

A Man of Character, Integrity, Kindness

Dr. Chester Stowell achieved his milestone 100th birthday on August 13, 2010, and celebrated with cards, letters and congratulatory greetings from friends, colleagues and former students.

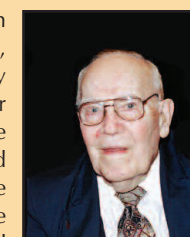
Many of those previous well-wishers expressed very different heart-felt thoughts when they learned of his February 3 passing in Fishers, Ind.

The beloved Lincoln and National College faculty member was remembered most frequently on his online guestbook at www.indianafuneralcare.com. as a man of character, integrity and kindness. A gentle man with a soft-spoken voice, Dr. Stowell was also recalled for his inspiration, understanding, encouragement, and fairness to all.

"Dr. Stowell has definitely touched my life with his wit, humor, strong Christian character, and personal concern for others. He lived every day with purpose and leaves this earth a very rich man. I know my life is better for having had his example," wrote Dr. Kristine Aikenhead, NUHS faculty.

"It was my very good fortune to have first met Dr. Stowell in 1971 when he came to National from Lincoln and to have worked with him for many years when I returned to National in 1985," says NUHS President James Winterstein. "Dr. Stowell had a fine sense of humor, a great memory and a dedication to chiropractic medicine and to National that was simply outstanding. In behalf of all of us here at National University of Health Sciences, I extend our deepest sympathy even while we rejoice in the knowledge that Dr. Stowell is now with his Savior whom he loved so much."

Chester Stowell was born in Fayette, Fulton County, Ohio, where he taught school for nearly 16 years, and worked as a farmer at the same time. In 1945, he moved to Indianapolis to attend Lincoln Chiropractic College because he desired to be in the healing arts field and had satisfactory results himself. While at Lincoln, he taught three classes until his graduation in 1948 when he opened a part-time practice, but continued to teach. Later, he gave up practice to teach full-time and stayed at Lincoln for 26 years, eventually serving as registrar and dean. Dr. Stowell was honored as Indiana Chiropractor of the Year in 1976, outstanding teacher at Lincoln College in 1969, and was bestowed the honor of Kentucky Colonel.



Dr. Chester Stowell

When Lincoln merged with National in 1971, he brought his wife Lola and daughter Cheryl to Lombard where he started as an instructor but later was named dean of students. Eventually, Lola also joined National as registrar and worked until 1990 when they both retired. Upon his retirement, Dr. Stowell was named Dean of Students Emeritus.

At National, Dr. Stowell was awarded the President's Medallion in 1986 for 40 years of service to chiropractic, was named outstanding Alumnus in 1990, and was elected to the National Hall of Honor in 2006. After retirement, he continued his involvement with National as a volunteer in the Office of Alumni Relations and later for Cheryl, who

A Man of Character continues on page 2

Obligation or Privilege?



Dr. Frank Strehl

Some of us look at a glass as half full and some look at it as half empty, while others just don't like the color of the liquid in the glass or perhaps they just don't like the glass. So is the case with our alma mater. As I have mentioned previously, I was not exactly the favorite son of my undergraduate alma mater, but at National no one

realized that I was there until I had completed all course work and internships and escaped the hallowed halls of then NCC.

If I had not been to National's campus since I graduated way back in the last century I would not recognize it today — remodeling is a perennial occurrence on campus as the physical structure must be constantly altered to keep up with the ever changing needs of today's education. And, make no mistake about it, National is at the forefront of education among the chiropractic schools. Our students are not only taught diagnosis, rehabilitation, manipulation, but also are well trained as primary care physicians ready to serve the patient's needs better than even most allopathic and osteopathic graduates. I was quite pleased to see that once again there will be a pig roast on campus during Homecoming — a great time to mingle with old classmates and the current student body as well.

As for an obligation or privilege, I recall Dr. Leonard Fay telling us that when we graduate we should join the National Alumni Association, our state association and the national association (ACA)... it's what we do. I consider it a privilege rather than an obligation to support my alma maters (even my undergraduate one) and to serve the profession that has provided me with a comfortable living, and put my son through a private college (which happens to be my undergraduate alma mater). And, yes I am a member of the state association and the national association (ACA). Far too many in our profession consider themselves as an island owing no one anything.

You need to come to National's Homecoming — not for National, but for you. You need to reconnect with former professors, see physical improvements on campus, learn what is planned for the future of National, and reconnect with fellow alumni. See you there!

Dr. Frank Strehl, Honorary Chair
President's Alumni Advisory Council

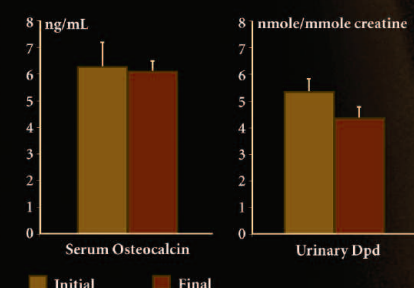
New Research in Bone Regrowth

Calcifood®, Ostrophin PMG®, and Cataplex® D, used together, were found to decrease urinary deoxypyridinoline (Dpd), while maintaining osteocalcin levels (see chart).

These bone health supplements are unique because they provide readily absorbed nutrients from bone tissues to support the process of rebuilding and maintaining bone.*

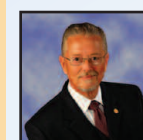
To find out more about these and other Standard Process products, call 800-558-8740 and ask for our Bone Health Literature Packet (L6213) or visit standardprocess.com.

