

Looking at the Past, Present and Future

Spring is here and as we look at the changes of nature all around us, we see the past (bare tree branches), the present (green sprouts peeking through the dirt) and the future (flowers and trees in full bloom)!

National University, too, will greet spring with a series of events that relive the past, honor the present and celebrate the future.

Reliving the Past

On May 22 at 12 noon, the university will commemorate the 50th anniversary of Janse Hall with a special ceremony and unveiling of the contents of the time capsule placed in the front of the building by President Joseph Janse at the building's dedication on June 27, 1963. The dedication was attended by nearly 3,000 excited administrators, faculty, staff, students, alumni, invited guests and friends of the college, and called "chiropractic's finest day" by President Janse.

Dr. Janse's determination to build a modern campus in the western suburbs became a reality in 1958. The plot, was annexed into the village of Lombard that same year despite opposition from the local medical society, with the campus officially opening to students in May 1963.

Honoring the Present

On June 21, during Homecoming 2013, President James Winterstein will be the center of a tribute acknowledging his retirement and 27-year tenure as the fifth president of National University. The farewell party will include a festive dinner, presentations, speeches, and tributes, and will conclude with dancing to Fast Eddie and the Corvettes.

Celebrating the Future

Homecoming 2013 events will conclude on June 22 beginning with the inauguration of Joseph P. D. Stiefel, MS, EdD, DC, as sixth president of National University. The inaugural ceremony will be held in the Earl G. Liss Auditorium in the George Morris Ogden Student Center on the Lombard campus with administrators, faculty, staff, and invited guests in attendance. Following the ceremony, a cocktail reception, banquet and inaugural ball with dancing to the Duane Landini Orchestra will take place at the DoubleTree Hotel, Chicago/Oak Brook.

Chair's Message

Fellow Alumni,



Dr. John DeMatte IV

I had the opportunity of visiting the NUHS campus on March 2013 to speak with a group of students who will be graduating this upcoming year. We met in one of the classrooms in Janse Hall, unlike previous years when we met in the student center classrooms. I was extremely impressed with the renovations of Janse Hall! I had been through Janse Hall prior to this year, but the improvements compared to when I attended National in 1993-96 still amazed me. This was the first year I had the opportunity to sit in and experience the new classrooms... three flat screen monitors connected wirelessly to the computer in the room along with comfortable stadium seating for the students, each with its own electrical receptacle. It was such a professional environment and I was excited for the student body and proud that in some small way I did my share to make that happen by being a member of the alumni association and the President's Club Internationale.

That was my first impression upon walking into the building and seeing the classrooms. Then we started our presentation, which was basically an informal back and forth with the soon-to-be graduating doctors on starting into practice, being an associate, borrowing money, etc. It was interesting because many of the same concerns that I had back in 1996 — such as where to practice and being able to pay off student loans and/or support a family — were in the minds of these students as well. The one big difference I noticed was the sense of "state" and "national" awareness I witnessed in these students. Perhaps it is the "health care reform" issue or "Obama Care", but we were having some serious conversations pertaining to state legislature and chiropractic medicine. Granted, there were the few in every class around my time of graduation, who were concerned about the political aspects of chiropractic practice, but I did not recall such widespread interest, concern and dare I say "commitment" to the national and state issues! In short, I was standing in front of a student body that saw the importance of getting involved.

So I asked myself, if they have this passion for getting involved and making a difference while in school, what is the reason so many lose their path and neglect alumni, state and national association commitments after graduation? I think it has a lot to do with a feeling of disillusionment as they get started in the "real

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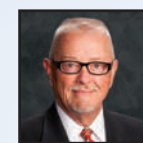
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In this photo, Dr. Joseph Janse prepares to seal the cornerstone of the main Lombard campus building, developed for the exclusive use of chiropractic educators.

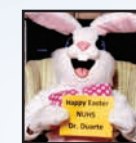
Inside Alumnus



The guard is changing at National University.

President Winterstein pens his final article for *Alumnus* and reflects on the changing of the guard.

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Read what the NUHS faculty has been up to lately.

Catch up on the latest news, activities and events on National University's two campuses.

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HC 2013 presenters encompass a range of topics.

Radiographic Technique is the topic of NUHS alumni Dr. Cliff Tao, one of the HC 2013 speakers.

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Find out the most recent information about fellow alumni.

National University alumni share recent achievements from babies to books to appointments.

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Changing of the Guard

By James F. Winterstein, DC
NUHS President

It has been my privilege to watch the “Changing of the Guard” at the Tomb of the Unknown Soldier at Arlington Cemetery. I watched the “Changing of the Guard” at Buckingham Palace. On June 22 of this year, I will participate in the “Changing of the Guard” at National University of Health Sciences.

These events, whether at Arlington or Buckingham or at National, herald occasions of momentous change — change that has special meaning to those who participate and to those who observe.

At Arlington, members of the “Old Guard, the 3rd U.S. Infantry Regiment” are the elite of the elite. These soldiers must commit two years of life to guard the tomb and live in barracks under the tomb. They cannot drink any alcohol on or off duty for the rest of their lives. They may not use foul language — for the rest of their lives — and for the first six months of duty, they may not talk to anyone, nor watch TV. Suffice it to say, this is a rigorous assignment.

