



**Alumni News Continued**

issues. Ms. Patterson is also on the NUHS Massage Therapy faculty, and is currently featured in National's online newsletter, Touchpoints, on the NUHS website, www.nuhs.edu.

\* **Dr. Edie Spence** (2000) of Murphy, N.C., is married to Charlie and keeps busy raising two children, Josie, 9, and Noah, 7. Her hobbies include hiking, biking and camping. Her favorite memory of National is the spacious apartments on campus.

**Margaret Thompson-Choi, LAc, MSOM**, (2009) of Lombard, Ill., recently affiliated with the Reflections of Health Integrative Care Center in Chicago. Since graduating from National, Margaret completed postgraduate training at Kyunghee University Medical Center, a 300-bed, fully integrated eastern and western medicine hospital in Seoul, South Korea.

**In Memoriam**

**Lorena Mason Aiken**, wife of Dr. Phil L. Aiken (1949) of Santa Rosa, Calif., died peacefully on July 28 after suffering more than a decade with Alzheimer's Dementia. Formerly of Provo and Orem, Utah, Mrs. Aiken was the loving companion and wife of Phil for over 59 years, and served as his office manager during their 50 years of solo chiropractic practice.

**Dr. Daniel Reese Delaney** of Fort Walton Beach, Fla., died July 11. He served in the Marine Corps in the Pacific during WWII, then attended Lincoln College of Chiropractic in Indianapolis, where he met and married his wife Elizabeth. After graduating in 1950, he returned to Florida and practiced chiropractic for

many years in Crestview and Fort Walton Beach. He is survived by Elizabeth, his wife of 62 years, five daughters, four grandchildren, and one great-grandchild.

**Dr. John G. Hansen** (1950) of Oconto, Wis., died April 26. After graduation from National, Dr. Hansen practiced in Oconto Falls, Wawatosa and Milwaukee until his retirement in 1988 after 37 years in practice. His hobbies included boating, fishing, camping, hunting, target shooting, and flying his Piper Arrow. He was preceded in death by his wife of 45 years, Marianne, and is survived by three sons, two grandsons, and numerous nephews and cousins.

**Dr. Robert M. 'Bob' Hodel** (1967) died August 3, 2008, in Fort Lauderdale, Fla., after a long and very difficult illness. Bob served in the Marine Corps during the Korean War, after which he married Ethel, his wife of over 46 years. He attended college at night on the G.I. Bill, and after graduating with honors, moved his family to Fort Lauderdale in 1969. Dr. Bob was a well-known "soft touch" and never turned away anyone who was unable to pay. He is survived by a daughter, two sons and an "adopted" son.

**Dr. Jon Houser** (1956) of Park Forest, Ill., previously of Monee, Ill., died July 3. An Air Force veteran of the Korean War, Jon graduated from Purdue University. He continued his education at Lincoln Chiropractic College, serving his externship at Spears Chiropractic Hospital in Denver, Colo. Dr. Houser owned private practices in both Harvey and Oak Forest, Ill., and retired in 2004. He was past president of the Chicago Chiropractic Society (1971-1973), LCC Alumni Association (1965-1966) and NCC Alumni

Association (1983-1988). He is survived by his wife Donna, five children and seven grandchildren.

**Dr. John J. Kelly** (1949) of Plymouth Meeting, Pa., died June 28. He was a WWII veteran, and a graduate of Temple University and The National College of Chiropractic. He was a retired chemical salesman for Olin Matheson Chemical Co. and a former private practice chiropractic physician. He is survived by Anne, his wife of 61 years, four children, 11 grandchildren, and six great-grandchildren.

**Dr. Harry E. Mauk** (1951) of Marion, Ohio, passed away July 24. He served in the Navy from 1942 to 1946. Dr. Mauk practiced in Marion from 1951 until his retirement in 1993. He was joined in practice by his two sons, Dr. Gary in 1973 and Dr. David in 1981. Dr. Mauk was very active in various state and national professional associations. Dr. Mauk leaves behind his wife of 64 years, Norma, four children, 14 grandchildren, 7 great-grandchildren, and one great-great-grandchild.

**Dr. Andrew Michalowski** (1996) of Berwyn, Ill., died April 26. He is survived by his parents, Benedict and Sylvia, five brothers and sisters, and six nieces and nephews.

**Dr. Lothar Nafziger** (1963) of Aachen, Germany, passed away May 2. He initially practiced in Switzerland before returning to Germany to open his office in Aachen. He was a founding member of the German Chiropractors' Association and one of the founders of the European Council on Chiropractic Education (ECCE), which he served as treasurer and secretary. His wife Christa died in 2009.

**ALUMNUS**

THE NEWSLETTER FOR NUHS ALUMNI  
Volume 46, Number 2 • 2010

*The State of the University...  
Keeping Up, Moving Forward, Looking Ahead*

National University is keeping up, moving forward and looking ahead even in the face of the economic distress in the nation, the sluggish enrollment of chiropractic institutions and the static movement of the chiropractic profession.

In his State of the University address at Homecoming 2010, President Winterstein lamented the state of Illinois' budgetary woes, which has stopped funding of a Health Service Institution grant that has brought National in excess of \$20 million over the years.

He pointed to the decline in chiropractic school enrollment, "a trend that is going down and staying there." As to the profession, he said chiropractic physicians only handle 8% of the population, a percentage that has stayed the same for a long period of time. "That is not an indication of a growing profession. We as a profession better start addressing what is going on. At this point in time, we aren't doing that. We need to grab some things we aren't grabbing onto now," he stated. "Naturopathic medicine is moving forward, oriental medicine is moving, massage is moving. Will the chiropractic profession move into the future or begin the process of entropy? Stand still or move backward?"

National, with its emphasis on broad scope primary care physicians and integrative medicine is "THE point for progress," the president said. "We need to be proud of that."

