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ALUMNUS

THE NEWSLETTER FOR NUHS ALUMNI
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NUHS News: Space Planning and More

Looking ahead to the year 2030, National University is currently crafting long-term strategic plans for its capital investments and facilities, having completed its previous long-term goals.

A cross-section of faculty and administrators recently attended a one-day workshop conducted by architect and workplace strategist Michael O'Neill, PhD. He challenged the institution to define and prioritize its institutional needs and goals, and then use those objectives to build a space planning strategy.

In the past, long-range space planning for a university simply meant creating a schedule for raising money to build new buildings. Today, it means creating spaces that meet the needs of new generations of students with vastly different communication, recreation and learning styles. University leaders must re-evaluate how space at NUHS is currently used, how to better employ new technologies, and how to multi-purpose both existing space and new construction in new ways.

More importantly, Dr. O'Neill showed NUHS how improved space planning can contribute to the overall goals of the university, helping its programs, its mission, and its community profile thrive.

Dr. O'Neill gave the NUHS team several exercises, which included listing and voting on areas where the university is already succeeding and where it needs improvement. Every aspect of the university was fair game.

"Applying results from Dr. O'Neill's workshop, along with his follow-up recommendations and report, will help NUHS in using space planning as a strategic tool for achieving wider university objectives," says NUHS President Stiefel.

Veterans Facility Clerkship

Roudebush VA Medical Center in Indianapolis, Indiana, is set to offer a rotating clerkship for DC student interns. The new clerkship is one of several partnership agreements that NUHS has with Veterans Health Administration facilities nationwide.

At the Indianapolis facility, DC interns will work in an integrative medical environment under VA chiropractic physician Dr. Jason Gibson, an NUHS alumni. Each intern will serve a 4-6 week clerkship, with one intern per assigned period. The university hopes to begin its first clerkship rotation in the new program by early summer.

www.nuhs.edu/news/2014/3/

Standard Process Scholarship

Standard Process, a leading producer of whole food and quality nutritional supplements, is providing a \$2,500 scholarship to an eligible NUHS acupuncture student.

Historically, the company has offered three annual scholarships of \$2,000 each for eligible NUHS chiropractic students. The new acupuncture scholarship follows similar eligibility and application criteria. Selected applications are sent to Standard Process, who makes the final decision on the recipient of the award.

"Standard Process is committed to supporting acupuncture students who have an interest in integrating nutrition into their future practices," says John Nab, DC, director of professional development at Standard Process. "By learning how nutrition affects health outcomes they can support their patients' total well-being from the very start."

www.nuhs.edu/news/2014/3/

Research Department Study

National University researchers have conducted several studies on the effectiveness of chiropractic care for chronic low back pain. One of their most recent studies indicated that chronic low back pain patients may experience relief from pain and disability after using custom-made shoe orthotics for a six-week period. A larger study is needed to verify these results; therefore, the researchers at NUHS are initiating a new research study on chronic low back pain.

Individuals who are 18 years of age or older and have had low back pain for a duration of three months or longer, may be a candidate for the study. Each eligible patient who participates will undergo a low back examination and receive custom-made shoe orthotics. In addition, some patients may also receive chiropractic manipulation. All exams and treatments received as part of the study are at no cost to the subject.

www.nuhs.edu/research/current-research/volunteer/

Alumnus Survey Results

We thank all those who took the time to respond to the recent *Alumnus* publication survey. We will take all of your responses and suggestions into account as we move toward updating this NUHS alumni newsletter.

NUHS Media Events

Several NUHS faculty were quoted in a 4-page article in the January-February issue of *West Suburban Living* magazine in an article on "Holistic Healing and Pain Relief." The article explores the resurgence in holistic healing and the

NUHS News continues on page 7

NUHS Florida Updates

Dean's Appointment

Dr. Daniel Strauss, dean of the College of Professional Studies – Florida, has been appointed chair of the Pinellas Park Medical District (PPMD) board of directors.

PPMD, comprised of health care providers, hospital administrators, educators, and health care support services, has a goal of improving the delivery of health care services in the Pinellas Park community.

Says Dr. Strauss, "Our involvement with the medical district offers potential student enrollment opportunities, increases awareness of our University in the medical community, and provides exposure to our clinic system as well... Being involved in this organization is a great example of National's commitment to integrative medicine."

www.nuhs.edu/news/2013/12/

New Functional Medicine Club

A new Functional Medicine and Clinical Neurology Club (FMCN) is now available to Florida DC students. Topical meetings use National's curriculum as a foundation, and show specific examination techniques. The club meetings are split in half, with the first half offering didactic training, and the second half providing an opportunity for hands-on evaluation and management.