During a three-month trial, patients with osteopenia were given Calcifood®, Ostrophin PMG®, and Cataplex® D at the regular dosage. Osteocalcin was unchanged while urinary Dpd, a marker used to assess relative rates of bone loss secretion, decreased 18%. Decreased Dpd suggests that less bone was lost over the three months. No change in osteocalcin further suggests a positive environment for bone formation.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

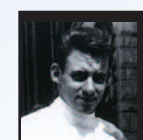
Inside Alumnus



CAM's Dilemma Increases

President James Winterstein discusses how various CAM modalities are being usurped by allopathic medicine.

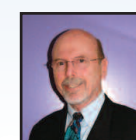
Page 2



Family's Influence Extends

The chiropractic legacy of the late Dr. Harry Deschamps now extends beyond family ties.

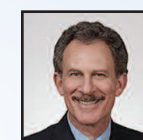
Page 3



HC Event Attracts 'Leaders'

A wide array of speakers embody the 2011 theme of Homecoming: "Celebrating 105 Years of Leadership."

Pages 4 - 5



Catch up with your Friends

Read the latest news and accomplishments of your fellow classmates and colleagues.

Pages 6 - 7



Modality or Health Care Discipline?

By James F. Winterstein, DC
NUHS President

It is very clear that the entire health care delivery process in the United States continues to be in a major state of flux. We hear about some members of Congress wanting to dismantle what was passed previously and others who are vociferously opposed. We hear about various kinds of Accountable Care Organizations (ACO) to include medical homes and community health centers and still, very little that is concrete.

The National Center for Complementary and Alternative Medicine (NCCAM), which is part of the National Institutes of Health (NIH), was formed for the purpose of evaluating various forms of complementary and alternative medicine, but interestingly has been driven primarily by members of the allopathic profession. From my perspective at least, this organization has funded primarily allopathic research ventures that have used some of the "modalities" of care that represent "slivers" of alternative health care systems. It has not provided funding to evaluate alternative health care "systems."

On February 28, 2011, members of the Academic Consortium for Complementary and Alternative Health Care (ACCAHC) met with members of NCCAM to give voice to our concerns – those of chiropractic medicine, naturopathic medicine, oriental medicine, acupuncture, massage therapy, direct entry midwifery, and traditional world medicines. Our own Greg Cramer, DC, is chair of the Research Working Group of this organization, and Drs. Vincent De Bono, Joseph Stiefel and I participate in the Education Working Group. It was felt that members of the NCCAM group listened, but the proof will be in the pudding.

It has long been my position that we (speaking here for those professions represented by NUHS) must be recognized as "health care disciplines" that have professional autonomy in the same way that allopathic medicine has autonomy. In some ways, we have been

our own worst enemy because at least in one instance (chiropractic medicine) we have stuck to old dogma rather than embrace new realities.

Let's look at naturopathic medicine first. For a very long time, this form of health care was known as "naturopathy," and its practitioners for many years were people who "took a course" and called themselves "naturopaths." They emphasized and were identified with "hydrotherapy" and "systemic detoxification" to a large degree. In the past 20 years, however some of those individuals took it upon themselves to form new schools. One institution, National College of Natural Medicine in Portland, Oregon, remained viable through the lean years and gradually members of that institution began to strategize. They determined that they must become a health care discipline with all the components that such a discipline embraces — undergraduate education, a first professional doctorate, movement toward residencies, self-regulation, and broadening of their practice concepts from those early ideas into a full health care practice scope. They sought out and developed accreditation and continue to move into the future as a "health care system" that emphasizes "natural medicine."

Oriental medicine and acupuncture have succeeded in developing a health care discipline that retains its Eastern philosophies, but is of such interest in the West that it is thriving and is often embraced within the allopathic system. Make no mistake, however, there are those within the allopathic ranks that would take oriental medicine and make it into a "modality of care," and in many "integrated instances" have managed to do exactly that.

Massage therapy for years was looked down upon as a less than desirable practice, often seen as something that had nothing whatsoever to do with health care. Members of that group, however, managed to move toward education and professionalism, and today they far outnumber all other CAM practitioners and continue to expand their education and their practices.

Then there is chiropractic medicine, or as most still insist "chiropractic." This profession has clung tenaciously to old dogma, insisting that real "chiropractic" is the "adjustment." Oh, over the years, various forms of physiological therapeutics were added to the practices, but most state statutes continue to emphasize the "spine and spinal subluxations." Because the majority of the profession has clung to these old concepts, the profession has been tarred with the brush of "unscientific dogmatism." The allopathic profession sees chiropractic as "spinal manipulation," not as a "health care system." Thus, we are left to be picked apart by those who value the tools we have traditionally used to assist the return to health. Others have taken spinal manipulation and are using it successfully, and in those integrative settings where chiropractors function, they are primarily seen as "spinal manipulators," not as members of a "natural health care discipline."

I don't know if you have made the same observation, but because complementary and alternative medicine has not "gone away," the allopathic profession is beginning to embrace it — sort of. Allopathic medicine is now insisting

that we should NOT be talking about alternative medicine, but about "integrative" medicine. What exactly is their concept of "integrative medicine"? From all I can read and gather, it is all about taking various "modalities of care" from the CAM professions and integrating them into allopathic medicine. If that happens, what will become of naturopathic physicians, chiropractic physicians, and direct entry midwives? I am not opposed to the idea of "integrative medicine," but I AM opposed to becoming subservient to the allopathic profession.