What factors keep National on the point for progress?  
**Enrollment:** Of the 18 DC programs in the U.S., eight

are down, the average increase is 2.3%, and NUHS is up 12.73% for the third year in a row.

**Accreditation:** NUHS has full accreditation from the Higher Learning Commission of the North Central Association of Colleges and Schools for all of its programs until the next site visit in 2015.

The Council on Chiropractic Education (CCE) visited in Fall 2009 and reaffirmed the accreditation of the DC program, beginning the next eight-year accreditation cycle. While the University was asked to address several functions within the clinic system, NUHS was commended for its attractive campus, innovative curricular design, effective admission process, service to community, and variety of clinical experiences, research efforts, and the Training and Assessment Center.

CCE's accreditation of the Florida DC program will be determined in July 2011 following submission of a comprehensive self-study on the Florida program and a site visit in Spring 2011.

Both the naturopathic medicine and acupuncture and oriental medicine programs are moving forward from candidacy status to accreditation, said the president, "and we will have full accreditation, I am confident."

**Fund Raising:** Recently, Ms. Tracy McHugh worked with Charlie DuBois, the head of Standard Process Inc., on a Memorandum of Understanding by which the food supplement manufacturer has pledged a

donation of \$500,000 to the University payable over the next five years for significant upgrading of campus laboratories. The first lab under renovation is the biochemistry lab, which will be finished in time for the September class.

"Next will be the anatomy lab, which has to be stripped out completely, and moved into a portable unit. It's not going to be easy," said the president. "The renovated lab will include a wall down the middle with television screens to project manuals, touch-screen, and downdraft tables like we have in Florida. All very modern."

**Facilities:** The Alumni Association project for Fall 2009 funded new flooring in the main hall of Janse, the beginning of a total renovation of the space. Lockers will be removed and replaced with paneling, and down the line, the ceiling will be domed and accommodate new lighting. The Fall 2010 alumni project is dedicated to support of the Florida program.

Numerous other improvements took place across campus in the last year including the repaving of National Way (the Highland entrance to campus), sidewalk installation on Stewart Avenue, new roofs on the clinic and president's home, a new air conditioning unit in Janse Hall, and completion of a naturopathic medicine therapy laboratory in the main clinic. Demolition is also planned this summer for two University-owned houses adjoining campus.

*Inside Alumnus*



**Bringing Knowledge 'Home'**

President James Winterstein reflects on the value of his early diagnostic training.

Page 2



**Guess Who Is 100 Years Young!**

Send birthday greetings to one of chiropractic's most beloved members.

Page 3



**Homecoming Happenings Highlighted**

Enjoy the candid photos of Homecoming 2010 — the events, speakers and awards.

Page 4 - 5



**Catch Up With Your Fellow Classmates**

Read the latest news about your classmates, particularly from the reunion years.

Pages 6 - 8

**Homecoming 2011**

**Theme:** Celebrating 105 years of Leadership!

**Date:** Thursday, June 9 - Sunday, June 12

**Place:** DoubleTree Hotel Chicago-Oak Brook  
1909 Spring Road  
Oak Brook, IL 60523

**Reunion Classes:** 1951, 1956, 1961, 1966, 1971, 1976, 1981, 1986, 1991, 1996, 2001, 2006



# Bringing It Home or Aneurysms “R” Us!

By James F. Winterstein, DC  
NUHS President

Well, I hope that title makes you wonder just what in the heck he is thinking! Well, a lot has happened since the last issue and one of the most important was our homecoming event.

As usual we had some outstanding educational opportunities in addition to some wonderful “time together.” We had fun and we renewed our friendships and recognized people for their outstanding contributions to our professions and our institution. It was simply “very good!”

But, what does all that have to do with the title? Well, one of the reasons we come home is to learn more. This is where it all began for us as chiropractic and naturopathic physicians or massage therapists or oriental medicine practitioners. So it is natural that we are the kind of people who want to continue to learn, and home is a very good place to do that, because what we learn here is “good for life” – ours as well as the lives of our patients.

You all know I am constantly promoting the chiropractic physician as a primary care provider. I do this for several reasons. First, it is the history of this fine institution. Secondly, it is required by the Council on Chiropractic Education Standards, and thirdly, it is what is needed by and what is good for our patients.

Now here comes the “Aneurysms ‘R’ Us,” part. You and I were taught by dedicated faculty members. My diagnosis instructor was Dr. Richard Shelby and he was outstanding by virtue of bootstrapping his own education. He was a DC and he was excellent. He taught me that when we evaluate a patient, we do NOT evaluate a part of the patient because all parts are integrated. He taught me that one of the main problems, even 45 years ago, with allopathic

medicine, was that they looked at “parts of patients,” thus often missing the real issue. I paid attention and throughout my active practice years, I remembered the lessons taught by Dr. Shelby. He was the best!

I’m actually not quite to the “aneurysm part” but will get there. So now 45 years after learning from Dr. Shelby, a 39-year-old man who is a friend of my son came to see me with “back pain.” To me he was a person, not a “back.” Because of that realization, when I evaluated him, I looked at him “as a whole.” His back pain was actually thoraco-lumbar and tended to radiate around the torso but was not easily provoked.

I knew this young man’s history as a martial artist. In fact, in our mutual classes in Jeet Kune Do, we often sparred. He was fit and strong but he often “hurt himself.” He had a tendency to hypochondria and that entered into my thinking this time, too. I did treat him the first time using soft tissue work — to no avail. On the second visit, he revealed that he was losing sleep because of the pain. “Losing sleep?” Shelby is now in the background saying, “If the pain awakens the patient think of pathology.” I asked him to get some spinal films, which he did and he brought them to me. I knew immediately upon viewing them. This young man had multiple myeloma! Back pain? Sure, but why? He is not “a back” but a person. Naturally he was referred and this next Sunday he will be ordained. Will he have a long life? We don’t know, but he is alive and he is grateful. I, as he so often said, am his “primary,” just as we were taught so long ago and are still being taught today.

