...from page 1

full 10 years of accreditation with no concerns. This is a monumental task and one that we will face in various degrees year after year as new programs seek and obtain accredited status.

My thanks to Mr. Ron Mensching, Vice President for Business Services, who engineered the bond issue for rehabilitation of our student housing. This is a first for National and again signals the value of our institution to the local community, which supported our efforts by issuing the municipal bonds.

I would be particularly remiss if I did not take this opportunity to thank every faculty member and every staff member of National. Without this cadre of professionals, there would be no institution and our reputation as one of the finest universities of its kind would not exist.

I am grateful to those new people like Dr. Fraser Smith and Ms. Behty Harrison who head the Naturopathic Medicine and Acupuncture/Oriental Medicine degree programs respectively. They have their work cut out for them and we expect great things from them as we integrate these new programs into our existing structure. I also express special thanks to Dr. Dan Richardson who heads the new baccalaureate degree completion program.

National is blessed with seven deans: Dr. Keith Smith, Dean of the College of Professional Studies; Dr. Randy Swenson, Dean of the College of Allied Health Sciences; Dr. Jonathan Soltys, Dean of the Lincoln College of Postprofessional, Graduate and Continuing Education; Dr. Greg Cramer, Dean of Research; Dr. Chris Nicholson, Dean of Institutional Analysis; Dr. Dan Driscoll, Dean of Students; and David Parish, Interim Dean of Clinics. In addition, we have a new Registrar in the person of Keith Werosh, who replaced the retiring Cheryl Stowell. Working with the deans is Dr. Vince DeBono, who is the Interim Vice President for Academic Services and former Dean of Clinics.

On the business side, working with Mr. Ron Mensching, Vice President for Business Services, are four directors including Mr. Steve Johnson, Director of Financial Services, Ms. Sarah Adams, Director of Financial Aid, Mr. Tom Rohner, our new Director of Facilities, and Ms. Victoria Sweeney, Director of Communications and Admissions.

Working with me on a daily basis is Mrs. Tracy McHugh, Executive Assistant to the President and Director of Development and Alumni Services. I also work directly and closely with the Board of Trustees led by Dr. Ray Nietzold. This group of dedicated people governs the university and provides the kind of vision and support that is so often lacking in educational institutions today, while being keenly aware of the need not to engage in institutional administration.

I am blessed to work with the directors of the National University Foundation, which include Gene Jacobs, Esq., Rich Fay, DC, John DeMatte IV, DC, and Ron Mensching, as well as all the members of the President's Alumni Advisory Council, of which Tom Stotz, DC, serves as honorary chair.

Yes, there are many people for whom I am thankful at this holiday time and while I freely express my gratitude for all with whom I work with every day, my greatest sense of appreciation is extended to all of you who read this — those who are alumni and friends of National. This is so very true of those of you who, like many of our employees, take the opportunity to support National financially. Without you we could not exist either.

So, we are, in a sense a family, certainly a community of people who have common interests and goals. We have a collective value that cannot be denied and all of our efforts, in the final analysis, will result in a vast expression of gratitude from the thousands and millions of patients who are served by our graduates.

One of the hazards of thanking individual people is the risk that one will miss someone and I hope I have not done that here. If I have, please forgive me and know that I thank you as well, for there are so many who help make National the excellent institution it is.

Do we have a reason to be thankful? I think way beyond what we might recognize and far beyond what we take for granted every day. Despite the worries that infest our lives as they relate to the world in which we live, right now we can take the time to relax a bit and express to each other our profound sense of gratitude, which it is my privilege to do to each of you right now. Please accept my thank you and my continued very best wishes for 2007.

National News

Ron Mensching, vice president for business services, has been elected to the board of directors of the Lombard Chamber of Commerce.

Anna Jurik, DC, a 2005 National graduate, has joined the Lombard Health Center as a clinician. In addition, Dr. Jurik is a registered dietician and offers nutritional counseling and therapies through the clinic. She also teaches part-time in National's Department of Nutritional and Biomedical Therapeutics.

Dr. Jaya Prakash, chair of the Department of Basic Sciences, became an American citizen on October 25. She is a native of Pune, India, and has been in the United States for 13 years. has been on the National faculty since January of 1997.

The Naturopathic Medicine program welcomes **Dr. Kristina Conner** as a full-time faculty member and **Dr. Louise Edwards** and **Dr. Judy Fulop** as adjunct faculty. Also new to National are **Ms. Polly Liontis** and **Ms. Robin Fan**, adjunct faculty in the Oriental Medicine program.

In order to provide accommodations for each of National's colleges, the College of Allied Health Sciences has moved to its own facility. **Dr. Randy Swenson**, dean of the college, and his secretary **Judy Hofer**, have relocated to the Annex on the front campus. **Dr. Daniel Richardson**, chair of undergraduate studies in the College of Allied Health Sciences, also maintains an office in the building. The building was vacated by the Chicago School of Professional Psychology in September when it moved to a new campus in Chicago.