The various health care professions should have the opportunity to function in their own rights as health care disciplines, and that will only happen if each of them insists upon adoption of professional characteristics and upon a place in the delivery of health care as "systems of health care" rather than simple modalities that can be usurped by anyone else. Sometimes the best alternative for the patient is allopathic care. Sometimes the best alternative is "non-allopathic care," and sometimes the best alternative is co-management. All of us need to work together to promote what is best for the patient's needs. It is not really happening yet, but that is no excuse for us not to try!

As we approach the 2011 NUHS Homecoming event, I urge you to come back to your alma mater. Our educational sessions are supportive of the concepts surrounding and embracing various aspects of broad based natural medicine. There is something for everyone — including a Thursday evening on-campus pig roast, fellowship, a look at the future, and exceptional educational opportunities. This is our 105th anniversary. Let's make it a time to remember!

A Man of Character continued from page 1

succeeded her mother as registrar. After Cheryl's retirement in 2006, they relocated to the Indianapolis area.

Dr. Stowell was preceded in death by his wife in 1994, and is survived by daughter Cheryl of Fishers, Ind., sons, Larry (Sandra) of Indianapolis and Ken (Kathy) of Santa Cruz Calif., one niece, one granddaughter, and a great-granddaughter.

Dr. Stowell always remembered friend's and family's birthdays and anniversaries, both by mail and phone. He was a prayer warrior every day for friends and family. He loved the Lord with all his heart and soul and was a member of Hope Church in Carmel, Ind., and attended Wheaton Free Evangelical Church.

A small graveside service at Lincoln Memory Gardens and a memorial service will be held in the spring. Memorial contributions may be sent to Wheaton Free Evangelical Church in Wheaton, Ill., or National University of Health Sciences in Lombard, Ill.

In a letter to Dr. Winterstein announcing his plans to retire in 1990, Dr. Stowell wrote: "Any special honors, accolades or awards I have received are a minor part of the tremendous satisfaction received resulting from counseling a troubled student, aiding a student who was in academic stress, encouraging a distraught student, just listening to a student with a heavy burden, or praying with a student who felt the need of divine guidance. Thus I have lived my life and been a friend to man and I am happy!"

Chiropractic... Rooted in Family Tradition

It is not uncommon for children to follow in their parents' career footsteps, and it is a particularly well-known fact among the chiropractic profession. Chiropractors beget chiropractors, it is said, and that certainly is true among a number of National families.

The Deschamps are among that select group but their tradition has begun to reach out beyond the familial ties to influence others to join them in their rewarding field.

The story starts with Dr. Harry Deschamps, who graduated from National College of Chiropractic in 1951 and started practice in Hancock, Md. Harry and his wife Ethel had four children: Jeffrey, twins Colette and Connie, and Janine.

"Our father never pushed us to become chiropractors; he just wanted us to acquire a good education. That we did," recalls Dr. Janine Deschamps Grayson.

Twenty-four years after their father's commencement, Dr. Jeffrey and Dr. Colette graduated from National in 1975; he practices in Frederick, Md. and she in Hancock. Dr. Janine graduated from National in 1978 and practices in Hampton, Va. Connie started at National, but instead married Dr. David Walcott, a Canadian, whom she met in class, but who transferred to Canadian Memorial Chiropractic College and later opened a practice in Toronto. (Dr. Walcott died in 1995 as a result of a tragic car accident.)



Class of 1951: (l-r) Dr. Harry Deschamps, Dr. Ross Gillikin (retired Liberty, NC) and Dr. Collin Haynie



Class of 1978: Dr. Janine Deschamps Grayson and Dr. Stephen Stone

While the count of Deschamps chiropractic physicians stands at four, the family actually counts five National educated chiropractic physicians. "After the untimely death of Dr. Harry Deschamps in 1982 from cancer at the age of 58, we were fortunate to have Dr. Collin Haynie, a classmate of our father, marry our mother Ethel in 1990," relates Dr. Janine. Ethel Deschamps Haynie passed away in 2007, and Dr. Haynie is now retired and living in Norfolk, Va.



Left - Class of April 2010: Dr. Jessica Bacon; Right - Class of December 2010: Dr. Brenna Bacon Ranieli

And while none of the third generation offspring followed in their parents' footsteps, the family's love for chiropractic has drawn others to the profession. Dr. Janine invited her goddaughter and her sister to the National University campus for one of the Campus Visit Day programs. "They work!" Dr. Janine states. Her goddaughter, Brenna Bacon Ranieli, was a member of the December 2010 graduating class. Brenna's sister, Jessica Bacon graduated in April 2010.

While Dr. Brenna's husband Matt did not choose chiropractic, he is in the health care field and working toward his doctor of physical therapy degree at Midwestern University in Downers Grove, Ill. Meanwhile, Dr. Brenna is in practice with Dr. Marc Gammerman in Hagerstown, Md., a 1984 graduate of National and a long-time family friend.

Dr. Jessica is engaged to be married to Dr. Tim Owen (National 2008) on August 13. Both now practice in Maryland and northern Virginia.

This is not the end of the Deschamps influence, however. The daughter of Dr. Janine's receptionist was inspired to choose chiropractic as a career and National as her alma mater after spending time with her mother in Dr. Janine's office. Dr. Tracy Sawyer, (National 1992) is now practicing in Virginia Beach, Va.

In addition to the good education that she's received at NUHS and the success it will bring, Dr. Janine hopes that her goddaughter will one day receive a photo from a classmate that will help her remember the good times and friends at NUHS.

This actually happened to Dr. Janine when she recently received a photo in the mail from former classmate, Dr. Stephen Stone from Akron, Ohio, taken by their clinician, Dr. Anthony Cacioppo, in anticipation of their graduation from National on August 16, 1978.