Now, finally, on to the aneurysm part! Earlier this year, back in February or so, I think, I was having some left lower quadrant ache. This went on for a week or so before I finally got to thinking about it. We tend not to be good patients, you know. However, I decided to lie down and palpate my abdomen just as Dick Shelby had taught us. Sure enough, I could elicit plenty of pain down in the iliac fossa, which was bowel (a little diverticulitis no doubt), but lurking there just medial to the anterior superior iliac spine was a pulsatile mass, like an unwanted vermin, and my fingers knew for certain that I was facing a significant health issue.

The next morning, I went to the clinic and sure enough, abdominal films revealed an abdominal aortic aneurysm, just under 5 cm in diameter. As many of you may recall, I taught radiology all over the country and on this particular pathology, I could hear myself say, “If the aneurysm is 5 cm or more, the patient’s prognosis for life is about 5 to 10 years, if there is no intervention.”

What? I have 5 to 10 years to live? Oh, that is a sudden realization that one does not want to face, and yet, there it was. I consulted a vascular surgeon who, of course, gave me the perfect segue when he asked, “Who told you that you have an aneurysm?” Perfect! Well doctor, I too am a physician — a chiropractic physician — and I found this aneurysm and now I have found you. He said “Would you

please lie down here on the exam table,” which I did, and he palpated. He said, “Boy, I am amazed that you could palpate this!”

Well, from then forward, we were colleagues and I must say that I was treated as one. On July 17th, my aneurysm was resected and repaired with a synthetic tube that extends from the sub-renal artery position down into the iliac vessels. Six days later, I was back in the office for a half day of work and while I will continue to take some time off occasionally, fundamentally all is well again.

Now, bringing it all home. I simply did what I was taught to do. I functioned as a physician. I don’t know about you, but I always palpate all bellies of patients as a routine. Therein one may find many pitfalls, hints and clues, but only if we look. I also remembered that my father had the same pathology, so I contacted my two brothers. One has had his ultrasound and has the same aneurysm I had. The other is awaiting findings. These are things we, as chiropractic physicians, know because these are things we were taught and are being taught by our faculty. These are things that make us primary care. These are things that our patients need from us, but they benefit by them ONLY when we function as physicians, not “back cracking” technicians!

So, my friends and colleagues, when homecoming rolls around next year, let us not miss the opportunity to refine our knowledge, add to our knowledge and strengthen ourselves as physicians of a special kind, whether chiropractic or naturopathic or as other health practitioners. The people of this world need what we have to offer!

## Grateful Patient Donates \$1 Million

National University recently received a \$1 million bequest from the estate of a grateful patient of National graduate Dr. E. P. Lockwood, who practices chiropractic medicine in Cass City, Michigan.

While a patient of Dr. Lockwood, Mr. James Farley, who passed away in 2008, expressed his desire to leave a portion of his estate to a worthy cause. Immediately thinking of his alma mater, Dr. Lockwood notified Ms. Tracy McHugh, National’s Vice President for Administrative Services, who contacted Mr. Farley in hopes that he might be a potential contributor to the university. After Ms. McHugh spoke with Mr. Farley and explained National’s important mission in health care, Mr. Farley expressed his decision to name National University of Health Sciences as the sole recipient of his estate.

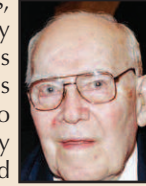
“Mr. James Farley’s substantial donation provides a legacy whereby our university can continue to produce future physicians who can go on to help and heal others,” said President James Winterstein. “I am very grateful to Dr. Lockwood for making this referral, to Mr. Farley for his generosity and to Ms. McHugh for successfully conveying to Mr. Farley the value of National University as an appropriate recipient of his financial legacy. I am honored that our university was remembered in this way.”

# Alumni News

(The Alumni News items designated with an asterisk were collected from responses to the 2010 Homecoming Reunion Directory Questionnaire.)

## 1940s

**Dr. Chester Stowell** (LI-1948) of Fishers, Indiana, celebrated his 100th birthday on August 13. To honor him on this memorable occasion, his family is asking friends and former colleagues to send cards, letters and celebratory greetings to the former Lincoln and National faculty member. He would particularly enjoy photos along with the greetings as he likes to put faces to his messages. Good wishes may be sent to: Chester Stowell, 13125 S. Elster Way, Fishers, IN 46037.



**Dr. Roland Elliott** (1949) of Brighton Township, Pa., earned a small feature in the *Beaver County (Pa.) Times* newspaper when, at age 92, he finally landed an elusive hole-in-one on his favorite golf course. Every Tuesday, Dr. Elliott leads a group onto the Beaver Creek Meadows Golf Course in Lisbon, Ohio, to play 18 holes. He had pegged the No. 16 hole, a 145-yard par 3 with a pesky sand trap, as the one hole where one of his group might possibly make a hole-in-one. On July 20, Dr. Elliott finally did it with a 5-wood that sent the ball careening through the sand trap, onto the green and into the hole. Dr. Elliott has been playing golf since his teens because he just loves the game, and since retiring from his South Heights practice 22 years ago, he has used golf as one way of staying active.

## 1950s

\* **Chester F. Battersby, DC, ND** (1950) of Erie, Pa., says his fondest memory of NCC occurred every hot summer day at the Old National. “Dr. Janse would catch me coming down the big staircase and he would eyeball me and say, ‘Battersby, where are you going with that blanket?’ And I would say, ‘Sir, I cannot tell a lie. I am going to the beach to study anatomy!’ ”

\* **Dr. Wilbur H. ‘Bud’ Kotcher** (1955) of Sturgis, Mich., writes that he is still practicing at 84, but plans to retire this year and advertise his practice and office building for sale. His memories of National include the friendships he made playing football and softball with Delta Tau Alpha, enjoying beer, pizza and dancing at the Princess Tavern, and the five-flight climb after class to the fifth floor “Monk’s Row,” the floor designated for bachelors.