"Our club is also about learning how to increase your diagnostic skills and improve treatments by gaining a more in-depth comprehension of how all systems relate to the nervous system," says FMCN club president, Alid Perez III.

"The club activities really complement the active learner-based experiences we are implementing in the classroom," says faculty advisor, Dr. Chris Arick. "It will give our NUHS students another edge in becoming highly skilled diagnosticians."

www.nuhs.edu/news/2014/2/

Florida Yellow Ribbon Program

NUHS-Florida joins NUHS-Illinois as part of the Yellow Ribbon Program, a tuition matching support program that helps veterans on the GI Bill pay tuition and fee costs for college and advanced degrees.

"The way we have structured our program will mean that an eligible veteran can expect virtually all of his or her tuition and fee costs at NUHS to be covered between the GI Bill and the Yellow Ribbon program," says Ron Mensching, vice president for business services.

www.nuhs.edu/news/2012/8/

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Reconnecting with the Past

By Joseph P.D. Stiefel, MS, EdD, DC
NUHS President

Reaching back, reconnecting with the past — the dimensions of past, present and future are on campus daily. I look forward to interacting with prospective students as I see them walk through the halls with our admission's counselors. I am sure each of us can remember the first steps we took toward our professional future. I'll often ask current students what they are studying when I see them in the halls early in the morning. Usually this results in my own reflections of biochemistry or anatomy class and where I took in my last final moments before the examination. While we don't get visits from alumni as often as I'd like, when we do, it is very special.

For me, two recent weeks were very special — partly due to the spring thaw that I was sure would never come. (I took the joke of Mother Nature personally this year, as a recent inhabitant of Florida is almost certain to do.) The main reason however, was the result of back-to-back alumni visits.

The first visit was from Dr. Warren Gerleman. Several years ago Dr. Gerleman, NUHS class of 1991, obtained an antique chiropractic table from an auction. Having decided to free up space in his office, NUHS will proudly display the table, manufactured in 1912, in the historic chiropractic office display in the Student Center on the Illinois campus.



Our second visit was from the daughters of Dr. Peter Showan, NUHS class of 1952. Dr. Showan passed away May 9, 2013 and remembered National in his will. His daughters Dr. Nina Showan, NUHS class of 1983, and her sister Ann came to the Illinois campus to present us with his gift. They shared some wonderful stories and pictures of their father. Thanks to Alumni Outreach Coordinator Melvin Collins, LLD (hon), we were able to confirm his membership in the honor society.



Dr. Warren Gerleman presents NUHS with a vintage chiropractic table from 1912 for display in the historic chiropractic office display on the Illinois campus.

Dr. Showan (2nd from left) and fellow interns at the Chicago General Health Service.

In the case of each visit, we had the opportunity to take our guests on a campus tour. While most of you reading this would have seen the updates to both campuses in our publications, seeing the changes in real life is really the way to do it. We talked about where we all stood in anatomy lab, the long forgotten lockers on the first floor, and of course where we did our clinical rotations.

The real joy for me was reconnecting the doctors with their former professors. Equally as amazing, after all of the students that have passed through the halls of NUHS, faculty still remember their students. It is wonderful to hear how important and life changing the experiences were to our alumni. But, I guess that's just what we do here at National — amaze by going above and beyond. Our alumni do it by taking the time to thank their faculty mentors, and in turn, the faculty and staff do it by maintaining a standard that changes lives every day.

We want to hear from **you!** So send us a letter telling us **your** story, **your** accomplishments, **your** memories.

And did you know we are also on Facebook? Send us a friend request at <https://www.facebook.com/nat.alum>. Let us know where you are practicing and what you have been doing. It's also a great way to reconnect with former classmates.

Homecoming 2014 is just around the corner so check out the schedule of events on page 4 of this issue of *Alumnus*, and read about the expert speakers on page 5 who will share their knowledge with us.

I hope to see you on campus very soon.

Joe

Introducing: A Clinical Pearl

Nicholas Chancellor, DC, MS, and Robert Humphreys, DC, DACNB

Case

A 26-year-old female presents with low back and right hip pain after a fall on the ice two weeks previous. She states the pain in her low back has improved (2/10), but the hip pain (5/10) has not responded to home care (rest, ice, stretching, etc.). She describes the hip pain as achy and constant. She cannot seem to find a position of relief. She denies any difficulty walking, and does so for over 10,000 steps daily at her retail sales job.