"As our chiropractic family continues to grow, we must thank Dr. Joseph Janse and Dr. James Winterstein for setting a higher standard for all of us to follow and to be held accountable to," says Dr. Janine Deschamps Grayson.

So when Dr. Harry Deschamps wished for his children "to have a good education" those many years ago, he probably never imagined how far the healing hand of chiropractic would reach.



Class of 1978 and December 2010: Dr. Janine Deschamps Grayson and Dr. Brenna Bacon Ranieli

Alumnus

THE NEWSLETTER FOR NUHS ALUMNI

ALUMNUS is published by the Office of Communications at National University of Health Sciences, 200 East Roosevelt Road, Lombard, Illinois 60148-4583.

PUBLISHER

James F. Winterstein, DC
President

EDITORIAL STAFF

Marie Olbrysh Associate Editor
Tracy Litsey PR Specialist
Robert Hansen Graphic Designer
Kadi Sistik Photographer
Victoria Sweeney
Director of Communications

STATEMENT OF POLICY

Neither the editor nor National University of Health Sciences are to be held liable or responsible for statements or opinions expressed herein. Material contained in this publication should not be reproduced in any form without written consent from the editor.

©March-April 2011 National University of Health Sciences 9M/04-11

Alumni News

1970s

Cheryl Hawk, DC, PhD, FICC (1976) has been appointed director of clinical research at Logan College of Chiropractic. She moved to Logan from Cleveland Chiropractic College in Kansas, City, Mo., where she served as vice president of research and scholarship. The nationally known researcher currently serves as chair of the Scientific Commission of the Council on Chiropractic Guidelines and Practice Parameters, as well as team lead for nonmusculoskeletal conditions, health promotion and special populations.

Dr. Tom Roselle (1977) of Fairfax, Va., is the author of a new book entitled *Your Health is a Do-It-Yourself Program*, which aims to teach personal wellness through

proven methods other than expensive and sometimes needless drugs and surgery. The book focuses on the wellness paradigm from the concept of the Triad of Health — structural, chemical and emotional. Dr. Roselle has also hosted a radio talk show since 1983 that provides listeners with the latest information on integrative, holistic and wellness health care methods. He is the founder of Caring for Others, Ltd., a charity that provides alternative health care for the homeless or those living in poverty, and provides scholarships for students of alternative health care.

Dr. Daryl Wills (1973) of Gering, Neb., was named 2010 Citizen of the Year by the *Gering Citizen* newspaper. Dr. Wills was honored primarily for his leadership of the successful Moving Gering Forward committee as well as



Dr. Steven Visentin

1980s

Dr. Steven Visentin (1982) of Denver, Colo., recently published an E-Book entitled *Blow Your Head Off Practice Building Secrets*, at practicesecrets.com.

Alumni News continues on page 6



Dr. Daryl Wills

Homecoming '11 Schedule of Events

"Celebrating 105 Years of Leadership"

Thursday, June 9, on the NUHS Campus

Registration:	11:00am
12:30pm - 1:30pm	Role of the Natural Medicine Physician Within the New Health Care Paradigm Dr. Joseph Pizzorno
1:45pm - 2:45pm	The Secrets of Building Rapport in 60 Seconds or Less Jim Accetta
3:00pm - 5:00pm	Pain Expression & Metabolic Syndrome Dr. David Seaman
5:00pm	Pig Roast

Friday, June 10, at the DoubleTree Hotel Chicago – Oak Brook

Registration:	7:00am	12:00pm - 1:15pm	Alumni/Reunion Luncheon
Exhibitor Hours:	7:00am - 6:30 pm	1:30pm - 3:00pm	Getting What You Want — The Art of Personal Success Jim Accetta
On-site Clinic Hours:	7:30am - 6:00 pm	3:30pm - 5:00pm	Mechanical Load Fascial & Fascia Manipulation Dr. Warren Hammer
7:30am - 8:30am	50 Year Club Breakfast	5:00pm - 6:00pm	Exhibitor Reception
8:00am - 9:30am	Pain Expression & Metabolic Syndrome (continued) Dr. David Seaman	6:00pm	PCI / Senior Steward Dinner
10:15am - 11:45am	How to Report Measures Related to Quality Patient Care Dr. Anthony Hamm		

Saturday, June 11, at the DoubleTree Hotel Chicago – Oak Brook

Registration:	7:00am	2:00pm - 3:30pm	The Natural Medicine Physician as a Primary Care Provider Dr. Eric Deppert
Exhibitor Hours:	7:00am - 4:00 pm	MT - 2:00pm - 3:30pm	Shiatsu and Oriental Bodywork - Session 3 George Stretch
On-site Clinic Hours:	7:30am - 4:00 pm	4:00pm - 5:30 pm	The Mental Status Examination, Psychiatry's Role in Primary Care for Natural Medicine Physicians (DC/ND) Dr. Alan Korbett
8:00am - 9:30am	An Introduction to Functional and Kinetic Treatment with Rehab Provocation and Motion (FAKTR-PM) Dr. Thomas Hyde	MT - 4:00pm - 5:30 pm	Shiatsu and Oriental Bodywork - Session 4 George Stretch
MT - 8:00am - 9:30am	Shiatsu and Oriental Bodywork - Session 1 George Stretch	6:30pm - 7:00pm	Cocktail Reception
10:15am - 11:45am	Current Concepts in Patellofemoral Pain Syndrome Treatment & Rehabilitation Dr. Dale Buchberger	7:00pm - 10:00pm	Banquet Dinner Entertainment featuring "The Fabulous Frank and Dave" Dancing
MT - 10:15am - 11:45am	Shiatsu and Oriental Bodywork - Session 2 George Stretch		
12:00pm - 1:45pm	President's State of the University Luncheon		