Being president of National University of Health Sciences certainly does not involve these kinds of restraints but the commitment is no less significant, for as president, one carries responsibility for all who participate in the function of the institution. The president is in many respects “the university,” and is the recipient of “the good and the bad.”

It's always been interesting to me how one can never really “do the job” as people expect it should be done. It is a job that just never stops — day, night and weekends — and that does take its toll. Departing student surveys seem to remain the same regardless of how one tries to meet the desired expectations and demanded changes. At the same time, alumni often know best how things should be done and do not hesitate to tell the president. A recent comment basically said, “Why don't you get together with the

other schools and associations and see that we get properly paid for what we do?” Oh, for that magic wand, the one I have yet to find.

On the other hand, there is so much that is positive about the position — the ability to lead the institution in a progressive way while working to maintain all that is good from the past, for example. It is good that one can participate in change that improves the institution and its services. Interacting with presidents of other institutions, especially those who work outside the small circle of health sciences within which we operate, is particularly beneficial as it brings new ideas and concepts into the picture. So many students are fine committed individuals who become excellent physicians, and the ability to participate in their lives is so gratifying. Then, there are those alumni and alumnae who make it a point to always support their alma mater — morally and financially. There is that core of people who help make it all worthwhile.

Still, the time comes when there must be a “Changing of the Guard,” and for me this time has arrived. It seems so unlikely that all these years could have passed. When I look back, I recall when I was first employed by National. The year was 1966 and I was a student but with a background as a Registered Radiological Technologist, a person needed by NUHS, as it turned out, and I was hired to teach and work in the clinic. Since that day, I have always been employed in one capacity or another — faculty, department chair, postgraduate faculty, clinic Chief of Staff — and then, for the past 27 years as president. It is such a surprise when one arrives at this point in time, and yet, it is here and I see it as a blessing and an opportunity.

Eight years ago or so, I asked about a student whom I had observed frequently. He stood out from his peers and was very professional, dedicated and committed. When I asked Mr. Ron Mensching about him, I discovered that he had been working for the Office of Admissions as a student. He finished his DC and entered the radiological residency through which he earned his master of science degree. At that point in his career, however, I stepped in and asked him for some time. I talked to him and got to know him, and he was what he seemed to be, so I appointed him as an assistant to the three vice presidents of NUHS — a position he held until we completed arrangements with St. Petersburg College (SPC) in Pinellas County, Florida, for the initiation of a chiropractic medicine program on the SPC campus. I needed someone to oversee that program.

I asked Dr. Joseph Stiefel to see me and said, “How do you like Florida?” He simply said, “If that's where you want me to serve, I am on my way,” and within a week, he was in Florida and was appointed as Dean of the College of Professional Studies, Florida Campus. Dr. Stiefel took this program from the first few students to more than 80 students today following the graduation of our first three students this past December.

I introduced Dr. Stiefel to the Board of Trustees six years ago when I told the board that I intended to retire at the age of 70 years and hopefully before I fulfilled “the Peter Principle!” They, like me, saw the potential there and together we began the process of evaluation and mentoring that has brought us to this point in time.

Dr. Stiefel has had an interesting background that includes two baccalaureate degrees and employment as a research scientist at the Genetic Testing Institute in Brookfield, Wisconsin, engineering analyst at Delco Electronic in

Kokomo, Indiana, a music department instructor at Center Area High School in Monaco, Pennsylvania, a research assistant at Presbyterian University Hospital in Pittsburgh, Pennsylvania, and a physics Instructor at National University of Health Sciences.

Immediately following his graduation, he practiced on and off campus during his radiology residency. His academic doctorate (EdD) is in Higher Education Leadership. Thus, Dr. Stiefel brings a broad-based and varied background to a position that requires all of these values and sensitivities.

So, my friends and colleagues, this represents my final *Alumnus* editorial in my capacity as NUHS president. It is time for a “Changing of the Guard,” and it will happen on June 22 at the Earl G. Liss Auditorium here on campus. Yes, Dr. Stiefel's inaugural ceremony will have much of the pageantry that characterizes such events and we will hear from various dignitaries and most importantly from Dr. Stiefel himself as he presents his vision for the future of National University of Health Sciences to the fading sound of Cynthia and me riding off on our Harley!

Well, not quite like that, I just could not resist that smidgen of levity. I would not miss the entire ceremony for anything and following the ceremony will be a wonderful reception at the DoubleTree Hotel in Oak Brook, Illinois, followed by the Inaugural Ball.

Then, I will be privileged to work for Dr. Stiefel from a distance, or on campus from time to time as he wishes. Cynthia and I will see you at various conventions and other events and we will support our new president and his efforts as he fits himself into the harness and leads our beloved National University into the future! I hope to see you all here soon! *Esse Quam Videri!*

Chair's Message... continued from page 1

reasons for the need to get involved? After all, why should they if the majority of our profession out there that has been in practice for years does not see the need to get involved?

