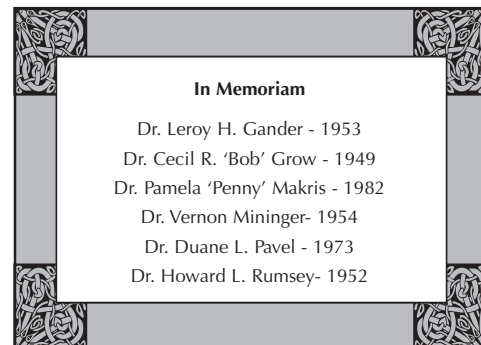


**Help Us Keep Our Database Up-To-Date!**

Don't forget to let us know if your contact information changes. Phone your changes to Marie Olbrysh at 630-889-6723, e-mail molbrysh@nuhs.edu, or send them to Marie Olbrysh, Office of Communications, NUHS, 200 E. Roosevelt Road, Lombard, IL 60148.

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## Spring Is Coming!

James F. Winterstein, DC  
 NUHS President



Most likely, this edition of *Outreach* will not be in your hands until after the New Year but as I write today, I am at my farm (well, not really a farm — just a nice 20 acres in southern Illinois — and it has been a rainy and dreary day. Back in Lombard it has been even more so and colder too, but remember that spring is coming! For some of you, of course, living in the south or on the west coast, the weather might be bright and cheery, but regardless of where we live, it is at this time of year that we want to and should feel particularly happy despite the clouds and cold weather. For some, Hanukkah has just begun and it is a time of celebration. For some it will be Kwanza with its weeklong time of celebration, and for many, regardless of belief, this is Christmas time.

People have been shopping, putting up Christmas decorations, Christmas trees (no they are not “family trees” as some stores are calling them because they think they are being “politically correct”) and manger scenes. There is nothing wrong with celebrating Christmas, my friends, and all are welcome to do so as it has been a part of human celebration, reflection, grace, and fun for a very long time.

Frankly, while I cannot speak for you, I am getting pretty tired of what is called being “politically correct.” What does that actually mean? Are we trying to please the politicians or some kind of governmental attempt to legislate morality or ethics? Well if that is it, we should have learned long ago that it does not work and is fundamentally anti-American and anti-democratic.

...see **Spring** on page 2

## Trustees Hold Annual Meeting

The NUHS Board of Trustees met November 10, for its annual meeting and trustee election.

As part of its agenda, the Board approved the Institutional Plan for the 2007/2008 academic year. While the Board reviews the entire plan, its primary concern lies with the institution's five goals. In December, the president led an institutional planning session. He will present recommendations for any changes in goals to the Board of Trustees at their planning session in April 2008. The outcome of these processes will be refined and presented in November 2008 for approval by the Board again.

Four incumbent trustees were re-elected to new three-year terms of office at the November meeting. These trustees were Dr. Maria Orozco, Dr. Kenneth Dougherty, Dr. Richard Sarnat, and Dr. Sue Garszczyński.

Dr. Raymond Nietzold, who has one year left to serve in his final term of office, relinquished the position of chair to

facilitate the election of Dr. Richard Dietzen, which allows for a one-year overlap between the immediate past chair and the new chair. Dr. Dietzen has served the profession in numerous positions through the years in addition to his service as a trustee at National.

Paul Walker, PhD, a public member of the Board, was elected vice chair. Dr. Walker has been a part of the higher education field for more than 40 years and has served in many capacities including college president, and more recently as executive vice president of the Council on Chiropractic Education. Dr. Dietzen named Jane Richards, DC, PhD, as the third member of the Executive Committee.

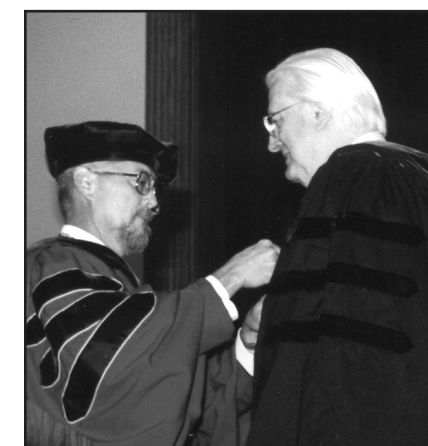
Dr. Winterstein re-emphasized his appreciation to the Board of Trustees, which has consistently functioned as a Board should function and has supported him in his efforts to lead National University. “I could ask for no better Board of Trustees,” he commented.