Sunday, June 12, at the DoubleTree Hotel Chicago – Oak Brook

8:00am - 10:00am	Handling Headaches Dr. Rand Swenson	12:30pm	PAAC Luncheon
10:30am - 12:30pm	Handling Headaches (continued) Dr. Rand Swenson		

Homecoming Speakers

James F. Winterstein, DC



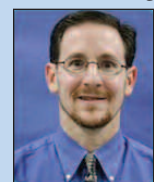
Dr. Winterstein graduated from National in 1968 and completed his residency in radiology in 1970, the same year he earned his diplomate in radiology. He was in private practice for 17 years in Florida before returning to National as the clinic chief of staff in 1985. One year later, he was elected the institution's fifth president, a post he has held since May 15, 1986. During his presidency, Dr. Winterstein has committed himself to improving and developing the university's academic programs and in so doing, raise the standards of the chiropractic profession. He led the reorganization of National from a single-purpose college to a hub of integrative health care education, instituting several new programs for the school, including naturopathic medicine, acupuncture and oriental medicine, and massage therapy. He was inducted into the NUHS Hall of Honor in June 2006.

Jim Accetta, MS



Jim Accetta has spent over 28 years in professional group facilitation, training, development, and management. He earned a BA in counseling psychology from Northeastern Illinois University and an MS in managerial leadership from National-Louis University. Accetta has operated his own business, Truly Human Coaching, since 2000, offering personal and professional lifestyle counseling. He is a master practitioner and certified trainer of Neuro-Linguistic Programming (NLP), a field of knowledge that focuses on behavioral modeling, communication excellence and efficiency in action. Accetta has also authored two books, *Getting What You Want: The Art of Living on Purpose*, and *Success is a State of Mind*.

Dale J. Buchberger, PT, DC



Dr. Buchberger graduated from National in 1988, earned a master's degree in physical therapy in 2006 from SUNY Upstate Medical University-College of Health Professions, and is a certified strength and conditioning specialist. He is a diplomate and two-time president of the American Chiropractic Board of Sports Physicians. Dr. Buchberger lectures across the United States, Canada and Europe on topics including sports related shoulder and elbow injuries, rehabilitation techniques and repetitive strain disorders. In 2005, Dr. Buchberger received the Dr. Jim Nichols award, for his "extraordinary service and dedication to the field of weight training, health and fitness," and was named 2009 Sports Chiropractor of the Year by the American Chiropractic Board of Sports Physicians.

Eric J. Deppert, MD



Dr. Deppert is clinical assistant professor of medicine at Hahnemann University School of Medicine, clinical instructor of medicine at Thomas Jefferson University School of Medicine, and director of integrative medicine and network development at Mercy Fitzgerald Hospital in Darby, Pa. He earned a BS from the University of Massachusetts at Amherst in 1986, his MD degree from Hahnemann University School of Medicine in 1990. Dr. Deppert completed his residency at Presbyterian Medical Center, where he was then promoted to chief medical resident. Dr. Deppert specializes in internal medicine and focuses on preventive care and healthy lifestyle choices with a special interest in diabetes, cholesterol and coronary disease. He has earned numerous awards and honors and was listed in the 2009-2010 "Guide to America's Top Physicians."

Anthony W. Hamm, DC



Dr. Hamm earned a BS in human biology from National in 1977 and his doctor of chiropractic degree in 1979. He was named a fellow of the Academy of Chiropractic Orthopedists in 1994, and received a diplomate from the American Board of Forensic Professionals in 2004. Dr. Hamm has maintained a private chiropractic practice in Goldsboro, NC, since 1980 where he offers a diversified approach to chiropractic care with a special emphasis on orthopedics and pain relief. He is also a lecturer on coding, documentation, Medicare, and risk management for the ACA, various state chiropractic organizations and Cross Country Education. Dr. Hamm's specialties include chiropractic orthopedics, acupuncture and forensic sciences.

Warren Hammer, DC



Dr. Hammer graduated from Lincoln Chiropractic College in 1958, received his diplomate from the American Board of Chiropractic Orthopedists in 1975, and earned an MS in human biology-nutrition from the University of Bridgeport in 1979. He has been a practicing doctor of chiropractic for over 50 years and specializes in soft tissue evaluation and treatment. He has lectured nationally and internationally and recently completed his third edition of *Functional Soft Tissue Examinations and Treatment by Manual Methods*. Dr. Hammer has been a consultant and instructor for Graston Technique since 2001. He recently completed a two-week course in Italy entitled "Fascial Manipulation©," which has been taught around the world for the past 10 years and which he is introducing to the U.S. this year.

Thomas E. Hyde, DC



Dr. Hyde received a BA in biology from Florida State University in 1973 and his DC from Logan College of Chiropractic in 1977. He then set up practice in Miami, Fla., and began focusing on sports chiropractic. He has served as team chiropractor for state and world powerlifting championships, as chiropractor for the U.S. during the Pan American Games, as chiropractic consultant to the Miami Dolphins, and as secretary general of the International Federation de Chiropratique du Sport. He is currently president of the United States Coaches Training Institute and a member of the advisory board of the World Olympians Association of the Americas. Dr. Hyde lectures around the world on sports related injuries and soft tissue treatment, has authored numerous articles, and co-edited *Conservative Management of Sports Injuries*. In 2010, the first Dr. Thomas Hyde Research Symposium was held at the ACA Sports Council Exposition honoring him as one of the founders of the sports chiropractic movement.