\* **Dr. Roland E. Riley** (1950) of Annapolis, Md., fondly recalls lectures by Dr. Janse, having a successful 48 years of practice, and meeting many interesting and famous people.

\* **Dr. William E. Waln** (Lincoln 1955) of Winfield, Ill., cites becoming friends with Chester Stowell and John Fiore at Lincoln Chiropractic College, and interviewing for employment at National with Joe Janse as his best memories of the two colleges. Former dean of National’s postgraduate school and now retired, Dr. Waln and his wife Donna, an RN, made their fourth visit to Vietnam in July with the Vets with a Mission medical team. He describes the mission as an “exceptionally rewarding experience.”

## 1960s

\* **Dr. Bruce Reed Pullen** (1960) of Elgin, Ill., has several fond memories of National including working in the library, but his most memorable activity was “dissection and cleaning skeletons for bones.” Now retired, his most rewarding experience since graduation has been his ordination and ministry with the American Baptist Church.

\* **Dr. Michael J. Riley** (1960) of Carson City, Nev., was unable to attend Homecoming because he was in the middle of a month-long vacation hiking in Alaska. He is still in active practice and says, “It’s been a great life and I have never tired of going to the office every morning.”

\* **Dr. Douglas H. Rosekrans** (Lincoln 1960) of Canastota, N.Y., fondly remembers his first class at Lincoln with Dr. Chester Stowell in 1955. He is now retired, but partnered with his wife Dr. Dorothy Rosekrans from 1960 until her death in 1986. Dr. Rosekrans was commissioned and now retired as a Lieutenant Commander, USCGR. His hobbies include volunteering with the Lions, working with the blind and visually impaired for 50 years, and teaching driver safety classes as a volunteer for AARP. He welcomes hearing from classmates but doesn’t have a computer.

\* **Dr. Roger E. Schlade** (Lincoln 1965) of Swanton, Ohio, recalls the honor and privilege of serving on National’s Board of Trustees during the transition to NUHS and during the year his son graduated from

Alumni News Continued on Page 6

# Alumnus

THE NEWSLETTER FOR NUHS ALUMNI

ALUMNUS is published by the Office of Communications at National University of Health Sciences, 200 East Roosevelt Road, Lombard, Illinois 60148-4583.

## PUBLISHER

James F. Winterstein, DC  
President

## EDITORIAL STAFF

Marie Olbrish  
Associate Editor  
Tracy Litsey  
Public Relations Specialist  
Robert Hansen  
Graphic Designer  
Victoria Sweeney  
Director of Communications

## STATEMENT OF POLICY

Neither the editor nor National University of Health Sciences are to be held liable or responsible for statements or opinions expressed herein. Material contained in this publication should not be reproduced in any form without written consent from the editor.

© August 2010 National University of Health Sciences 8M/08-10

# Be Confident Your Nutritional Protocols are This Complete

Nutrients within foods work synergistically to support the complexity of the body.

Over 200 Known Nutrients and Phytonutrients are Found in Carrot Root, Just One of the 15 Whole Food Ingredients in Catalyn



BENZENE	BIPHENYL	ETHYLAMINE	INDOLENIC ACID	PALMITIC ACID	TERPENE
BETA-CAROTENE	BORNOL	ETHYL-METHYL-AMINE	LINOLENIC ACID	PALMITOLEIC ACID	TETRADECENIC ACID
BETA-CAROTENE	BORNYL-ACETATE	FALCARINDIOL	LITHIUM	PANTOTHENIC ACID	THIAMIN (B1)
BETA-CAROTENE	BROMINE	FALCARINOL	LIPEOL	PECTIN	THREONINE
BETA-CAROTENE	BROMOXY-MELLEN	FAT	LUTEIN	PECTINESTERASE	TIN
BETA-CAROTENE	DEHYDROXY-MELLEN	FERULIC ACID	LUTEOLIN-7-O-BETA-GLUCOSIDE	PEROXIDASE	TITANIUM
BETA-CAROTENE	ETHYLAMINE	FIBER	LYCOPENE	PHENYLALANINEPHOSPHATASE	TOLUIDINE
BETA-CAROTENE	ETHYLAMINE	FOLATE	LYSINE	FRUCTOKINASE	TRANS-GAMMA-BISBOLENE
BETA-CAROTENE	ETHYLAMINE	FOLATE	MAGNESIUM	PHOSPHORUS	TRYPTOPHAN
BETA-CAROTENE	ETHYLAMINE	FRUCTOSE	MALIC ACID	POTASSIUM	TYROSINE
BETA-CAROTENE	ETHYLAMINE	FUMARIC ACID	MALTOSE	PHYTOFLUENE	URONIC ACID
BETA-CAROTENE	ETHYLAMINE	GALACTOSE	MALVIDIN-3,5-DIGLUCOSIDE	PHYTOSTEROLS	VALINE
BETA-CAROTENE	ETHYLAMINE	GAMMA-BISBOLENE	MANGANESE	POTASSIUM	VITAMIN A
BETA-CAROTENE	ETHYLAMINE	GAMMA-CAROTENE	MANGANESE	PROBIOTIC	VITAMIN C
BETA-CAROTENE	ETHYLAMINE	GAMMA-DECALACTONE	METHYLOXY		
BETA-CAROTENE	ETHYLAMINE	GAMMA-MULBOLLENE	METHYLAMINE		
BETA-CAROTENE	ETHYLAMINE	GAMMA-TERPENE	MEVALONIC ACID		
BETA-CAROTENE	ETHYLAMINE	GERANIOL	MOLYBDENUM		
BETA-CAROTENE	ETHYLAMINE	GLUTAMIC ACID	MUFA		
BETA-CAROTENE	ETHYLAMINE	GLUTAMINE	MYRISTIC ACID		
BETA-CAROTENE	ETHYLAMINE	GLYCINE	MYRISTIC ACID		

Visit [standardprocess.com/wholefoods](http://standardprocess.com/wholefoods) or call 800-558-8740 and ask for our Why Whole Food Supplements Kit.