So, I am asking all of you NUHS alumni to please renew your relationship with NUHS and become involved as an active member of the National University Alumni Association or perhaps one of the levels of the President's Cabinet Internationale to show these passionate students that involvement is necessary for institutional and professional strength and that they are not being naïve by wanting to make a difference. I hope that all of you at some point can get back to National — this year's homecoming for example — and see the amazing improvements that have been made possible through the generosity and involvement of the alumni. Furthermore, we will say farewell to Dr. Winterstein and welcome Dr. Joseph Stiefel as our new president at this homecoming. This is an event that should not be missed!

John J. DeMatte IV, DC
Chair, President's Cabinet Internationale
Chair, President's Alumni Advisory Council

A Round-Up of National University Activities

The President Presents

President James Winterstein will be participating in the Inaugural University Hospitals (UH) Regional Hospital Spine Symposium in Richmond Heights, Ohio, in May. The symposium, composed of chiropractic, medical and osteopathic physicians, will focus on “Current Trends in Integrative Care.” Dr. Winterstein will kick off the morning session with a discussion on “Postprofessional Education and Integrative Medicine.” National graduate Dr. David Radford, medical director, chiropractic medicine, UH Bedford and Richmond Medical Centers, will present on “The Chiropractic Profession and Public Health.”

ACC / RAC Participants

National University was actively involved in the Association of Chiropractic Colleges (ACC) Research Agenda Conference (RAC) in March in Washington, DC.

Bruce Hodges, DC, associate professor of clinical sciences, presented a clinical study titled “Prevalence of Musculoskeletal Versus Non-Musculoskeletal Cases in a Chiropractic Student Clinic.” The results of this study indicate that NUHS student interns are being trained as primary care physicians as noted by the various conditions they are actively treating. Also collaborating on the manuscript, which has been submitted for possible publication in the *Journal of Chiropractic Education* (JCE) were Jerrilyn Cambron, DC, PhD, professor of research, and research assistants Rachel Klein, DC, and Dana Madigan, BS.

Claire Johnson, DC, MEd, NUHS journals editor, served as the moderator/coordinator of a panel discussion on “Chiropractic and Healthcare Reform: Improving Outcomes, Delivery, and Affordability of Healthcare.” She also moderated a closing session on “Shifting Incentives and Team Care: Is Chiropractic Engaging the Right Collaborations to Co-Lead Medicine Toward a Whole Person Health Model?”

Serving as moderators in chiropractic research platform sessions were Greg Cramer, DC, NUHS dean of research, and Bic Bakkum, PhD, former NUHS anatomy faculty member. Nicholas Trongale, EdD, NUHS vice president for academic services, is a member of the ACC board of directors.

Congratulations, Dr. Wolcott!

Christopher Wolcott, DC, EBP (evidence based practice) research instructor and his wife are the proud parents of a daughter, Juliet Hope, born February 18, weighing 7 lbs. 14 oz.



Faculty Update Text

The third edition of the text *Clinical Anatomy of the Spine, Spinal Cord and ANS* by Greg Cramer, DC, dean of research, and Sue Darby, PhD, professor of basic sciences, has been released. Published by Elsevier, the first two editions have proved to be a reference of choice on spinal anatomy for many chiropractic, osteopathic and physical medicine students.

“We first released this textbook in 1995, and to date it is the only one of its kind for professional degree students studying spinal anatomy,” says Dr. Darby.

The third edition boasts 70 pages of updated information, 46 new illustrations, X-rays and MRI scans, and a new

illustrated section on the on fascia. There are also new sections addressing the clinically important relationships among inflammation, the immune system and the ANS, as well as a comprehensive section on the enteric nervous system and other reference appendices.

“One of our goals with this new edition was to bridge the gap between the basic science of anatomy and the applied anatomy of clinical practice,” said Dr. Cramer.

Faculty Member Promoted

Yihyun Kwon, PhD (China), DC, LAc, assistant professor of clinical sciences, has accepted the position of assistant dean of the Acupuncture and Oriental Medicine Program, replacing Frank Yurasek, PhD (China), MSOM, LAc, who moves to the Whole Health Center – Lombard as an AOM clinician.

NUHS Toastmasters Club Revived

National is restarting its Toastmasters Club under the direction of Bruce Hodges, DC, associate professor of clinical sciences. The club is open to students, faculty and staff with the purpose of improving communication skills both personally and professionally. Dr. Hodges is also the coordinator of the Ethical Practice Management Program.

Dr. Duarte's Guest Appearance



Dr. Manuel Duarte, chair of clinical practice, carried on a long-standing tradition by making a guest appearance as the Easter Bunny at a pre-Easter open house at The Timbers of Shorewood (Illinois), an independent and assisted senior living facility. The annual open house is open to the community and includes the opportunity to have a picture taken with the Easter Bunny. In the photo, Dr. Duarte poses with reigning prom king and queen.