Examination Findings

No bruising or swelling of the areas was visualized upon inspection. Lumbar ranges of motion were full and pain free. Anvil test, Ober's Test, and Patrick's Test were all reported to not increase nor change her right hip symptoms. Ranges of motion of the right hip were all equal to the left and did not increase nor change her pain. Palpation of the affected area did not increase nor change her pain.

Question

What is the next step in this patient's workup/treatment?

1. Basic metabolic profile
2. Abdominal examination
3. Traction of the right hip

Discussion

While the patient's symptoms are consistent with her mechanism of injury, the examination did not provide insight into the pain generator for the patient's right hip pain. As examining the local area yielded nothing to indicate the actual cause of this patient's pain, a look more centrally at the patient is needed. Anatomic review reminds us that the innervation of the hip (femoral and obturator nerves) run through the lower abdomen and pelvic cavity and can be impacted by diseases affecting these areas.

Clinical Pearl

In patients with hip pain that cannot be reproduced, you need to rule out a pelvic space occupying lesion.

Alumni Association News

New Membership Benefits: A Current Review of Journal Literature from the NUHS Library

A new benefit to members of the NUHS Alumni Association is a listing of **Surveillance Articles** that will be sent directly to you on a monthly basis by email. *Please make sure that you have your current email address so you don't miss out on this important current literature.* These listings are intended to keep you aware of journal articles that might be relevant to your education and practice. PubMed will be used to identify practical articles and significant research studies published each month, which are identified as being available free full text available. Please note: Hyperlinks to the PDF full text will be provided when available but some publishers might not provide permanent hyperlinks. Also, some hyperlinks might not work with a Safari browser, especially older versions.

New Alumni Association Events for Students

The NUHS Alumni Association recently sponsored two special events for current students on the Lombard campus. Shawna McDonough, Alumni & Development director, and Lynn Nelson, assistant director, hosted the events. They promise more events in the future.

Waffle & Apple Wednesday – February 19



Pizza & Salad Day – March 19



NUHS Alumni Association Membership Form

*** THANK YOU FOR SUPPORTING NUHSAA! ***

Detach form and return with your payment to: Alumni Association, NUHS, 200 East Roosevelt Road, Lombard, IL 60148-4539. Please make your checks payable to: NUHS Alumni Association.

OR, YOU CAN NOW PAY ONLINE! Visit us at: <https://www.nuhs.edu/alumni/membership>

Alumnus

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Alumni Association

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Homecoming 2014 Schedule of Events

— Progressions in Healthcare —

15 classroom CME hours and 5 online CME hours possible

Thursday, June 19, on the NUHS Campus

- 1:00pm - 3:00pm** Panel Discussion — Evidence Applied to Competitive Sports Care and Management
Dr. Brian Anderson, Dr. Gregory Cramer, Dr. Michael Fergus, Dr. Thomas Solecki
- 3:30pm - 5:30pm** Research Update — *Dr. Gregory Cramer, Dr. Jerrilyn Cambron, Dr. Mabel Chang, Dr. Bruce Hodges, Mr. David Hopper, Dr. Claire Johnson, Dr. Brett Martin, Dr. Roy Settergren*
- 5:30pm** Dedication of New Time Capsule
- 6:00pm - 8:00pm** COOK OUT

Friday, June 20, at the DoubleTree Chicago–Oak Brook

- 8:00am - 9:30am** Repairing the Innate-Visualization of Nerve Entrapment-Knowledge of Sono Anatomy
Thomas Clark, DC
- 10:15am - 11:45am** Ultrasound Diagnostics and Stem Cell Injection Guidance: Dynamic Real-Time Visualization-Sonopalpation
Thomas Clark, DC
- 12:00pm - 1:15pm** Lunch – Alumni / Reunion
- 1:30pm - 3:00pm** The Alphabet Soup of Healthcare — ACO-PCMH: Will this sustain our profession?
Louis Sportelli, DC
- 3:30pm - 5:00pm** The Rehabilitation Infrastructure — How to Apply the Model in Sports Medicine
Thomas Solecki, DC
- 5:00pm - 6:00pm** Exhibitor Reception
- 6:00pm** PCI / Senior Stewards Reception

Saturday, June 21, at the DoubleTree Chicago–Oak Brook

- 8:00am - 9:30am** Documentation for Electronic Health Records
John Schmidt, DC
- 10:15am - 11:45am** ICD-10 for Chiropractic: Everything You Need to Make the Transition
Evan Gwilliams, DC
- 12:00pm - 1:45pm** Lunch — President's State of the University Address
- 2:00pm - 3:00pm** Federally Funded Chiropractic Research into Cox Spinal Manipulation Procedures
James Cox, DC
- 3:30pm - 4:30pm** Federally Funded Chiropractic Research into Cox Spinal Manipulation Procedures (continued)
James Cox, DC
- 6:00pm - 6:30pm** Cocktail Reception
- 7:00pm** Dinner / Dancing