Whole Food Supplements Since 1929  
[www.standardprocess.com](http://www.standardprocess.com)



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

©2010 Standard Process Inc. All rights reserved.



# Homecoming Highlights 2010

**1.** Welcoming alumni to Homecoming 2010 with warm and friendly smiles were Administrative Secretary Lynn Nelson and Director of Alumni and Development Shawna McDonough.

**2.** Popular speaker, Dr. David Seaman, discussed "A Primary Care Dilemma: The Systemic Effects of Musculoskeletal Dysfunction and Nutritional Considerations" on Friday.

**3.** Dr. David Barnes led an informative presentation on the topic of "Vitamin D" at Saturday morning's session.

**4.** "Resolving Ethical Dilemmas Through Reflective Practice" was Dr. Vincent DeBono's subject on Saturday morning.

**5.** Ms. Kay Peterson conducted a day-long "Gaia's Touch Hot Stone Massage Workshop" on Saturday.

**6.** Dr. David Parish, Dean of Clinics, demonstrates proper taping procedures at the KT workshop.

**7.** Participants in the Kinesio Taping Workshop on Sunday with Dr. Vincent DeBono and Dr. David Parish took time out to pose for a photo before their session.

**8.** Dr. Frank Yurasek, assistant dean of the Acupuncture and Oriental Medicine Program, tackled the subject of Chinese Medicine with his discussion of "Myth or Miracle" on Saturday afternoon. Other Homecoming speakers included Mr. Todd Winegar on risk management and Mr. Stanley Greenfield on the changing rules of money.

**9.** At Friday's Alumni Association/Reunion Luncheon, several individuals were recognized with Presidential Citations for their contributions to the University and the profession. President James Winterstein recognized Dr. Randy Swenson, dean of the College of Allied Health Sciences, for 32 years of service.

**10.** Honored for 29 years of service to the University was Dr. Robert Shiel, chair of the Department of Clinical Sciences.

**11.** Ms. Joyce Whitehead, chair of the Learning Resource Center, earned recognition for her 27 years with the University.

**12.** Credited for 26 years of service to the University was Dr. Robert Humphreys, professor of clinical sciences.

**13.** Dr. Donald Owens (NA '92) was also recognized by the President for his work with the U.S. Department of Veterans Affairs at the VA Illiana Health Care System in Danville, where he treats veterans and also provides rotations for NUHS interns.

**14.** Another individual honored at the Friday luncheon for his involvement with the Department of Veterans Affairs was Dr. Anthony Lisi, the first staff chiropractor appointed to the VA Connecticut Health Care System, where he is now chief of chiropractic services.

**15.** President Winterstein also presented Dr. Frank Strehl (NA '80) with the President's Medallion, an award given to distinguished individuals who have made multiple contributions to chiropractic for a period of at least 30 years. Dr. Strehl is an NUHS faculty member, honorary chair of the President's Alumni Advisory Council and an American Chiropractic Association (ACA) delegate.

**16.** Honored as Alumnus of the Year was Dr. John Gentile (LI '71), immediate past president of the ACA, for his tireless work during his tenure, particularly for leading the ACA to undertake important campaigns to affect national health care reform on behalf of the chiropractic profession.

**17.** Friday night's activities included three social activities: the Exhibitor's Reception, PCI/Senior Steward Reception and an Alumni Pizza Bash. Pictured at the Exhibitor's Reception are (l-r) Dr. Richard Fay, a member of the President's Alumni Advisory Council, Cynthia Winterstein and President Winterstein, and Dr. Richard Dietzen, chairman of the NUHS Board of Trustees.

**18. & 19.** Alumni gather 'round to renew old friendships at the PCI/Senior Stewards Reception.

**20.** The PCI/Senior Stewards Reception was sponsored by China-Gel.

**21.** NUHS students had the opportunity to socialize with alumni at the Pizza Bash. Students are pictured with Dr. John DeMatte, IV (NA '96), a member of the President's Alumni Advisory Council.

**22.** LiteCure Lasers for Life sponsored the Friday Pizza Bash.

**23.** At Saturday's State of the University luncheon, President Winterstein updated alumni on the past, present and future of National University.

**24.** President Winterstein receives a check for \$100,000 from Dr. David Barnes of Standard Process, part of the company's \$500,000 commitment to National over the next five years, which will be used to assist in the refurbishing of University laboratories.

**25. & 26.** National DC and MT students provided on-site clinic facilities for the convenience of Homecoming attendees.

**27.** Admissions Alumni Ambassador Mel Collins welcomed dear friends like Dr. David Pems back for Homecoming.

**28.** Radiology gurus Joseph Howe, William Bogar and Terry Yochum catch up on old times.

**29.** NUHS members of the Student American Chiropractic Association created a display for Homecoming attendees to showcase their activities.

**30.** Checking in with each other are NUHS VPs (l-r) Dr. Vincent DeBono (academics), Michaelene and Ron Mensching (business) and Ms. Tracy McHugh (administrative).



**31.** Cocktails before Saturday's closing banquet brought three deans together: Dr. Theodore Johnson, assistant dean of Chiropractic Medicine, Dr. Nicholas Trongale, dean of the College of Professional Studies-Illinois, and Dr. Joseph Stiefel, dean of the College of Professional Studies-Florida.