Dr. Johnson Oversees Clinics

Dr. Theodore Johnson, assistant dean of the doctor of chiropractic program, has assumed additional duties as interim dean of clinics while a search is conducted for a new dean. Dr. David Parish, dean of clinics, stepped down from the position in February to return to his clinician role at the Salvation Army clinics and other clinics as needed.

Dr. Guadagno Honored

Dr. Carlo Guadagno, clinical science instructor on the Florida campus, received a certificate of appreciation from USA Judo for providing sports medicine support during the 2012 Grand Masters World Championships in Miami in November 2012. Dr. Guadagno also oversaw NUHS interns who contributed their services to some 1,000 athletes from 54 countries who attended the event.

Research Study Presented

An NUHS research study on Vibram shoes has been

adapted for a poster presentation by the Federation Internationale De Chiropratique Du Sport (FICS) for its symposium in South Africa, April 2013. The study, “Effects of five-toed hyper mobile shoe on balance and functional deficits: A case series”, was conducted by Grant M. Dobson, DC; Thomas J. Solecki, DC, DACBSP, DACRB; Jenna Boazzo, DC, MS, ND; and Christina Wiles, BS. Dr. Dobson, a 2011 NUHS graduate, began the research project while a student, and will make the presentation at the symposium.

National Public Health Week 2013



National University of Health Sciences (NUHS) – Florida was a partner to National Public Health Week (NPHW) 2013, April 1-7. NUHS faculty and students organized several activities to celebrate the NPHW theme, “Public Health is ROI – Save Lives, Save Money.” The highlight of the week was a panel discussion entitled, “An ounce of prevention is worth a pound of cure.” NUHS and St. Petersburg College (SPC) jointly hosted the panel on the Caruth Health Education Campus in Pinellas Park, with over 70 attendees participating. The panelists included: Marina Machini, MD (Russia), neural science instructor and pediatrician; Mabel Chang, DC, MPH, public health instructor; Chris Arick, DC, chiropractic and functional medicine instructor; Jaya Prakash, MD (India), MPH, infectious diseases and pathology instructor and APHA member; and Jennifer Illes, DC, clinical sciences instructor and moderator. NUHS also provided NPHW information on SPC's Health Education campus during the lunch hour and distributed approximately 150 brochures distributed through various venues.

Case Study Published

Frank Yurasek, PhD (China), MSOM, LAc, AOM clinician, and Brett Martin, DC, MSAC, NUHS-Florida basic sciences instructor, completed a case study that was published in the February 2013 issue of the *Journal of Chinese Medicine*. The purpose of the study, “The Treatment of Primary Hypertension Using Plum Blossom Needle Therapy” was to evaluate the efficacy of seven star plum blossom needle therapy on a patient with primary hypertension. The authors concluded that seven star plum blossom needle therapy effectively lowered the patient's blood pressure to pre-hypertensive values, and that the efficacy and safety of this method should be further evaluated in a larger controlled clinical trial.

Manuscript to be Published

Jennifer Illes, DC, Florida clinical sciences instructor, and Theodore Johnson, DC, assistant dean of the doctor of chiropractic program, have had their manuscript scheduled for publication in the *Journal of Chiropractic Medicine*. The manuscript is titled “Case Report: Resolution of ulnar neuropathy with conservative chiropractic care.”

Alumnus

THE NEWSLETTER FOR NUHS ALUMNI

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Homecoming '13 Schedule of Events

— 15 CME Hours Available

Thursday, June 20, on the NUHS Campus

11:15am - 1:15pm	<i>A Multi-Discipline Approach to Everyday Cases</i> Thomas Roselle, DC
1:15pm - 1:45pm	Light Lunch Break
1:45pm - 3:15pm	<i>Effects of Drug-Induced Nutrient Depletions on Drug Action</i> Daniel Richardson, PhD
3:15pm - 3:30pm	Refreshment Break
3:30pm - 5:00pm	<i>Radiographic Technique and Imaging Cases with MRI Correlation</i> Cliff Tao, DC
5:00pm - 8:00pm	COOK OUT

Friday, June 21, at the DoubleTree Hotel Chicago – Oak Brook

7:00am - 8:30am	Continental Breakfast	1:30pm - 3:00pm	<i>The Mind-Gut Connection and Its Application to Primary Care</i> Chris Arick, DC
8:00am - 9:30am	<i>Ethics: Building Trust and Professionalism</i> Marianne Jennings, JD	3:00pm - 3:30pm	Refreshment Break
9:30am - 10:00am	Refreshment Break	3:30pm - 5:00pm	<i>Implications of Pulmonary Conditions for Primary Care Chiropractic Physicians</i> Daniel Strauss, DC
10:00am - 11:30am	<i>Ethics: Building Trust and Professionalism (cont.)</i> Marianne Jennings, DC	5:30pm	Dr. Winterstein's Farewell Party Featuring Fast Eddie & the Corvettes!
11:30am - 1:30pm	President's State of the University Luncheon		

Saturday, June 22, at the DoubleTree Hotel Chicago – Oak Brook

7:00am - 8:30am	Continental Breakfast	12:30pm - 1:30pm	Lunch
8:00am - 10:00am	<i>Autism: A Modern Epidemic and How Chiropractors Can Save the Day</i> Janet Lintala, DC	3:00pm - 5:00pm	Inauguration of Dr. Joseph Stiefel <i>Ceremony to be held on the Lombard campus</i>
10:00am - 10:30am	Refreshment Break	6:00pm	Cocktail Reception
10:30am - 12:30pm	<i>Neurology of Food Addiction and a Swelling BMI</i> David Seaman, DC	7:00pm	Banquet Dancing featuring the Duane Landini Orchestra!