Research Update



Dr. Gregory Cramer

We are so excited we can hardly stand it! Research Update will be back at Homecoming this year! This session will be an excellent opportunity for you to quickly catch up on recently completed NUHS research and scholarship. We've intentionally chosen a wide variety of topics that include research related to the practice of chiropractic medicine, as well as topics related to naturopathic medicine, acupuncture, and massage therapy. Newer faculty, old fogies like me, and even a student will give presentations. The session is very fast paced with each presenter given only 8 minutes for a well-honed presentation and 2 minutes for questions.

Several presentations are related to research assessing the practice of chiropractic, including similarities and differences in the scopes of practice throughout the country (Dr. Chang), non-musculoskeletal cases seen in a broad-based, primary care practice (Dr. Hodges), the future diversity of the chiropractic profession (Dr. Johnson), and the conservative (i.e., DC/ND office) assessment of obstructive sleep apnea (David Hopper, NUHS student).

Dr. Fraser Smith will present the concepts of hormesis, which is substances having different (sometimes opposite) physiologic effects at different doses. Dr. Smith recently presented this work at the International Congress for Clinicians in Complementary and Integrative Medicine. Dr. Martin (NUHS Florida) will present on the effectiveness and safety of acupuncture for the treatment of primary hypertension.

Dr. Cambron will give updates on the MassageNet Practice-Based Research Network and on the start-up of a new clinical trial assessing the effectiveness of orthotics in the treatment of low back pain. I will summarize the results of two recently completed federally funded studies that used MRI, accelerometers (measuring vibration), and specialized directional microphones (measuring sound) to study spinal manipulation (SMT), and Dr. Roy Settergren will finish up by presenting the results of a pilot study using real time diagnostic ultrasound to assess spinal joints during SMT.

You can see that those of you who come to Homecoming will be in for a true potpourri of fun and frivolity at the Research Update! Please come and join us – we would love to see you there!!!

Gregory Cramer, DC
NUHS Dean of Research

Homecoming 2014 Speakers



Thomas B. Clark, DC

Dr. Thomas B. Clark, DC, is the founder of MSKUS, (musculoskeletal ultrasound), which provides state-of-the-art training to physicians and sonographers. He is an internationally recognized musculoskeletal ultrasound practitioner, anatomy expert, author, and educator with over 30 years experience in the medical industry. Dr. Clark is a musculoskeletal sonologist and registered vascular technologist. He conducts workshops and on-site trainings nationally and internationally on ultrasound and needle guidance. He has authored dozens of publications on medical ultrasound including *Handbook of Diagnostic Ultrasound*®, *Handbook of Ultrasound-Guided Injections*®, *Spine Handbook: Sonoanatomy and Ultrasound-Guided Injections*, *Blue Book of Diagnostic Ultrasound*, and *Basics of Musculoskeletal Ultrasound and Needle Guidance*.



James Cox, DC

Dr. James Cox graduated from The National College of Chiropractic in 1963 and received a diplomate from the American Chiropractic Board of Radiology. Later, he developed Cox® Technic Flexion-Distraction and Decompression Manipulation, the chiropractic adjusting technique used to relieve and control spinal pain conditions from disc herniation and stenosis to sprain/strain and other issues. This spinal manipulation technic is practiced by over 60% of American chiropractors. Dr. Cox is co-investigator and clinician for several federally funded research projects currently underway, which, since 1994, have focused on the biomechanics and clinical outcomes of Cox® Technic Flexion Distraction for lumbar spine and cervical spine conditions. Further, he is on the editorial board of the *Journal of Manipulative and Physiological Therapeutics* and the author of *Low Back Pain: Mechanism, Diagnosis, Treatment*, now in its 7th edition and *Neck, Shoulder, and Arm Pain: Mechanism, Diagnosis, and Treatment*, now in its third edition. Dr. Cox is a recognized speaker on spine pain and its relief, continues to see patients in his Fort Wayne, Indiana, practice alongside his son, and consults with fellow physicians via his radiological practice, Fort Wayne Chiropractic Radiological Center.