**32.** Dr. Patricia Coe, director of the Massage Therapy Clinic, takes time for a chat with Dr. Fraser Smith, assistant dean of the Naturopathic Medicine Program, and his wife.

**34.** Ms. Marge Neely, the Audie Klinglers, and Mrs. Betty Roberts catch up on old times over cocktails.



**35.** Mrs. Pam Felton represented her father, the late Dr. Gordon Holman, at the announcement of his installation into the National University Hall of Honor.

**36.** Also named to the National University Hall of Honor was Dr. Terry Yochum, who, after the awarding of his honor, presented his wife Inge with a plaque of appreciation for all her love and support for his many efforts throughout the years.

**32.** Dr. Keith Charlton made it all the way from Queensland, Australia, for his 35-year class reunion.

**37.** At the closing banquet, Dr. Claire Johnson, editor-in-chief, and Dr. Bart Green, associate editor, were each honored with a Distinguished Service Award for their dedication to enhancing the status of National's three scientific journals.

**38.** The banquet closed with musical entertainment and dancing to the music of the Fabulous Frank and Dave, assisted by Dr. Shellee Handley and Dr. Patricia Coe.

**39.** Alumni, faculty, staff, and students take to the floor for a rockin' good finale.

**40.** The Wintersteins close out the festive Homecoming event with a slow dance.

## Thanks to All Our Sponsors and Vendors!

National University of Health Sciences would like to offer a special thank you to those sponsors and vendors who so generously supported our 2010 Homecoming and helped make the event a great success.

**SPONSORS:** Biotics Research Corp. • China Gel • LiteCure • NCMIC • RPS Imaging

### VENDORS:

- |                               |                               |                                      |
|-------------------------------|-------------------------------|--------------------------------------|
| Anabolic Laboratories         | JC Health Supplements         | NUHS-SACA                            |
| Biotics Research              | Laura Amendala Wellness       | OUM                                  |
| China-Gel                     | LiteCure                      | Performance Health                   |
| Douglas Laboratories          | Med-Wise Billing Solutions    | Priority One Nutritional Supplements |
| Dynatronics Corporation       | Multi Radiance Medical        | Protocol For Life Balance            |
| Enzyme Research Products      | National Chiropractic Council | RPS Imaging                          |
| Foot Levelers                 | NCMIC                         | Scrip Hesso                          |
| Illinois Chiropractic Society | NUHS: Admissions, Bookstore   | Serola Biomechanics                  |
| Integrated Health Care        | NUHS: Radiology, Research     | Standard Process                     |

National, and also serving as chair of the President's Cabinet Internationale. His most rewarding experience was enjoying "a successful practice beyond all expectations," including serving as the first director of chiropractic services (1990) at Parkview Hospital in Toledo and helping thousands of patients regain good health. In his spare time, he enjoys spending time with his wife and best friend of almost 44 years, Ruth Ann, their three children and eight grandchildren.

\* **Dr. Roy H. Schmitt** (1965) of Valencia, Pa., will never forget all his friends in school, but his fondest memory of National is 20 North Ashland and George. Still in practice, he spends his spare time fishing, motorcycle riding and hunting.

**1970s**

\* **Dr. Randy Fearing's** National memories include Dr. Christianson's pathology test and Dr. Janse's "moxie" speech. The 1975 grad is still practicing in Gainesville, Fla., but spends his spare time restoring antique cars — '23 T, '47 Plymouth, '55 Chevy, '67 Camaro, '69 Chevelle, and an '82 Civic.

\* **Dr. Elroy 'Bud' Glanzer** (1975) of Naples, Fla., remembers painting the entire school for free with Dr. Dave Dutton and Dr. Ron Sigler, and driving out of the driveway after graduation knowing he "made it!" His most rewarding experience since graduation is having two sons, Barry and Mark, become sixth generation chiropractors.

**Anthony W. Hamm, DC, FACO** (1979) of Goldsboro, N.C., has been recognized by the Back Pain Recognition Program (BPRP) of the National Committee for Quality Assurance (NCQA) for providing superior service to his patients suffering from low back pain. NCQA's Back Pain Recognition Program was designed to improve the quality of care to those experiencing low back pain and motivate physicians to document and improve their delivery of spine care.

\* **Dr. Craig L. Jordan** (1975) of Muskego, Wis., is president of Jordan Chiropractic Clinic in West Allis, Wis., soon to be called the Greater Milwaukee Chiropractic Pain & Injury Center. His most rewarding experience since graduation has been serving as chiropractor for the Milwaukee Bucks (1986-1994) and Toronto Blue Jays (1993-98), and treating other Olympic baseball and professional athletes, including many baseball Hall of Famers. In his spare time, Dr. Jordan donates his services to inner city youth, providing them with their first chiropractic care to treat their injuries and other ailments. He also enjoys whitewater rafting and kayaking, gardening, downhill skiing, camping, and holds a 3rd degree black belt in Tae Kwon Do and Karate.

**1980s**

\* **Dr. Karl C. Boone** (1980) of Buckhannon, W. Va., recalls the spontaneous lectures and motivational speeches by Dr. Joseph Janse, intense flag football intramurals, and the smell of the anatomy cadaver labs. His most rewarding experience since graduation was participating in a short-term mission to Honduras with the Christian Chiropractic Association.

\* **Dr. Lemuel P. Byrd Jr.** (1980) of Charlotte, N.C., says his fondest memories of National include being taught by so many stimulating teacher/doctors, and enjoying great fellowship with the other students. He is grateful for continuously being able to help people, "often when they have not found help otherwise."

\* **Dr. Joseph R. Calcagno** (1980) is the owner of the Lower Valley Chiropractic and Rehabilitation Center

in Springdale, Pa. He says he enjoyed everything about National. "What an experience on campus and off!" In his free time, Dr. Calcagno enjoys the three rivers of Pittsburgh, boating, skiing, and get-togethers with family and friends.

