

### Chiropractic Loses Its 'Conscience' with Death of Dr. Joseph Keating

Joseph C. Keating Jr., PhD, LittD (hon), FICC (hon), the "historian" for the chiropractic profession, died suddenly October 14 in Kansas City, Mo. He was 57.



Dr. Joseph C. Keating Jr.

"Dr. Keating was the 'conscience of the profession' as well as its historian," commented Dr. James Winterstein, NUHS president. "He openly, but professionally, criticized the chiropractic profession as a mechanism for helping its members think more seriously and critically about who and what they are. He had accumulated vast amounts of historical information any and all of which he freely made available to anyone who wished to have it. Dr. Keating was a professional treasure and will be deeply missed."

Dr. Keating was an alumnus of National University by virtue of his honorary Doctor of Letters (LittD) degree, which was granted to him on December 11, 2004, following his deliverance of the commencement address. He was also a member of National's Hall of Honor, into which he was inducted in 2006, and was welcomed as an honorary fellow of the International College of Chiropractors at National's 2007 Homecoming.

Dr. Keating held a doctorate in clinical psychology and clinical research methods and worked as a clinical researcher, faculty member, administrator, and historian at several institutions of higher learning.

He authored hundreds of articles, books and chapters detailing the growth of the chiropractic profession and detailed chiropractic's history in "Historical Perspectives," a column in *Dynamic Chiropractic*, from 1995 until his death.

He was an officer of the National Institute of Chiropractic Research, a member of the board of directors of the Association for the History of Chiropractic, and served on the editorial boards of several chiropractic journals.

### In Memoriam

**Dr. Wallace LeRoy 'Wally' Fuchs** (NA 1951) of Baraboo, Wis., died October 23.

**Dr. Lewis Earl Grant** (NA 1951) of Oak Grove, La., died September 7.

**Dr. Gordon C. Miller** died July 29 at his home in Beloit, Wis.

After graduating magna cum laude from National College of Chiropractic in 1951, Dr. Miller opened a practice in Beloit, which he maintained until his retirement in 1990. He enjoyed all his "patient friends" and taking care of many Beloit Turner High School athletes during his 40 years of practice.

Prior to earning his chiropractic degree, Dr. Miller served his country from 1940 to 1945 as a staff sergeant during WWII. He was assigned to the 32nd Red Arrow Division, Company 'L' in the 128th Infantry, receiving two battle stars in the New Guinea, Buna and Sidor Campaigns, and an air medal and bronze star as an infantryman. After the war, he worked at the Beloit Iron Works until he entered National College.



# ALUMNUS

THE MAGAZINE FOR NUHS ALUMNI  
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## NUHS 'E'-volution! 'Blogs,' Online Newsletters and more!

If you don't get enough news about your alma mater through issues of the *Alumnus* and *Outreach* newsletters, an in-depth peek into academic and campus life at NUHS is at your fingertips any time, any day.

National's website, [www.nuhs.edu](http://www.nuhs.edu), boasts electronic information and news sources, including "blogs," online newsletters and more.

- Get a bird's eye view of National from a student perspective. Four weekly blogs by current students give the real scoop on student life at National. The bloggers discuss classes, social activities, student organizations, midterms, and boards.  
<http://multimedia.nuhs.edu/Media/Weblogs.html>

- Read Dr. Fraser Smith, chair of National's naturopathy program, who discusses issues relevant to naturopathy and the growth of our new program in his "Naturopathic Chronicles."  
<http://www.nuhs.edu/show.asp?durki=663>

- Scan "Touchpoints," an online newsletter that is exclusively devoted to massage therapy. Each trimester's issue features profiles of our massage students and faculty, trends in massage careers, summaries of various massage techniques, and other interesting information on the field.  
<http://touchpoints.nuhs.edu/>

- Explore "SteppingStones," a new online health careers newsletter. Each trimester issue profiles our professional degrees, and is geared toward helping students and college advisors see the

opportunities, trends and educational considerations in the fields of chiropractic, naturopathic and oriental medicine.  
<http://steppingstones.nuhs.edu/>

- Check out the archived blogs of the adventures of student interns on past hospital rotations. Jeremy Busch and Greg Markley relate their experiences at Philadelphia's Graduate Hospital.  
<http://www.nuhs.edu/show.asp?durki=574>