Evan Gwilliam, MBA, DC

Dr. Evan Gwilliam is the director of education and consulting for the ChiroCode Institute. He holds a bachelor's degree in accounting, a doctor of chiropractic degree from Palmer College of Chiropractic, and a Master's in Business Administration. After running his own clinic for eight years, Dr. Gwilliam earned seven different insurance coding and compliance and audit certifications and is now a certified coder, compliance specialist and medical auditor. He is the only chiropractic physician who is also an AAPC certified ICD-10 instructor and serves on the editorial board of ICD10Monitor.com. Dr. Gwilliam has published dozens of articles on coding and compliance and speaks throughout the country, training physicians and their staff on the nuances of ICD-10.



John Schmidt, DC

Dr. John Schmidt graduated from Life University in Marietta, Georgia, in 1988, after which he maintained a high volume private practice. In 2002, he began lecturing nationally on issues relating to coding, compliance and documentation in the chiropractic practice and has conducted nearly 200 continuing education seminars. In 1990, he served on a Medicare Advisory Committee and then in 1997 he became a licensed insurance adjuster. This unique education has given him insight into the coding and documentation requirements of insurance carriers including Medicare. In 2005-2006, Dr. Schmidt worked in spinal surgery performing neurodiagnostic testing on patients undergoing brain and spinal cord surgery. He has also provided expert witness testimony and consulted with doctors who have been audited or under investigation. Since 2012, Dr. Schmidt has been a consultant for several companies that manufacture Electronic Health Records (EHR) software.



Thomas J. Solecki, DC

Dr. Thomas Solecki earned bachelor's degrees from the University of Wisconsin-Madison and New College of California before graduating from Logan College of Chiropractic. Additionally, he holds diplomates from the American Chiropractic Board of Sports Physicians and the American Chiropractic Rehabilitation Board. Dr. Solecki joined National University as a staff clinician before moving to the Department of Clinical Sciences where he is an assistant professor teaching functional rehabilitation. He is the team chiropractic physician for Northwestern University and Benedictine University. At these facilities, he evaluates and treats athletes in 46 varsity sports. Dr. Solecki has had the distinct pleasure of serving as a network team doctor for USA Gymnastics, working with both men's and women's Olympic teams. He has also worked with various professional athletes in Major League Baseball and the National Football League.



Louis Sportelli, DC

Dr. Louis Sportelli has served in many capacities throughout his 50-year career in chiropractic and is one of the profession's national media spokesmen. He currently serves as president of NCMIC Group Inc., which provides malpractice insurance and financial services to more than 41,000 doctors of chiropractic in the United States and possessions. Dr. Sportelli has lectured extensively on risk management and developing sound procedures to risk-proof your practice. He also has a keen interest in patient education, and has authored *Introduction to Chiropractic*™, which is widely used by doctors of chiropractic across the world and is now in its 13th edition. Dr. Sportelli's involvement in chiropractic nationally and internationally has resulted in his serving as president of the World Federation of Chiropractic, 1998-1999, an organization having Non Governmental Organizational (NGO) status with the World Health Organization (WHO), and chairman of the board of the American Chiropractic Association, 1989-1990.

Chair's Message

Greetings fellow NUHS alumni,



Dr. John DeMatte IV

As the long winter comes to an end, at least for those of you in the weather appropriate regions, we start looking forward to the warmer months and begin making plans for the spring and summer. If your winter was anything like mine, the spring will be spent cleaning up and catching up with yard work from a cold cruel winter. However, when that's all done, it's time to think about summer and this is where I am going to make my annual pitch to get all of you excited about returning to your alma mater for homecoming — the anticipation must have been driving you crazy all winter long!

Last year was pretty easy; we were saying farewell to one president and welcoming another. Those of you who attended enjoyed a combination of laughter and a touch of sadness for the outgoing president and we ended the weekend with excitement and anticipation for Dr. Stiefel as the newly appointed president of NUHS. So what's the point of going this year? Because it's even more historical as you will be experiencing the FIRST of many events in ?? years!

Witness history, as you will attend Dr. Stiefel's FIRST PRESIDENTIAL ADDRESS! I don't know about you, but I'm excited to see what's been happening after his first year as president! This is your chance to bear witness to the first of everything at homecoming in ?? years! This is also a perfect time to start anew.

Those of you who have not been a part of the alumni association, I ask that you make it a point to become a dues paying member this year. Those of you who are dues paying members and have the financial ability to be a member of the President's Cabinet Internationale, this is a great time to start. Let this atmosphere of new beginnings inspire you to start reconnecting with your alma mater and begin helping us make a difference!