## Rep. Henry Hyde Laid to Rest

Former congressman Henry Hyde, R-Illinois, was laid to rest on December 7 near Wheaton, Ill. Rep. Hyde had open heart surgery in July and had been ill for some time. He died Nov. 29 at age 83.

Congressman Hyde was an alumnus of National by virtue of his honorary Doctor of Laws degree that was presented to him following his address to the August 1998 doctor of chiropractic graduates.

Prior to the 1998 commencement, Congressman Hyde and President James Winterstein were videotaped for a public education video entitled, “The U.S. Congress and You.” The video was to be distributed to local schools to advocate



President Winterstein presents Rep. Hyde with the honorary LLD (Doctor of Laws) at the August 1998 commencement ceremony.

...see **Rep. Henry Hyde** on page 2

## Postgraduate Courses for January - February 2008

**January 12-13, 2008**

Acupuncture 100-5: Tongue Diagnosis  
 NUHS Campus / Lombard, Ill.

Acupuncture 300-1: Introduction & Overview of TCM  
 NUHS Campus / Lombard, Ill.

Clinical Orthopedics: Lumbo-Pelvic Rehab & Active Care Integration  
 NUHS Campus / Lombard, Ill.

X-ray Tech Program: Session 1  
 NUHS Campus / Lombard, Ill.

**January 19-20, 2008**

Functional Rehabilitation: Intro to McKenzie Rehab Methods  
 NUHS Campus / Lombard, Ill.

Hypnotherapy Certification: Session 1  
 NUHS Campus / Lombard, Ill.

Clinical Orthopedics: Mechanical & Non-Mechanical Thorax Pain, Scoliosis, Rib

Cage Trauma  
 Braintree Rehab Hospital  
 Boston, Mass.

**January 26-27, 2008**

Sports Physician 100-1: Concepts of a Team Physician  
 NUHS Campus / Lombard, Ill.

X-ray Tech Program: Session 2  
 NUHS Campus / Lombard, Ill.

Traditional Chinese Medicine: Session 1  
 NUHS Campus / Lombard, Ill.

**February 2-3, 2008**

Acupuncture 300-2: Meridians & Acupoints  
 NUHS Campus / Lombard, Ill.

**February 9-10, 2008**

Acupuncture 100-6: Adjunctive Patterns I  
 NUHS Campus / Lombard, Ill.

Clinical Orthopedics: Lumbar Spine Trauma / Arthritides

NUHS Campus / Lombard, Ill.

Key Rehab Strategies: Low Back, Pelvis, & Lower Extremity  
 NUHS Campus / Lombard, Ill.

X-ray Tech Program: Session 3  
 NUHS Campus / Lombard, Ill.

Hypnotherapy Certification: Session 2  
 NUHS Campus / Lombard, Ill.

**February 16-17, 2008**

Handling Headaches  
 NUHS Campus / Lombard, Ill.

Functional Rehabilitation: Orofacial Rehabilitation  
 NUHS Campus / Lombard, Ill.

Traditional Chinese Medicine: Session 2  
 NUHS Campus / Lombard, Ill.

Clinical Orthopedics: Clinical Anatomy of the Cervical Spine  
 Braintree Rehab Hospital  
 Boston, Mass.

**February 23-24, 2008**

Sports Physician 100-2: Pre-Participation Exam  
 NUHS Campus / Lombard, Ill.

Biomedical Acupuncture: Neuromuscular Pain  
 NUHS Campus / Lombard, Ill.

X-ray Tech Program: Session 4  
 NUHS Campus / Lombard, Ill.

Key Rehab Strategies: Low Back, Pelvis, & Lower Extremity  
 Braintree Rehab Hospital  
 Boston, Mass.