Homecoming Speakers

James F. Winterstein, DC



Dr. Winterstein will present his final State of the University address prior to his retirement as NUHS president. He graduated from National in 1968 and completed his residency in radiology in 1970, the same year he earned his diplomate in radiology. Dr. Winterstein was in private practice for 17 years in Florida before returning to National as the clinic chief of staff in 1985. One year later, he was elected the institution's fifth president, a post he has held since May 15, 1986. In the 27 years of his presidency, Dr. Winterstein has committed himself to improving and developing the university's academic programs and in so doing, raise the standards of the chiropractic profession. He led the reorganization of National from a single-purpose college to a hub of integrative health care education. Dr. Winterstein has received numerous professional honors and was inducted into the NUHS Hall of Honor in June 2006.

Christopher T. Arick, DC



Dr. Arick graduated from Indiana University in Bloomington in with a bachelor of science degree in kinesiology and exercise science and earned his doctor of chiropractic degree from National. He practiced in Indiana from 2006 until January 2012 when he became an instructor in clinical sciences in NUHS' Florida chiropractic program. His subjects include physiology, dermatology, laboratory diagnosis, pediatrics, men's health, gastrointestinal and genitourinary health. Dr. Arick is also a fellow of the International Academy of Acupuncture and a Certified Chiropractic Family Physician.

Marianne Moody Jennings, JD



Ms. Jennings earned a bachelor of science degree in business management and finance and the juris doctor degree from Brigham Young University. While attending law school, she served internships in the Federal Public Defender's Office and U.S. Attorney's Office in the District of Nevada in Las Vegas, and two law firms in Arizona. She has been with Arizona State University since 1977 in various positions, and since 1983 has been a professor of legal and ethical studies in business in its Department of Management, W.P. Carey School of Business. Ms. Jennings is active in community and professional service and is a prolific author and speaker on business and ethics.

Janet C. Lintala, DC



Dr. Janet C. Lintala earned a bachelor of science degree in genetics from The Ohio State University and graduated summa cum laude and salutatorian of her doctor of chiropractic class at National College of Chiropractic. A month after graduation, the first of her three sons was born and later diagnosed with Asperger's syndrome. Two other sons also had difficulties, and the following years were spent raising her family and "translating knowledge into action... because awareness isn't enough!" Dr. Lintala donates her time at a regional autism clinic in Charleston, West Virginia, providing biomedical interventions for children and adults with Autism Spectrum Disorders. She participates in training and educational conferences and is a frequent guest speaker for Intersect4Kids, a certification program addressing complementary alternative medical options for children with neurodevelopmental disorders.

Daniel L. Richardson, PhD



Dr. Richardson graduated from Loyola University in Chicago with a bachelor of science in biology, a master of science in pharmacology and pharmacognosy, and PhD in neuropharmacology. He taught at several higher education institutions in Illinois before joining National University of Health Sciences in 1992 as professor and chair of the Department of Nutrition and Biochemical Therapeutics. He is currently the assistant dean of the College of Allied Health Sciences and director of the Discipline of Nutrition at NUHS. Dr. Richardson is an expert in nutrition and botanical medicine, a diplomate in the American Association of Nutrition Consultants, a Certified Nutrition Consultant, and an active researcher, lecturer and author.

Thomas Roselle, DC



Dr. Roselle graduated from Kent State University with a bachelor of science degree in political science and a minor in pre-medical science. He earned his doctor of chiropractic degree and certifications for acupuncture and nutrition from the National College of Chiropractic. He has practiced in New York and currently maintains the Roselle Center for Healing in Fairfax, Virginia. Since 1983, Dr. Roselle has hosted a radio talk show that provides listeners with the latest information on integrative, holistic and wellness health care methods, and is a national lecturer on Applied Kinesiology, integrative care, nutrition, practice building, personal motivation. Dr. Roselle is the founder of Caring For Others Ltd., a charity that provides alternative health care for the homeless or those living in poverty, and provides scholarships for students of alternative health care.

David R. Seaman, DC



Dr. Seaman is a graduate of Rutgers University and New York Chiropractic College. He then received a master's degree in nutrition from the University of Bridgeport and a diplomate in neurology through Logan College of Chiropractic. Dr. Seaman is a professor of clinical sciences in NUHS' Florida chiropractic program, where he teaches evaluation and management courses for the musculoskeletal, cardiorespiratory, gastrointestinal, and genitourinary systems. He is also a faculty member of National's master of science program in advanced clinical practice. Dr. Seaman has authored a book on clinical nutrition for pain and inflammation, and has written several chapters and articles on this topic. His academic and clinical interest is focused on how pain and symptom/disease expression can be modulated with lifestyle choices and manual/rehabilitative interventions.