I for one am excited for the "who's who" of speakers that are lined up for this year and the ICD-10 presentation should definitely spark some discussion. Don't forget about the "Sponsor a Student for Homecoming" program. Sponsoring enables current students to attend the entire homecoming celebration and connects the next generation with alumni. This has been a huge success for students and alumni to get together and talk about the future of the profession.

I hope this edition of the *Alumnus* finds you all happy and healthy and I hope to see you all at homecoming!

John J. DeMatte IV, DC
Chair, President's Cabinet Internationale
Chair, President's Alumni Advisory Council

Alumni News

1940s

Jack Spencer, DC, (1949) of Lawton, Oklahoma, completed 61 years of active practice, all in Lawton, on December 26, 2013. A Lincoln Chiropractic College graduate, he says he has no plans to retire!

1960s

H.B. Mangar, DC, FACO, has been in practice for 45 years and specializes in chiropractic orthopedics in San Francisco, California. Dr. Mangar, a 1967 National College graduate, is a member of the American College of Chiropractic Orthopedists, American Academy of Spine Physicians and American Public Health Association.

1970s

Anthony Hamm, DC, (1979) of Goldsboro, North Carolina, has been elected president of the American Chiropractic Association's (ACA) House of Delegates (HOD) for a two-year term. He has served the ACA in various positions over the years, most recently as vice president.

www.nuhs.edu/news/2014/3/

1980s

David N. Taylor, DC, DABCN, FIACN, (1983) of Greenfield, Massachusetts, retired from practice in Massachusetts at the end of 2013 and accepted a position as associate professor of clinical science at Texas Chiropractic College. Dr. Taylor says he finds the position intellectually stimulating, challenging and enjoyable. He is most impressed with the students thirst for knowledge and enjoys helping the interns become the best doctors they can be.

Jameson T. Yu, DC, (1983) has welcomed his daughter, **Lorraine Sheung Wing Yu, DC**, (2012) to his practice in Metro Manila, Philippines. The father and daughter are pictured with a wall they share with their diplomas and other certificates. "It's nice to see our National diplomas side by side with each other," says Dr. Lorraine.



1990s

Jerrilyn Cambron, LMT, DC, MPH, PhD, (1991) of Lombard, Illinois, recently took office as president of the Massage Therapy Foundation (MTF) for a two-year term. She has been a trustee with the foundation since 2010.

Chuan-Min Wang, DC, LAc, (1999) of Lombard, Illinois, is the director of the World Tung's Acupuncture Committee of the World Federation of Acupuncture and Moxibustion Societies (WFAS). The committee was approved by the State Administration of Traditional Chinese Medicine, and formally registered under China's Ministry of Civil Affairs in August 2013. The World Tung's Acupuncture Committee's

Inaugural Ceremony and Seminar was held in Beijing, China, in January 2014. The committee's website is <http://www.wtac.org.cn/>

2000s

Margaret Fasano, LMT, has opened her own business, Dynamic Massage Therapy in Lombard, Illinois. A graduate of NUHS' Massage Therapy Certification Program, Margaret's services include standard and specialty massages and aromatherapy. Her business is located inside Lisa's Salon & Day Spa. Margaret was featured recently in an article in the *Suburban Life* weekly newspaper.

Aaron Popp, DC (2009) has welcomed his father, **Jeremy Popp, DC**, into the Crown Point, Indiana, practice he shares with **Aryln Jacobus, DC, PhD, LAc**, (1964). The practice has been so successful that they have recently added another associate, Aaron's friend and classmate, **Matt Sherwood, DC (2009)**. Dr. Jeremy Popp sold his south suburban Chicago practice to move to Crown Point and practice with his son. They are now building out a larger space within the facility to accommodate the practice's growth.

www.nuhs.edu/why-national/meet-our-graduates/chiropractic-medicine/

In Memoriam

James E. Byrns, DC, 77, of Greensburg, Pennsylvania, died July 15, 2011. He was 1958 graduate.

Ronald J. Capozzoli, DC, 67, of Ottawa, Illinois, died January 15 in Danville, Pennsylvania. He attended the University of Pittsburgh and graduated from The National College of Chiropractic in 1982. He is survived by one daughter.

Charles N. Cooper, DC, of Hamden, Maryland, died February 20. He graduated in 1955 and was retired. He was preceded in death by his wife Joy and was the devoted friend of Utaiwaun B. Khaipho.

Roman 'Doc' Czaplicki, DC, 82, of Chicago, Illinois, died February 23. He was a 1960 graduate. Doc is survived by his daughter, a brother and a sister.

Henry Dodge, DC, of New Bern, North Carolina, a 1943 Lincoln Chiropractic College graduate, died in 2005.