**For location and registration information, contact:**

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**Spring** ...from page 1

America was founded on principles of freedom and those freedoms include the right for my Jewish friends to send me wishes of Happy Hanukkah, which some do, and my African American friends to send me the good wishes for Kwanza, and my Christian friends to send me wishes for a Merry or Blessed Christmas. None of us should feel offended or made to feel we are doing something wrong for doing so, and no one should have hurt feelings just because others have different beliefs or celebrate different things.

The right to express one's beliefs or opinions should not be abridged by some political attempt to make sure no one is offended. Writer Phillip Atkinson, author of "A Study of Our Decline," says: "Political correctness is the communal tyranny that erupted in the 1980s. It was a spontaneous declaration that particular ideas, expressions and behavior, which were then legal, should be forbidden by law and people who transgressed should be punished. It started with a few voices but grew in popularity until it became unwritten and written law within the community, with those who were publicly declared as being not politically correct, becoming the object of persecution by the mob."

It is my personal belief that all of this nonsense has its roots and its popularity in a spoiled generation of people who want everything their own way. And, I believe, it is supported and promoted by those whose consciences bother them for not acting in

what we have always considered to be ethical and moral ways in the first place, which derives from a lack of personal faith and belief in a higher being, a lack of religious foundation, if you will. For the atheists or agnostics among us, we might say a lack of ethical behavior based on whatever foundation of civility you might choose.

We should all know that it is not right for us to denigrate others because of race, color, creed, gender, age, or whatever. That is simply bad behavior and speaks to a lack of consideration of other humans. We certainly do not need to have some ill-defined quasi-governmental or political rules attempt to force us into acting appropriately, do we? Also, at the same time, it is human to poke fun at each other from time to time as long as it is not persistent and hurtful. It should not be interpreted as wrong, or illegal, or "politically incorrect." This entire movement has resulted in the inability for one to even compliment another (e.g. You look wonderful in that new dress.) without being considered some kind of pervert. How sad that this day has arrived in our society!

When the time comes that our society accepts the kind of bogus rules that are being foisted upon us by those who promote "political correctness," then we are mired in the swamp of unmitigated censorship and complete loss of our Constitutional right of freedom of expression.

So what does all of this have to do with this edition of *Outreach*? Well, for one thing, there seems to have been an excessive emphasis upon "political correctness" this year when it comes to the celebration of Christmas, and I guess I just think it is time for some of us to speak up. Furthermore, I think this kind of ill-conceived attempt to thwart the feelings and expressions of some in our society casts a pall on our celebrations and conveys us into the New Year with a feeling of despondency rather than joy and expectation.

We have so much for which we should be thankful and for which we should feel free to celebrate. Let's all just do so and not feel oppressed or offended. It is my hope that just as the dreary winter weather (so typical of some parts of the United States and other countries of the Northern part of this hemisphere) makes way for the coming spring with all of its sunshine, flowers and new greenery, this time of the dreariness of "political correctness" will soon give way once again to the freedom of expression that has been a hallmark of our society. So for now, Merry Christmas from me to all of you and may you all have a truly "spring filled" 2008!

**Rep. Henry Hyde** ...from page 1

responsible citizenship among young Americans.



Rep. Henry Hyde

Hyde was born in Chicago and served in the Navy from 1944 to 1946. He graduated from Georgetown University in 1947 and earned his law degree from Loyola University in 1949.

Hyde practiced as a trial lawyer in Chicago until he won a seat in the Illinois House in 1966 and was elected to the U.S. House of Representatives in 1974. In 1976, he authored the "Hyde Amendment," which banned federal funding for abortions and continues to be at the center of the political fight over abortion funding today.

Hyde served as chairman of the House Judiciary Committee from 1995 to 2001 during the impeachment of President Clinton in 1998. He retired in 2006.

On November 5, Hyde was awarded the Presidential Medal of Freedom. "He proved that a man can have firm convictions and be a favorite of Democrats and Republicans alike," said President George Bush.