\* **Dr. John Casalino** (1985) is practicing in Phoenix, Ariz.

\* **Dr. Kenneth Dougherty** (1980) of New Smyrna Beach, Fla., has been retired since 2007 after spending 27 years in the same town and 25 years in the same office. He is enjoying golf, travel and helping the profession on a volunteer basis. "Exam today in Ms. Zasadny's class at 2:00. Did you study?" is a fond National memory, along with 1st Tri anatomy, the Oasis, basketball in the new Student Center, the fraternity, and many great friendships.

\* **Dr. Neil L. Elliott** (1980) remembers pink slips, Mrs. H. in the bookstore, JJ, and meeting his wife, Nancy Porter (also a 30-year grad). A resident of Glenview, Ill., he has a practice in Park Ridge, and enjoys golf and dog training in his free time.

\* **Dr. Glenn Scott Eigenmann** (1985) of Montville, N.J., hopes everyone has enjoyed their practice and life as much as he has and can continue as long as possible. His fondest memories of National are the adventures of the rugby team, living at International Village with Stephen, Fred and Dog, and all the professors and staff. He enjoys fishing and vacationing at the Jersey Shore, coaching girl's fastpitch softball, and being with his wife Meg and children Slade (18) and Brenna (16).

\* **Dr. Carl F. Geipel** (1985) of Joliet, Ill., owns Geipel Chiropractic in Bolingbrook and says, "I am rewarded every week being able to help patients that are at such a place that they are here as a last resort." His memories of National on the "fun side" were the Friday night white lab coat parties. On the intellectual side, he enjoyed conversations with Drs. Janse, Ransom, Tasharski, and Bachop, to name a few.

\* **Dr. David M. Geise** (1985) of Coldwater, Ohio, owns a solo practice in Celina, Ohio, and spends his spare time golfing, fishing, woodworking, coaching softball and baseball, and playing with his grandsons. His National memories include Hell Week, Chiro Olympics and Octoberfest. He would also like to reconnect with Tom Kretz, Scott Olney, Kevin Dougherty, Colleen "Buck," Paul Lyons, Jamie Lambert, etc.

\* **Dr. Susan Groetz** (1985) and **Dr. William Groetz** (1985) of Chittenango, N.Y., fondly remember the "great people" from National: teachers, other students and couples from the married dorm. Both doctors cite their most rewarding experiences as helping patients get well that could not be helped or were misdiagnosed by others. The couple has six children, ages 23 to 7, and enjoys many outdoor activities and spending time at camp.

\* **Dr. Mark Z. Lipkin** (1985) of Palm Harbor, Fla., and his wife Debbie have five children, ages 11 to 20. He is presently serving as president of the Pinellas County Chiropractic Society. Dr. Lipkin's fondest memory of National is meeting with Joseph Janse in his office.

\* **Dr. Jack R. Martin** (1980) of Elburn, Ill., recalls getting called out of class to adjust Dr. Janse, debates with Dr. Jonathan Griffiths, Dr. Henson's unique teaching methods, and Dr. Shelby being "one of the greatest doctors of all time." His most rewarding experience was having his son Brett graduate from National in December 2009 and join him in practice.

\* **Dr. Joanne K. Schmit** (1985) of Providence Forge, Va., now lives in the "South," not South Dakota. After

associating with two different DCs, she opened her own practice in West Point, Va., in 1990, followed by another rewarding experience of getting her DABCO in 1995. Married with two stepchildren, she enjoys biking, quilting, walking, and reading. Her memories of National center on studying and learning things about the human body in all respects, although thinking back, she doesn't know how she made it through to graduation day.

**Sr. Brigitte Yengo, DC**, (1987) of Brazzaville, Republic of Congo, is benefitting from the support of a 14-year-old Canadian teenager, who has been on a quest to raise money for "Sister Yengo's Children" by hosting various fund raising events. Her latest project was a planned climb to the summit of Mt. Kilimanjaro in July entitled "One Foot at a Time," in which a dollar would equal one foot of the trek. On her own, she has already raised around \$5,800, and hopes to raise a total of \$19,340. Interested parties may contribute at <http://www.sisteryengoschildren.org/donateonline.html>, or by writing Sister Yengo's Children, Inc., c/o 2255 Hills Oak Ct., Lisle, IL 60532.

**1990s**

\* **Dr. Laura Kaeske** (1995) of Deerfield, Ill., fondly recalls living in the dorm during the first tri. She now operates Delaney Chiropractic in Gurnee and is the mother of two children, Rachel, 6, and Jason, 3.

\* **Dr. Gregory W. Nelson** (1995) of Bulverde, Texas, says the late night celebrations at Punky's "after another soccer win" stand out as one of his favorite National memories. Now a soccer coach and owner of Performance Sports Chiropractic in San Antonio, he is proud of being named Texas Young Chiropractor of the Year in 1996 and being elected president of the Texas Chiropractic Association in 2008.

\* **Dr. Lisa Oskardmay** (1995) of Chapel Hill, N.C., said her most memorable time at National was serving her full internship at the Salvation Army Clinic. She now operates Acupractic Natural Healing Center, a home-based business, incorporating chiropractic and acupuncture, and will graduate from acupuncture school this month. Lisa and her husband have two teenagers and several pets.

\* **Dr. David V. Perns** (1995) of Mt. Prospect, Ill., operates a chiropractic clinic in Arlington Heights, and is proud of the many patients who are healthy without the use of drugs or surgery, "especially the otitis media children." His National memories include the daily drives to Chicago General for his internship and accomplishing his doctorate following the long hours of study.

\* **Dr. Jane Richards** (1990) of Crystal Lake, Ill., says her most rewarding experience since graduation was serving on the NUHS Board of Trustees. In her spare time, she enjoys making art quilts, reading, running with her dog, and going to the dog park.