Mark E. Freimuth, DC, 40, of Winchester, Virginia, died March 14. He graduated from West Virginia University, Northern Illinois University, and National University of Health Sciences in 2002. Dr. Freimuth practiced in Hagerstown, Md. He is survived by his wife of 15 years, Georgeann, and three children.

James S. Hampton, DC, 82, of Franklinville, North Carolina, died September 19, 2013, in Greensboro. He was a Navy veteran and 1958 graduate of Lincoln Chiropractic College. Dr. Hampton was a retired chiropractor having practiced in Brevard, Randleman and Murphy. He is survived by his wife Nancy, one son, two granddaughters, and one great-grandson.

Stephen D. Harman, DC, ND, 93, of Longview, Washington, died January 1 after a short battle with renal cancer. He served in the Army during World War II after which he graduated from The National College of Chiropractic and Drugless Physicians in 1949 with degrees in chiropractic and naturopathy. Steve worked at Weyerhaeuser Co. for 40 years, retiring at the age of 70. He was preceded in death by two wives, Ellen and Cheryl, and is survived by five children, 10 grandchildren, and nine great-grandchildren. He donated his body to the Pacific Northwest Osteopathic University so osteopathic students could learn and better understand the human body.

Jerome D. 'Jerry' Harold, DC, 87, of Merritt Island, Florida, died peacefully at home on February 9. A Navy veteran of World War II, he earned his degree from Lincoln Chiropractic College in 1950. Dr. Harold practiced in Miami Shores for over 50 years, and in 1960 was voted Chiropractor of the Year by the Florida Chiropractic Association. He was chair of the Florida Bible College Board of Directors through the 1970s, and helped found the Seed of Abraham Ministries where he was active until his death. He is survived by his wife Barbara, a son and daughter.

G. Sherman Johnson, DC, 70, of Paxton, Florida, died February 27. Dr. Sherman, a 1965 graduate of Lincoln Chiropractic College, opened a practice in Paxton in 1965 and was later joined in practice by his youngest brother, Joseph Johnson, DC, in 1979. He retired from active practice in 2007. He was the first chiropractor to complete a residency in X-ray and diagnostic imaging. Working with Dr. Earl Rich, they pioneered and developed the first real time motion studies of the spine, including extra-spinal joints, and gastrointestinal tract, and produced several texts together. In 1999, Dr. Johnson worked with Dr. Raymond Damadian, the inventor of MRI, in the scanning and production of the first weight bearing MRI study on a patient. He served for over 15 years on the Florida Chiropractic Association board of directors, and as president of the state association. He participated in the founding of the Florida Chiropractic Foundation, and in the creation of an Eminent Scholar Research Chair at Florida State University, now located at the University of South Florida. Dr. Johnson also served as the chair of the Paxton City Council for more than 30 years. He is survived by Sandra Newell Johnson, two daughters and four grandchildren.

R. Ray Kearns, DC, 88, of Hilton Head Island, South Carolina, died January 1. Ray was a WWII Army veteran in the 513th Parachute Infantry Regiment of the 17th Airborne Division. He attended Florida Southern University and then graduated from Lincoln Chiropractic College, after which he moved to Beaufort and opened Kearns Chiropractic Clinic in December 1949. Dr. Kearns practiced for 60 years and was an active member of the South Carolina Chiropractic Association. He is survived by Jean, his wife of 68 years, three children, nine grandchildren, and eight great-grandchildren

Greg Carl Kalle, DC, 62, of Traverse City, Michigan, died unexpectedly of natural causes on March 18. He graduated from The National College of Chiropractic in 1975 and opened a practice in Traverse City in 1979. He retired from practice in 1994 and started a new business, Total Merchant Services, with his wife. His deeply loved the personal interaction he enjoyed while practicing chiropractic or servicing the community's financial processing needs. He is survived by Donna, his wife of almost 37 years, two sons, and a granddaughter.

Boyd Edward Mertens, DC, 92, of Cumberland, Maryland, died October 31, 2013. He was a decorated WWII Army Air Corps veteran who flew 35 combat missions. Dr. Mertens graduated from Lincoln Chiropractic College in 1952 and set up practice in Cumberland. He is survived by his wife of 55 years, Betty, a son and daughter and three grandchildren.

Beverly 'Bev' (aka 'BC') C. Moser, DC, 84, of Shepherdsville, Kentucky, died May 25, 2012. He was a 1957 graduate of The National College of Chiropractic.