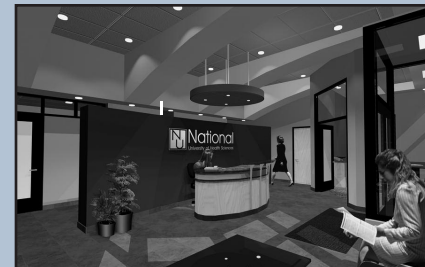
## National News

### Chicago Clinic Move

Since 1920, National has owned property at the corner of Ashland and Warren, the site of Chicago General Health Services (CGHS). For several reasons, the site has become a financial liability and it was determined that the property should be sold. CGHS will be closed effective January 1, 2008.

In seeking a new site for a Chicago Clinic, Dr. Vincent De Bono, Dr. David Parish and Mr. Ron Mensching interacted with various people at the University of Illinois at Chicago (UIC). As a result, National has signed a contract to lease space from UIC, which owns the completely re-designed University Village Marketplace on Maxwell Street. Tom Rohner, director of facilities, has developed plans for the build-out of this property.

National's facility will be on the street level just below one of the UIC Family Practice locations. It is anticipated that the new Maxwell Street location will be open and functioning by May 2008.



Architectural rendering of new Chicago clinic lobby

### Research Update

National's Department of Research has started recruitment of subjects into a new clinical trial titled "Chiropractic dosage for lumbar stenosis." Dr. Jerrilyn Cambron is principal investigator with co-investigators Dr. James Jedlicka, Dr. Grant Iannelli and Dr. Gregory Cramer. The study is funded by FCER.

Also, the National Institutes of Health clinical trial by Cramer et al. titled "Z joint changes in low back pain following adjusting" is scheduled to finish data collection in December and eagerly anticipates analysis of the results.

### Re-Accreditation Acceptance

The Commission on Massage Therapy Accreditation (COMTA) has granted National University's Massage Therapy Certificate Program a five-year re-accreditation, the maximum amount of time allowed. Dr. Randy Swenson, dean of the College of Allied Health Sciences, managed the Self-Study Report and Site Visit.

### Food for Thought

Kristina Conner, ND, and Louise Edwards, ND, organize regular potluck dinners for students and faculty in National's naturopathic medicine program as well as other individuals who may be interested in the field of naturopathy. The event is particularly effective in helping new students meet each other and faculty on an informal basis, says Dr. Conner.

### Community Outreach

In preparation for taking their place as health professionals and community leaders, National's professional studies students are required to participate in service activities that support both the university community and the public.

Recently, several NUHS interns participated in CAM (Complementary and Alternative Medicine) Week at the University of Illinois at Chicago (UIC). The week ended with a health fair where NUHS interns demonstrated postural analysis and gait scans and foot biomechanics. One intern commented that the UIC students "seemed both surprised and impressed at the fact that we are trained so extensively in diagnosis of all conditions, even ones that we would refer to them."

### Massage Outreach

Massage Therapy students at National also must complete a minimum of three out-call hours, which can consist of chair massages, sports massages or a Hospice Internship Program. The Hospice Internship Program is a four-week program at a local senior living facility. The program includes discussion of hospice-related issues in addition to client massage. Interns are encouraged to communicate with the client during the massage and spend as much time with the client as the client wishes. As one intern pointed out, "It isn't about how many patients you see, but about being there for them."

## In 2007, National University...

### Got Off to a Great Start

National seated its largest Spring Trimester DC class in recent years, an 83% increase over the previous January start.

### Heard Sweet Sounds



National University, in association with the Elmhurst Symphony Orchestra, presented the Lincoln Park Brass in a free public

concert on July 26 at the amphitheater.

### Added a New Homecoming Feature

A new Sunday morning program made a popular debut at Homecoming 2007 with a panel of experts taking an "Integrative Approach to Clinical Problem Solving" from their various perspectives.

### Tolerated Coyotes and Cicadas



In addition to the swans that take up residence each summer on campus and the transient Canada geese, new wildlife found

its way to campus with the arrival of the 17-year locusts and a coyote family of pups.

### Witnessed a Fierce Storm



A fierce summer storm felled the tree on the north side of Janse Hall on August 23 and other downed trees caused widespread power outages throughout the village of Lombard.