Alan Korbett, DC, DO



Dr. Korbett has been a practicing physician for over 25 years, providing psychiatric evaluations and medication management for psychiatric disorders in children, adolescents and adults. He earned BS degrees in biology and psychology at Montclair (NJ) State University in 1978, his BS in human biology from National in 1980 and his doctor of chiropractic degree in 1981. In addition, he received his doctor of osteopathy degree at Des Moines University College of Osteopathic Medicine and Surgery in 1991. He completed his residency in psychiatry and his fellowship in child and adolescent psychiatry at the University of Iowa Hospitals and Clinics in Iowa City. Dr. Korbett is a published author and co-author of articles, book chapters and journal articles concerning psychiatric and neurological disorders.

Joseph E. Pizzorno, Jr., ND



Dr. Pizzorno earned a BS in chemistry from Harvey Mudd College in Claremont, Calif., in 1969, a Basic Sciences Certificate from the Nevada State Healing Arts Board in 1974, and his doctor of naturopathic medicine degree from National College of Naturopathic Medicine (NCCNM) in Portland, Ore., in 1975. In 1978, he and two other NCCNM graduates founded Bastyr University, which he served for 22 years as its first president. One of the world's leading authorities on science-based natural medicine, he was appointed to the White House Commission on Complementary and Alternative Medicine Policy in December 2000, and to the Medicare Coverage Advisory Committee in November 2002. He is editor of *Integrative Medicine: A Clinician's Journal* and vice chair of the board of directors of the Institute for Functional Medicine. Dr. Pizzorno is the co-author of the internationally acclaimed *Textbook of Natural Medicine*, the best-selling *Encyclopedia of Natural Medicine*, and six other books.

David Seaman, DC



Dr. Seaman earned his doctor of chiropractic degree from New York Chiropractic College in 1986 and his master's in biology/nutrition from University of Bridgeport in 1991. His nutrition project for his master's degree focused on nutritional methods for pain control, which he has continued to follow in the scientific literature and which has led to the publication of *Clinical Nutrition for Pain, Inflammation, and Tissue Healing*, a book utilized in several chiropractic colleges. Dr. Seaman teaches over 300 hours of continuing education classes for chiropractic colleges and state associations each year and is a popular and prolific author of nutrition, chiropractic and neurology articles. He is a professor of clinical sciences at National's St. Petersburg campus.

George Stretch, LAc



Dr. Stretch earned a doctorate of naprapathic medicine from the Chicago National College of Naprapathy in 1988. He continued his education and graduated from the Midwest College of Acupuncture and Oriental Medicine in 1992 as a licensed acupuncturist and acupuncture therapist. He is also board certified with the American Academy of Pain Management, National Board of Acupuncture Orthopedics and National Board of Naprapathic Examiners. Currently, Dr. Stretch is completing the doctor of acupuncture and oriental medicine degree at the American College of Traditional Chinese Medicine in San Francisco, Calif. In 2004, Dr. Stretch became the first naprapath on staff with privileges at St. Alexius Medical Center in Hoffman Estates, Ill., and six months later became the first acupuncturist on staff at St. Alexius. He currently teaches in the Acupuncture and Oriental Medicine Program at NUHS. Dr. Stretch was the president of the American Naprapathic Association from 1999 to 2007 and sat on the board of the Chicago National College of Naprapathy as a director for 10 years.

Rand S. Swenson, DC, PhD, MD



Dr. Swenson is the author of 49-peer reviewed journal articles, 18 book chapters and co-author of two books, and is currently an associate editor of *The Spine Journal*. Dr. Swenson earned his DC degree from National in 1976, a PhD in anatomy from Loyola University of Chicago in 1981, and an MD from the University of Illinois College of Medicine at Chicago in 1989. He is a professor of neurology and anatomy and chair of the Department of Anatomy at Dartmouth Medical School, and an attending physician in neurology at Dartmouth-Hitchcock Medical Center in Lebanon, NH. He has been a member of numerous committees for the National Institutes of Health's National Center for Complementary and Alternative Medicine and Center for Scientific Review. Dr. Swenson's major research interests include the autonomic nervous system, pain, headache, and digital resources in medical education.

1990s

Dr. Brad Case (1993) recently created his first book trailer for *Thugs, Drugs and the War on Bugs*, the first book in his Why We're Sick™ series. The trailer is called, "The #1 Killer in America," and can be seen at <http://www.youtube.com/user/drbradcase?feature=mhsn>. Dr. Case is also the co-author of *101 Great Ways To Improve Your Health* and the clinic director of the Holistic Healing Center in Prunedale, Calif. To learn more or to sign up for his free e-newsletter, visit his website: www.HealthIsNatural.com.

Jay S. Greenstein, DC, CCSP (1992) of Rockville, Md., was named the 2010 Chiropractor of the Year by the Unified Virginia Chiropractic Association in recognition of his relentless work on behalf of chiropractic. He is the chief executive officer of Sport and Spine companies, a multidisciplinary practice with eight locations throughout Maryland and Virginia. He has been a recommended provider for the National Football League Players Association for the Washington Redskins and Baltimore Ravens. Dr. Greenstein was named one of Washington's top Sports Physicians by *Washingtonian Magazine* and was named Maryland Chiropractic Association Chiropractor of the Year in 2007 and 2010.



Dr. Jay Greenstein

Dr. Darrell Wehrend (1998) of Westmont, Ill., is the owner of Physicians Sports and Injury Center in Westmont. Dr. Wehrend and his associate have contributed health-related articles to *The Business Ledger*. (See Dr. Cara VanWormer – 2008) Dr. Wehrend's article, "Boost immune system to prevent winter illnesses," was featured in a November 2010 issue.