Dr. Josephine Polich, a homeopath and adjunct faculty in the Department of Nutrition and Biochemical Therapeutics, was quoted in an article in the Naperville (Ill.) Sun discussing various options for preventing the flu. Dr. Polich spoke to the use of *influenzium*, a homeopathic preparation that does not trigger the same side effects as the regular "flu shot."

NUHS recently selected crystalreports.com to extract and report on data within its campus administration system (CAMS). In addition to providing better insight into all student-related information, Crystal Reports also gives management a better idea of how the entire institution is performing. Prior to establishing the new system, data was shared departmentally; now the university is able to communicate centrally. The system also allows staff to retrieve information simply, regardless of their technical expertise.

EBP Grant Facilitates Faculty, Student Research



Dr. Ezra Cohen meets with Michele Issel, PhD, RN, Clinical Associate Professor, UIC School of Public Health, his research mentor for his sabbatical research project.

Dr. Ezra Cohen is concluding his Evidence Based Practice Sabbatical sponsored by the Curriculum Development in Evidence Based Practice grant (1R25AT002872-01). The grant supports an NUHS faculty member who works with an active UIC researcher for an initial research sabbatical. The sabbaticals are scheduled for the Fall 2006, 2007 and 2008 terms.

The grant was written by Dr. Gregory Cramer, dean of the NUHS Department of Research and principal investigator, with co-investigators Dr. Jerrilyn Cambron, associate professor in the NUHS Department of Research, and Dr. Sylvia Furner, interim dean, School of Public Health, University of Illinois at Chicago.

Dr. Cohen's focus was a proposal to develop methods to assess the effect of an EBP-Curriculum Faculty Development Program on the dynamics of faculty groups in a chiropractic teaching institution. Dr. Cohen's aim was to develop a methodology and baseline measure of faculty interactions (unstructured communications) by examining participants' perceptions of faculty contributions to integrative

education and the teaching of integrative care.

In an initial proposal, Dr. Cohen stated, "National has recently become a university representing education in multiple health care professions, and like the health care delivery systems represented here, it is in consumers' (students, professions, patients) best interests to

find ways to integrate the teaching and teaching of integrated delivery of those systems." Dr. Cohen will continue his research over the next few years in order to provide feedback to the faculty to facilitate understanding of the process of becoming an integrative health care university.

The next sabbatical opportunity will take place in Fall 2007. The Evidence Based Practice Program team will announce the next faculty participant in January 2007. Participants are selected through an application and interview process with grant investigators, co-investigators and program managers along with the NUHS administration.

Student Mentored Research Focuses on Prostate Cancer

Rachael Fabbi, the Fall 2006 participant for the Evidence Based Practice Student Mentored Research Project, worked with Katrine Wallace and Dr. Sylvia Furner, both from the University of Chicago's School of Public Health on a project

concerning prostate cancer incidence in the African American male population. The objective of ProCEED (Prostate Cancer Study of Ethnicity, Exercise, and Diet) study is to determine why there is a greater incidence of prostate cancer among African American males.

Dr. Furner is the principal investigator of the on-going study. Katrine Wallace acted as Ms. Fabbi's primary mentor and research guide. In addition to researching the current medical literature, Ms. Fabbi observed patient study interviews as well as patient dietary assessments.

As a result of her participation, Ms. Fabbi, a sixth trimester student, will be involved in writing a research paper on overactive bladder with the UIC researchers. She will also attend a professional scientific conference supported by the grant in conjunction with the project. In addition to the research project activity, Ms. Fabbi took two UIC courses also supported by the grant: Introduction to Psychosocial Epidemiology and Public Health Aspects of Gerontology.

In her application to the program, Ms. Fabbi noted, "I see the knowledge gained from this program as twofold: to practice as an evidence-based chiropractic physician and pursue chiropractic research."

Two additional student mentored research opportunities will take place in Fall 2007 and Fall 2008.

This project was made possible by Grant Number 5 R25 AT002872-02 from the National Center for Complementary and Alternative Medicine (NCCAM).

Massage Teacher Barbara Malik Loses Battle With Breast Cancer

"A pillar of strength, hope and courage," "witty and fun-loving with a beautiful smile," "compassionate," "upbeat," "a wonderful mother," "a great massage therapy teacher."



Barbara Ann Malik

These were just some of the tributes left in an online guest book in memory of Barbara Ann Malik, a massage therapy teacher for National, who lost her valiant battle with

breast cancer on December 10. She is survived by a husband and two children.

Services were held December 15 at the Beidelman-Kunsch Funeral Home in Naperville. Interment was private. Donations to the Susan G. Koman Breast Cancer Foundation would be appreciated in her name.

Barb, 53, made a career change to massage therapy later in life having worked previously for many years as an AT&T telephone operator. Barb was

inspired by a friend to go into massage and entered the NUHS Massage Therapy Program in Fall 2002. She graduated as valedictorian of the April 2004 graduating class after which she became a teaching assistant in the massage therapy program.

"I was privileged to know Barb as a student, faculty member and friend. She was always positive and I will miss her very much," wrote President James Winterstein in his entry to Barb's online guest book.