\* **Dr. Michele Vondra-Harwood** (1995) of Brockville, Ontario, Canada, operates her own practice across the border in Ogdensburg, N.Y. One of her memories of National is downtown Chicago between hours at the Salvation Army Clinic. She also fondly remembers fellow classmates, and sends greetings to Joe, Amy, Mark, Maria, Nancy, Vicky, Mary, Jenifer, Ted, Sky, etc.

**Dr. Darren Weissman** (1994) won the *Mindful Metropolis* magazine's "Reader's Choice" award for 2010 "Best Integrative Medicine Physician" in the Chicago area. The monthly Chicagoland magazine covers natural living, environmental and social

# What You See . . .

## Is What You Get

At NCMIC, you don't need worry about the fine print because "what you see is what you get."

In contrast, some malpractice insurance companies bury important details in their policies. Their D.C.s find out after it's too late that they weren't as protected as they thought.

That's why it's important to work with an insurance company you can rely on. NCMIC is trusted by more D.C.s than all other malpractice insurance companies combined.

*Find out how you can benefit from NCMIC's malpractice insurance plan.*

**Call 1-800-769-2000, ext. 3133.**



[www.ncmic.com](http://www.ncmic.com)

14001 University Avenue • Clive • Iowa 50325  
We Take Care of Our Own is a registered service mark of NCMIC Group, Inc.  
©2010 NCMIC NFL 3124

*Alumni News Continued*

responsibility issues. Dr. Weissman operates The Way to Optimal Health Wellness Center in Northbrook, Ill.

**2000s**

\* **Dr. Sherry L. Bresnahan** (2000) of Lake In the Hills, Ill., is the owner of Life's Elements in Lake in the Hills where her mission is "to help each living being achieve the best quality of life possible." Her most rewarding National experience was GRADUATION, and since then has been "teaching patients how their body heals itself and watching their results when they get it." In her spare time, she enjoys travel, theater, gardening, family, and Tai Chi. Dr. Sherry is married to Jerry and has two children.

\* **Dr. Alice (Kim) Capitano** (2000) of Portland, Ore., has many memories of National: anatomy lab (where her anosmia served her well, changing room, i.e., hallway, singing BO's songs with Hammy); Chiro Games; chiro labs; Becky & Melissa's class notes "when my alarm didn't go off"; Glen Ellyn Apartments; Student Council; but NOT the Detroit border crossing! She is married to Dan-o the Man-o, mother to 1-year-old Paige, and tries to find a good balance in her life between wife, mamma, friend, and Doctor Alice. Her hobbies include rock climbing, walking/hiking, travel, date nights, Smith Rock, sleep (some things never change), and deep belly laughter.

**Dr. Ronald Hernandez, Jr.** (2009) of Villa Park, Ill., is affiliated with ChiroSports in Buffalo Grove. He is a certified personal trainer and also hold certification in acupuncture, Dynamic Neuromuscular Stabilization and Kinesio Taping.

\* **Dr. Anna Jurik** (2005) of LaGrange, Ill., is a clinician at the NUHS Lombard Whole Health Center, where she is proud to be able to help and educate patients and students, especially in areas where no one else has been able to help. In her free time, she enjoys yoga, spending time with friends and family, and continuing to learn. Her favorite memory of her student years is First Tri Mixers.

\* **Dr. Rebecca Martin LaForge** (2000) of London, Ontario, Canada, says her fondest memory of National is her fabulous — very social — class and the wonderful friendships. She says her most rewarding experience since graduation is a tie between her wedding day and the birth of her daughter, Veronica, now a 1-year-old. She and husband Greg expect another baby in October. When not operating her own practice in London, Dr. Becky enjoys going for walks/hikes with her husband and daughter, curling, traveling, and boating.

\* **Dr. Aaron Lundgaard** (2000) of Chesterfield Township, Mich., is clinical director for Total Health Systems Multi-Specialty Clinic in Clinton Township. He is a Certified Strength and Conditioning Specialist and in that role has done group conditioning for high school athletic programs and developed individual workout protocols for optimal fitness. He and his wife Sandy have three children.

**Rachel Marynowski, ND**, (2010) of Atlanta, Ga., is a contributing blogger to the Metamatrix Institute website at <http://www.metamatrixinstitute.org/>. Dr. Marynowski, a former NUHS student blogger, authors

an educational series, "Your Gut Health," on the site. She is practicing integrative medicine with special interests in women and children, environmental medicine, clinical nutrition, and homeopathy.

**Ernest Mounce, MSAc, CMT** (2009), a native of Vicksburg, Miss., is currently teaching English as a second language and working at Shaanxi Medical College in the Shaanxi Province of China. Ernie left his teaching position in the NUHS massage program in January to spend the year in China. He was recently featured in a full-page article with several photos in the Sunday edition of the *Xian Evening News*, the leading newspaper in Shaanxi Province. His physical appearance makes him somewhat of a celebrity in China as the article refers to "the foreign doctor from Chicago, a complete Westerner, with blue eyes, high nose, big beard." Ernie has been working with a doctor of acupuncture who said in the article, "He teaches me English, I taught him acupuncture, can be considered common progress bar."

**Rachel Ness** (MT 2005) of Massage Envy in Western Springs, Ill., was named Massage Envy's Regional Therapist of the Year for 2009. Rachel was cited for being a team player, a good teacher, and a master of her craft.

**Lisa Patterson, NCTMB, LMT** (MT 2005) of Batavia, Ill., won the *Mindful Metropolis* magazine's "Reader's Choice" award for 2010 "Best Healing & Wellness Practitioner" in the Chicago area. *Mindful Metropolis* is a monthly Chicagoland magazine that covers natural living, environmental and social responsibility