2000s

Dr. Coleen Denton (2008) of Marion, Ohio, was elected to the American Board of Chiropractic Acupuncturists at the board's 2010 fall symposium. Her duties will include constructing questions for future diplomate board examinations, proctoring the examinations, and assisting in the presentation of academic seminars. Dr. Denton received her diplomate from the American Board of Chiropractic Acupuncturists in January 2010. She is in private practice with chiropractic orthopedist Dr. Max L. Denton (1978) in Marion.



Dr. Greg Markley

Dr. Greg Markley (2006) is the owner of Hinsdale (Ill.) Chiropractic Health Care. His practice offers sports medicine and rehabilitation, acupuncture, massage therapy, and nutritional counseling. Dr. Markley was board certified in chiropractic orthopedics in 2009 and is now pursuing coursework toward a master of science degree in advanced clinical practice through NUHS. He is also an adjunct faculty member at Aurora University where he teaches biology.

Dr. Dicie Nathani (2007) of Raleigh, NC, created an 11-video series on how to ease and prevent arthritis pain that can be viewed at ehow.com. Dr. Nathani is a chiropractic physician at the Holistic Vitality Center in

Raleigh. She is also currently pursuing the fellowship from the International Academy of Medical Acupuncture (FIAMA) and the diplomate from the American Clinical Board of Nutrition (DACBN).

Dr. Benjamin Ryan (2002) of New Life Chiropractic and Wellness Center celebrated the five-year anniversary of his practice in Georgetown, Mass., in the fall of 2010. In an article in the *Georgetown Record*, Dr. Ryan said his practice has grown in the past few years from the type of patients treated to the kind of services offered. Services now include massage and nutrition components with the possibility of adding acupuncture as well. Dr. Ryan said his patient base has changed from single individuals to families. "I always wanted to reach out to families," he said, and now treats all ages, from babies to senior citizens. Dr. Ryan and his wife Diane have three children: Charis, 8, Elijah, 5, and Grace, 3.

Dr. Samar Shehaiber (2009) will graduate with a master of jurisprudence degree (MJ) from Loyola University Chicago Law School, Health Law Program, this spring. She is currently completing her thesis, "Religious and Cultural Considerations in Relation to Informed Consent and the Shared Decision Model." Dr. Shehaiber is also a candidate for the Oak Lawn Community High School Board in the April elections. She is a chiropractic physician and certified acupuncturist with Bridgeview Chiropractic Centers in Bridgeview, Ill. and Integrative Health Associates in Romeoville, Ill.

Margaret Thompson-Choi, (MSOM 2009) is the sole proprietor of Choice Acupuncture and Oriental Medicine in Naperville, Ill. A licensed acupuncturist and board-certified diplomate in oriental medicine, her website is <http://www.choiceacu.com/home>.

Dr. Cara VanWormer (2008) of Westmont, Ill., has been a contributor to *The Business Ledger* on employee health issues. Her articles include "Proper nutrition, exercise important while at work," (October 2010) and "Weight loss + exercise = healthy, happy business professional" (January 2011). Dr. VanWormer is a licensed chiropractic physician and certified acupuncturist with Physicians Sports and Injury Center in Westmont.

Dr. Jamie Schantz (1986) of Roswell, Ga., was awarded the Humanitarian of the Year award from the Georgia Chiropractic Association at its fall 2010 conference, the only doctor to have won the award twice. Dr. Schantz, recognized for establishing a volunteer chiropractic position at Mercy System Healthcare and volunteering his time with Flying Doctors of America, was lauded as one who "gives for the sake of giving, serves for the sake of serving, and loves for the sake of loving."



Dr. Jamie Schantz

In Memoriam

Dr. Charles F. Brink (1951), 81, Lake Mills, Wis., died August 30, 2008. After serving in the Army during World War II, he graduated from Lincoln Chiropractic College and maintained a long-standing practice in

Lake Mills until his retirement in 1989. Dr. Brink was a member of the Wisconsin Chiropractic Association and had served as its treasurer for many years. He was also a member of Christ Lutheran Church in Lake Mills, the Lake Mills Rotary Club and served on the Lake Mills City Council.

Dr. Thomas J. DeVito (1985), 57, of Waterbury, Conn., passed away December 27, 2010. He earned a BS in biology from Gettysburg College in 1975, where he was a member of Sigma Chi Fraternity, and also graduated from Quinnipiac University with a master's in industrial hygiene. In 1985, he graduated from National College of Chiropractic and opened his chiropractic office in Waterbury that same year. Dr. DeVito was active in Big Brothers and a member of the Elks Club, taught several courses through Southington Adult Education, and coached various sports teams. He was a passionate boater and avid skier and enjoyed his dogs and wildlife. He is survived by his former wife Debra, mother Evelyn, two children, two sisters, and several nieces and nephews.

Robert Wilson Geldner, ND, DC, (1951), 89, of Apopka, Fla., passed away peacefully on November 12, 2010. He joined the Marine Corps and fought in the Pacific during World War II. After the war, he attended National College of Chiropractic where he earned both chiropractic and naturopathic degrees. He maintained a private practice specializing in natural healing methods in the Orlando area for over 50 years. 'Doc' Geldner was active and respected in sports medicine during his professional life and served as team doctor for many local high school, college, semi-professional, and professional sports teams. He was an avid golfer and lover of all sports, particularly football and baseball. 'Doc' Geldner will be remembered for his professionalism and dedication to his medical practice, his warm hospitality and his great sense of humor. He is survived by two sons, three grandsons and one great-grandson.