Daniel E. Strauss, DC



Dr. Strauss earned an associate in applied science in respiratory care, a bachelor of science in biomedical science degree from the State University of New York, and his doctor of chiropractic degree from New York Chiropractic College. He operated a private chiropractic practice in Palm Harbor, Florida, from 2002 to 2010, after which he moved into the academic world and taught anatomy and physiology at Keiser Career College and St. Petersburg College. He joined NUHS' Florida chiropractic program in 2011 as an adjunct instructor for phlebotomy and then was appointed full-time faculty in 2012 to teach evaluation and management courses for the thoracic and cervical spine and applied diversified technique of the occipital, cervical, and thoracic spine, among others. Dr. Strauss was appointed the interim associate dean for chiropractic medicine in November 2012 while continuing teaching the phlebotomy portion of physical diagnosis and clinical natural medicine. Effective May 1, Dr. Strauss will assume the position of Dean of the College of Professional Studies – Florida.

Cliff Tao, DC



Dr. Tao earned his doctor of chiropractic degree from National University of Health Sciences, and subsequently completed a residency in chiropractic radiology at Southern California University of Health Sciences in 2003. He also served as a research fellow in musculoskeletal and spine imaging for six months in 2004 at the University of California, Irvine Medical Center. Dr. Tao is a chiropractic radiologist based in Orange County, California where he specializes in the professional interpretation of spine and musculoskeletal imaging with plain film, magnetic resonance (MR) imaging, and computed tomography (CT). He has also been an assistant professor of radiology at Southern California University of Health Sciences since 2000.

Alumni News

1950s

Dr. Louis R. Brugman (1958) of Randburg, South Africa, has decided to take down his shingle after 55 years in practice and move into a retirement village. He expressed his gratitude to National College and Dr. Joseph Janse in particular "who so ably assisted us in attaining the good legislation which we, the chiropractic fraternity, are so appreciative of."



Dr. Albert Koentges (1958, University of Natural Healing Arts) of Deurle, Belgium, shares a photo of himself from his DC graduation and a current one. He reports he is still practicing three days a week.

Titus Plomaritis (1957, Chiropractic Institute of New York) is a lyrical name that you are not likely to forget. Nor will you forget the story of the 83-year-old "immigrant son, football legend, presidential confidant, and highly honored chiropractor" who just published his 600-page, photograph-filled autobiography, *Titus*.



A man small in stature but large in drive and determination, the 539-page book begins with the Lowell, Massachusetts native's youthful exploits and continues through his athletic, military, civic, and professional accomplishments. The book is heavy on local history particularly Dr. Plomaritis' Lowell and Boston College football days, but the entire final section is dedicated to the chiropractic profession, and especially meeting with President Jimmy and Rosalyn Carter to urge removal of the mandate "referred by a medical doctor," from the Medicare bill, that affected 40 million chiropractic patients.

Included in his chiropractic achievements was bringing "accreditation" to the state of New Hampshire with the first Clinical Competency Examination while chair of the New Hampshire Board of Chiropractic, and also spearheading the development and administration of the Part III Examination while director and president of the National Board of Chiropractors.

Copies of the book are available from authorhouse.com, Amazon.com, Barnes&Noble.com, or by emailing titusplomaritis@mac.com.

1970s

Dr. Karen Konarski-Hart (1979) of Little Rock, Arkansas, was elected vice president of the American Chiropractic Association's Council of Delegates.

Dr. Roger A. Pope (1972) of Belvidere, Illinois, recently concluded nine years of service as director/councilor on the board of the Council on Chiropractic Education. He is now in his 41st year of practice and is also president of the local cemetery board.

1980s

Dr. Thomas O'Bryan, (1981) of Encinitas, California, an expert in gluten sensitivity and celiac disease, was interviewed for a February 5 *New York Times* article titled "Gluten-Free, Whether You Need It or Not." Dr. O'Bryan and Dr. Stefano Guandalini, medical director of the

University of Chicago's Celiac Disease Center weighed in on the issue. Dr. O'Bryan, who has given himself a diagnosis of gluten sensitivity and took years to become gluten free suggests, "If a person has a choice between eating wheat or not eating wheat, then for most people avoiding wheat would be ideal." Dr. Guandalini does not believe a gluten-free diet is healthier diet for those who don't need it. "These people are following a fad, essentially... and that's my biased opinion."

Dr. Clare Ollayos (1987) of Elgin, Illinois, was re-elected to her fourth six-year term as a trustee for Elgin Community College, a non-partisan, non-paid position. She enjoys the work and truly feels she is making a positive impact on the educational system for the community, the state and the national level.

1990s

Dr. Scott R. Storzuk (1995) of Chicopee, Massachusetts, was appointed by Massachusetts Governor Deval Patrick to serve on the Board of Registration of Chiropractors for Massachusetts on January 3.