Richard R. Riegel, DC, IVD, IVMD, 84, of Selingsgrove, Pennsylvania, died December 26, 2013. A 1959 graduate of The National College of Chiropractic, he spent more than 50 years attending courses in the healing arts to improve his

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professional career. Dr. Riegel served in the Army during the Korean Conflict from 1951 to 1953. He was trained as a combat medic and surgical technician and assigned to the 8055 MASH where he assisted Captain Richard Hornberger as his scrub nurse. Captain Hornberger was the author of the book, MASH, which was later made into a movie and TV series. Dr. Riegel practiced in Kutztown, Pennsylvania, from 1962 to 1980, and in Selingsgrove from 1980 to 2000. Surviving is his wife of 51 years, Ronny, a son and daughter and a granddaughter.

Eugene R. Rothenberger, DC, 80, of Pottstown, Pennsylvania, formerly of Boyertown, died January 12. He graduated in 1958 from Lincoln Chiropractic College and returned to Boyertown where he served the community for 52 years. Dr. Rothenberger is survived by his wife of 56 years, Nancy, two daughters and two grandsons.

John F. Schmidt, DC, 67, of Silverton, Oregon, died January 4. After obtaining his degree from The National College of Chiropractic in 1971, he joined Schmidt Chiropractic in Silverton, which had been started by his father Ralph (NCC 1942) in 1947. They worked together for 28 years and in 1974 were joined by John's brother-in-law, Dr. Steve DeShaw. Dr. John served as the president of two Oregon state chiropractic associations, lobbied on behalf of several public health issues before the state legislature, and continued to study health research and developments, including chiropractic treatment methods, nutrition, healing therapies, and environmental toxicity issues. He is survived by his wife Jane Golden-Schmidt, six children, three stepchildren, and three grandchildren.

William C. Slucas, DC, 76 of Buchanan, Michigan, died October 16, 2013. He was a Marine Corps veteran and a 1971 graduate. Dr. Slucas co-owned the Buchanan Chiropractic Clinic from 1973 to 2001, when he retired. He is survived by his wife, Kathleen, one son and four daughters.

Gerald J. Werner, DC, 62, of Danbury, Connecticut, passed away peacefully on December 30, 2013. He graduated from the State University of New York, New Paltz, and from The National College of Chiropractic in 1978. Dr. Werner practiced chiropractic medicine for 25 years in Hartsdale, New York. He then moved to Danbury, where he followed his true calling as a science teacher at Rogers Park Middle School. He is survived by his wife Virginia, and twin sons.

John Peter Zelic, DC, 43, of Chicago died January 28. He was a 2003 graduate of National University of Health Sciences. Dr. Zelic is survived by his wife Karen and two sons.

KUDOS

National University of Health Sciences sincerely appreciates the following alumni who have referred students to the **Spring 2013** class.
Thank You!

Dr. Joseph Blum	2011	Indiana
Dr. Regan Cates	2004	Illinois
Dr. Jon Dominique	2007	Indiana
Dr. Richard L. Gelband	1976	Illinois
Dr. Jaena Gonzaga	1999	Illinois
Dr. Jim Herman	1982	Michigan
Dr. James McGinn Jr.	1980	Illinois

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rise of non-traditional medical treatments to address specific patient needs. Contributors to the article included Manuel Duarte, DC, NUHS' chair of clinical practice; Sean Rardin, MD, NUHS clinician; Frank Yurasek, MSOM, PhD (China), AOM faculty; Hyundo Kim, MSOM, PhD (Korea), chief AOM clinician; and Simona Ciobanu, ND, an NUHS graduate and practitioner.

CBS News Chicago Channel 2 featured the At Ease acupuncture treatment program for combat veterans with post-traumatic stress disorder (PTSD) and the NUHS Whole Health Center – Lombard on a "Your Chicago" segment that aired in March.

Dr. Gregory Cramer, dean of research, appeared on Chicago WTTW Channel 11's Chicago Tonight news program in February to discuss the safety of chiropractic neck manipulation with the author of an adversarial *Washington Post* article and a Chicago neurologist who oppose the procedure. An interview with NUHS graduate Dr. Rand Swenson, DC, MD, PhD, on cervical manipulation appeared on the station's website after the show.

NUHS Media Events

The Learning Resource Center (LRC) was recently awarded a \$5,000 "Back to Books" grant from the state of Illinois. This is the second year in a row that NUHS has received the competitive grant, thanks to the work of Russ Iwami, MALS, reference librarian, who prepared the proposals for the new book collections on behalf of NUHS. The 2014 award to NUHS will fund the purchase of books focusing on "The Role of STEM (Science, Technology, Engineering, Mathematics) in Human Nutrition and Diet."