Dr. Charles A. Schwab (1953), 76, died December 16, 2006, at the Treasure Coast Hospice Residence in Stuart, Fla. He was a chiropractic physician and internist for 30 years in Port Huron, Mich., and for 12 years in Stuart, and was a member of the Florida Chiropractic Association, the Michigan Chiropractic Association and the American Chiropractic Association. Dr. Schwab was a member of Holy Redeemer Catholic Church in Palm City, the Knights of Columbus Martin County Council, and the St. Lucie River Power Squadron, and a past board member of the YMCA in Stuart. Dr. Schwab is listed in the Port Huron Sports Hall of Fame for community support of team swimming. At the time of his death, he was survived by his wife of 53 years, Frances, three sons, three daughters, five grandchildren, and two foster grandchildren.

Dr. William Gene Scoggins (1991), formerly of Exeter and Visalia, Calif., passed away in Dublin, Ireland, on October 20, 2010, after valiantly battling cancer for two years. He was born in Tulare County, Calif., in 1948 and attended elementary school in Exeter, Redwood High School, the College of the Sequoias in Visalia, and San Francisco State College. He traveled far and wide around the globe and lived in Finland, Russia and the United Kingdom. Dr. Scoggins finally settled in Dublin, Ireland, where he had a successful chiropractic

In Memoriam continues on page 7

At NCMIC, the Dividends Keep Coming ...

15 Years and Counting



www.ncmic.com

14001 University Avenue • Clive • Iowa 50325
We Take Care of Our Own is a registered service mark of NCMIC Group, Inc.
©2011 NCMIC NFL 3168

NCMIC is again offering a premium dividend to our D.C. malpractice policyholders ... for the 15th year in a row.

Though not guaranteed, NCMIC's consecutive track record of offering premium dividends is due to our careful fiscal management, excellent service, focus on chiropractic defense, and our doctors' effective risk management practices.

What's more, NCMIC offers many other benefits you can count on with the NCMIC Malpractice Insurance Plan.

Call 1-800-769-2000, ext. 3133.

In Memoriam continued from page 6

practice. He passed away at St. Francis Hospice in Dublin, Ireland, with his sisters, Brenda Smith of Dallas, Texas, and Beverly Barsamian of Prescott, Ariz., at his side. After an Irish wake, his cremated remains were spread in the Irish sea near his home, and in the mountains of Brazil where he and his beloved fiancée, Dr. Ines Caracante, were to be married.

Dr. Francis P. 'Pat' Tierney, Jr. (1957), 79, of Hummelstown, Pa., formerly of Hershey, died at home on January 27. Pat attended LaSalle University and then served three years in the U.S. Navy Air Division, where he was an accountant. He graduated from National College of Chiropractic in 1957 and practiced chiropractic and holistic medicine for 53 years. He started in Haddonfield, NJ, then moved his office to Hershey and later to his hometown of Hummelstown. He was a former religious education teacher, a Eucharistic Minister, a 4th Degree member of the Knights of Columbus, and a devout member of St. Joan of Arc Roman Catholic Church in Hershey. He is survived by his wife Ruth Marie of 53 years, two daughters, four sons, 13 grandchildren, and eight great-grandchildren. Memorial contributions may be made to the Heart of the Parish Fund, c/o St. Joan of Arc Church, 359 W. Areba Ave., Hershey, PA 17033.

Dr. James E. Warner (1950), 84, of Mechanicsburg, Pa., passed away on March 3. He was a 1944 graduate of Derry Township High School in Yeagertown, Pa., where he was an outstanding athlete. Upon graduating from high school, he attended York College, then Roosevelt College in Chicago, and then graduated from National College of Chiropractic. Dr. Warner was loved and respected

for his 50 years of dedication to the chiropractic profession and the many patients he served. He also served in the Army Air Force during WWII. Dr. Warner is survived by his wife Martha, two sons, a foster daughter, a sister and brother, and eight grandchildren. He was a faithful member of Bible Baptist Church where memorial contributions may be made at 201 West Main St., Shiremanstown PA 17011.

KUDOS

National University of Health Sciences sincerely appreciates the following alumni who have referred students. Thank You!

Spring 2011

Dr. Ed Bifulco	1987	Illinois
Dr. James Farmer	1989	Michigan
Dr. Holly Furlong	2008	Florida
Dr. Joshua Hover	2008	Illinois
Dr. Gerard Jansen	1980	Indiana
Dr. Ericka Mennerick	2005	Illinois
Dr. Reena Pathak	2009	Canada
Dr. Andrew Schafer	1998	Michigan
Dr. Dean Smith	1997	Ohio
Dr. Frank Strehl	1980	Illinois

Thanks also to the many unknown National alumni who have referred students to their alma mater.

Do you have a story?

We know there are many of you who have interesting stories about your days at National. Whether they are "family" stories like that of the Deschamps on page 3, vivid memories of faculty or fellow students or memorable events, we'd love to share those stories with your fellow alumni. We're also interested in news from our ND and AOM graduates and our massage therapists about your lives after National.

Tell us your story by emailing Marie Olbrysh at molbrysh@nuhs.edu.

Alumni Services

As an alumni of National University, you can take advantage of a number of networking and professional services on the NUHS website at <http://wiki.nuhs.edu/groups/nuhsprofopps>.

If you are looking to hire an associate, list equipment for sale or sell your practice, National offers an advertisement service in which to list those professional opportunities. The ad fee is \$15 for 90 days and includes a total of three pictures.

If you are interested or would like more information, please contact Erica Cano at ecano@nuhs.edu or 630-889-6702.