2000s

Dr. Ronald Hernandez (2009) of Lake Barrington, Illinois, and his wife are the proud parents of a son, Hunter Ronald, on Dec. 21, 2012. Hunter weighed 7 lbs. 14 ozs. and was 20.5 inches.



In Memoriam

Dr. Gerard Ernest 'Gerry' Achilly, 86, of Galena, Illinois, passed away July 2, 2012, at his home. A WWII Navy veteran, Dr. Achilly graduated from NCC in 1952 and practiced for many years. He was an avid golfer, pilot, gardener, and photographer, and had a passion for cooking.

Dr. Phil L. Aiken of Salt Lake City, Utah, died peacefully in his sleep November 5, 2012, after suffering through the debilitating effects of mesothelioma. A Navy veteran, he graduated from Lincoln Chiropractic College in 1949 and began his practice until recalled to active duty in the Korean War. In 1951, he restarted his solo practice in Provo, which he maintained for more than 50 years. Dr. Aiken served 15 years with the Utah Chiropractic Board of Directors and eight years on the Utah Chiropractic Examining Board. He was active with the American Chiropractic Association, which he served as president, and was president of the Council on Chiropractic Orthopedics.

Dr. Lewis G. 'Lew' Baltzell, 85, of Anderson, Indiana, died January 12. He was an Army veteran and served at General Eisenhower's headquarters in Germany. Dr. Baltzell graduated from Lincoln Chiropractic College in 1953 and was a well-loved chiropractor on the west side of Indianapolis for 40 years.

Dr. Stephen M. Blum (1977) of Boca Raton, Florida, died October 27, 2012.

Dr. John Miller Brewster of Alfred, Maine, formerly of Shelton, Connecticut, died unexpectedly on January 19. He graduated from the Chiropractic Institute of New York in 1952 after which he was drafted by the Army. He was stationed in Heidelberg, Germany, as an X-ray technician and member of the ambulance crew. After service, Dr. Brewster joined his sister, **Dr. Jeanette Way LaMacchia**, in her practice in Shelton, one of the first chiropractic practices in Connecticut. He retired at age 78 and moved to Alfred. His sister, Dr. Jeanette, a 1947 graduate of Eastern Chiropractic College, practiced until the age of 77, and preceded him in death in June 2007.

Dr. Robert Clements Brightwell, 83, of Indianapolis, Indiana, died February 13. He graduated from Lincoln Chiropractic College in 1950 and practiced in Tampa, Florida, for four years and in Indianapolis for 40 years before retiring. He served in the Army Medical Corps from 1951 to 1953.

Dr. John Edward Coyle, 89, of Cheektowaga, New York, died April 8. He graduated from NCC in 1949.

Dr. Louis F. Donner (1965) of Keego Harbor, Michigan, died October 21, 2011. Dr. Donner, 77, was a chiropractor in Sylvan Lake, Michigan, for many years.

Dr. Roland N. Elliott, 94, of Beaver, Pennsylvania, died November 18, 2012. He was a Navy veteran and graduated from Lincoln Chiropractic College in 1949. Dr. Elliott practiced in South Heights, Pennsylvania, for 40 years and served as president of the Beaver County Chiropractic Society and the Pennsylvania Chiropractic Society.

Dr. Richard C. Erdmann, 89, of Rapid City, South Dakota, died January 18 after suffering a stroke. He was a WWII Army veteran and spent his service time in Italy. Dr. Erdmann graduated from NCC in 1950 and returned to Rapid City to start his practice. He was a charter member of the American Chiropractic Association, and member of the South Dakota and Christian chiropractic associations. In 1989, Dr. Erdmann received the South Dakota Chiropractor of the Year Award, and the Golden Service Award in 1991 recognizing 50 years of chiropractic service. He retired in 1997.

Dr. Richard J. Gerow, 89, of Amherst, New York, died July 1, 2012. He served in the Army Air Forces, attained the rank of corporal and was awarded several medals for meritorious service. Dr. Gerow graduated from NCC in 1953 and in 1955 opened an office on Main Street in Amherst practicing chiropractic, physical therapy and naturopathy until 2000. He received the Chiropractic Pioneer Award in 2002 and the Distinguished Service Award in 2009 from the New York State Chiropractic Association, and was a certified senior disability analyst.

Dr. Richard E. 'Dick' Guenther, 88, of Gainesville, Florida, died January 30. He enlisted in the Navy in 1942 and his career eventually placed him in the X-ray Department at the U.S. Naval Hospital in Memphis, Tennessee, where he learned X-ray and was soon teaching other corpsmen. Dr. Guenther graduated from Lincoln Chiropractic College in 1949 and moved to Gainesville where he practiced for 53 years, retiring in 2003. He was active in the Florida Chiropractic Association (FCA) from 1951 to 2003, serving as president from 1970-1971 and on the board of directors for 10 consecutive years. He also served as editor of the *FCA Journal*.

Dr. Joseph P. Hanoka, 84, of Champaign, Illinois, died February 5. He graduated from NCC in 1953 and worked in the Robeson Building for more than 50 years.

Dr. James J. Mohr, 86, of Dayton, Ohio, died December 12, 2012. A WWII Navy veteran, he graduated from Lincoln Chiropractic College in 1951 and began his practice in Dayton. He practiced for more than 40 years and was active in the Miami Valley Chiropractic Association, which he served as president, secretary and treasurer.

Dr. John B. Moore Jr., 82, of Bowling Green, Kentucky, died March 8. He served in the Marine Corps during the Korean War and was the recipient of the Purple Heart and Bronze Star with Combat V. After recovering from his injuries, he attended Lincoln Chiropractic College, graduating in 1959, after which he practiced for 42 years in Bowling Green with branch offices in Auburn and Franklin.

In Memoriam continues on page 7



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In Memoriam continued from page 6

Dr. John O. Pagano, 82, of Englewood Cliffs, New Jersey, died peacefully on December 24, 2012. A Navy veteran of the Korean War, he graduated from Lincoln Chiropractic College in 1958. Dr. Pagano, author of *Healing Psoriasis: The Natural Alternative*, spoke all over the United States on the natural approach to healing psoriasis and presented his findings to distinguished audiences in Japan, India, France, Germany, and before the Russian Academy of Science. A modern Renaissance man, Dr. John was not only a compassionate physician but also wrote and performed his own original music, was known for his paintings of the American West, and had a passion for animals and all things nautical.

Dr. Robert I. 'Bob' Runnells, 94, of Greeley, Colorado, died on January 2. He graduated from Lincoln Chiropractic College in 1943 and served in the Army Medical Corps in Denver then moved to Greeley where he maintained a chiropractic practice for 42 years. Dr. Runnells served on the State Board of Chiropractic Examiners for more than 20 years, and was a founding member of National Board of Chiropractic Examiners (NBCE) in 1963, serving three terms on the NBCE board and one term as vice president from 1965 to 1966. Dr. Runnells loved playing the piano, writing music and singing for friends and family. He also loved outdoor activities and played golf well into his 90s.

Dr. David J. Sather, 74, of the LaCrosse, Wisconsin, area died February 23, 2012, at Gundersen Lutheran Hospice Care in Onalaska. He studied, worked and lived with his family in Chicago and Orlando, Florida, where he maintained a chiropractic practice. In 1976, he created his own business, Aqua Tec, which he operated until retirement in 2006.

Dr. L. Leigh Steinbach, 80, died May 12, 2012, in Mount Lebanon, Pennsylvania. A 1954 graduate of Lincoln Chiropractic College, he practiced in Shadyside/Oakland for more than 40 years and authored *Spinal Balance and Spinal Hygiene* in 1958. His many passions included competitive long-range high power shooting and gardening.

Dr. Donald C. Stephens, 88, of St. Petersburg, Florida, died October 31, 2012. He was a WWII Air Force bombardier. After graduating from NCC in 1954, where he was senior class president, he moved to St. Petersburg and maintained a successful chiropractic clinic for 46 years.

Dr. Faye Steuck, 61, originally of Detroit, Michigan, died October 30, 2012, in Golden, Colorado. She graduated from NCC in 1979 and moved to Golden in 1980. Dr. Steuck served her community for more than 30 years with chiropractic and nutritional medicine, homeopathy and auricular therapy, enthusiastically embracing the importance of treating body, mind and spirit. Dr. Steuck enjoyed living and working in Golden and appreciated how fortunate she was to live in such a beautiful community.

Dr. Harold R. Sweet, 83, of Centerville, Indiana, died March 5 in Indianapolis. He was an Army veteran of the Korean War and a 1957 graduate of Lincoln Chiropractic College. Dr. Sweet practiced in Richmond, Indiana, for 39 years, and was a member of the American and Indiana chiropractic associations.

Dr. Andrew A. 'Doc' Velard, of Rochester, New York, died suddenly on February 2 at the age of 60. 'Doc' graduated from National College of Chiropractic in 1977 and had been in private practice for 35 years at the time of his passing. He was a member of the Greece Rotary Club and the Greece Chamber of Commerce, and loved music and his aquariums.

Dr. Timothy Brent Wisdom, 48, of Crestwood, Kentucky, died February 3 at his home after a courageous battle with cancer. He graduated from NCC in 1989 and was a beloved chiropractor for 22 years in Crestwood. Dr. Wisdom enjoyed fishing, playing hockey and gardening. He is survived by his wife, Dr. Kathleen Wisdom (1990), a son and a daughter.

Dr. Michael 'Mitch' Yoka, 86, died December 4, 2012, in Beaver, Pennsylvania. A WWII Army veteran, he was a Lincoln Chiropractic College graduate and retired chiropractor.

KUDOS

National University of Health Sciences sincerely appreciates the following alumni who have referred students to the **Spring 2013** class. Thank You!

Dr. Jim Herman	1982	Michigan
Dr. Joseph Blum	2011	Indiana
Dr. James McGinn Jr.	1980	Illinois
Dr. Richard L. Gelband	1976	Illinois
Dr. Regan Cates	2004	Illinois
Dr. Jaena Gonzalez	1999	Illinois
Dr. Jon Dominique	2007	Indiana