- Jon Dominique writes on his rotation at Bethesda Naval Medical Center.  
<http://www.nuhs.edu/show.asp?durki=654>

- Of course, you can always read the latest issue of *Outreach* and *Alumnus* online as well,  
<http://www.nuhs.edu/show.asp?durki=377>  
<http://www.nuhs.edu/show.asp?durki=129> and connect to one of our three scientific journals.  
<http://www.nuhs.edu/show.asp?durki=32>

- View the pod casts of the latest graduation ceremonies of National's professional studies and allied health students.  
<http://multimedia.nuhs.edu/Media/Commencement.html>

The fastest way to reach links to all of the above blogs and newsletters online, is to visit [www.nuhs.edu](http://www.nuhs.edu), and click "About Us" and then choose "News" from the submenu. On the "News" page, you'll find links to most everything listed above, as well as campus happenings, and recent press releases from National. We hope you enjoy our 'E' news.

## Inside Alumnus



It's Thanksgiving - Again!

President Winterstein brings us up to date on National's statistics.



Follow The Leader

PCI Chair Audie Klingler encourages alumni to support the leader of the profession.



Honor Roll of NUHS Supporters

View the lists of donors from the Beginner's Club to the PCI.



NUHS, Alumni News

Catch up on campus happenings and alumni accomplishments.

## Balance Your Life



As I sit here contemplating the theme for this article, I feel this overwhelming sense of too many demands and not enough time before this year is over. I would wager a bet that many of you are in this same dilemma. At this time of year there are so many things that need our attention that our lives can get out of balance. This theme of

"Balance" is the very thing that I want to write about and the very thing I needed to be reminded of at this hectic time of year.

*"Balance, peace, and joy are the fruits of a successful life. It starts with recognizing your talents and finding ways to serve others by using them."*  
Thomas Kinkade, Painter

I spent about a decade of my life in the local, state, and U.S. Jaycees. The last line of the creed that ended all of our meetings is "service to humanity is the best work of life." During my time with the Jaycees, I often spoke to young people about how everyone is important. It makes no difference whether you are pushing a pencil or pushing a plow. All of us feel better about ourselves when we serve others AND every community needs people to serve.

One community, of which we are all a part, is our alma mater, National University of Health Sciences. This community needs people to serve also. There are various ways to serve National. Some do so by giving money through one of the giving clubs, some by sending students, some by attending homecoming, some by going to postgraduate education, and others by putting National into their wills.

What are you doing to serve your alma mater? How about making a resolution to serve National in some capacity today, tomorrow, and into the future? Who knows, it may provide you with a sense of balance, knowing that you are helping the very community that gave you the tools to become successful.

*"Fortunate indeed is the man who takes exactly the right measure of himself, and holds a just balance between what he can acquire and what he can use."*  
Peter Mere Latham

*"The best and safest thing is to keep a balance in your life, acknowledge the great powers around us and in us. If you can do that, and live that way, you are really a wise man."*  
Euripides

Have safe, happy and healthy holidays!

Sincerely,

Thomas D. Stotz, DC, Chair  
President's Alumni Advisory Council  
Class of 1979



# It's Thanksgiving – Again!

By James F. Winterstein, DC,  
NUHS President

Didn't we just do this? Yes, it's Thanksgiving – AGAIN – but then, as some of my geriatric patients used to say, "Doc, that's better than the alternative!" Well they certainly had a good point, but time does seem to fly right by, doesn't it?

So here we are, nearing the holiday season and it is a good time to reflect on our blessings, thank each other, and recommit to our alma mater.

I know that for some time, people have been passing around the rumors that National is "not what it used to be," or "National is on the way out," and on and on, but the facts are clear and I want you to know them. The enrollment figures for our Fall 2007 trimester follow:

- 422 – Doctor of Chiropractic Medicine (33 more than last September)
- 19 – Doctor of Naturopathic Medicine (New in September 2006)
- 6 – Master of Science in Oriental Medicine (New in September 2006)
- 8 – Master of Science in Acupuncture (New in September 2006)
- 15 – Master of Advanced Clinical Practice (New in October 2007)
- 3 – Master of Science in Diagnostic Imaging
- 56 – Bachelor of Biomedical Science
- 48 – Prerequisite Program
- 2 – Associate of Applied Science – Massage Therapy
- 72 – Certificate of Massage Therapy
- 651 – Total Students enrolled at National

Clearly, our enrollment is increasing at a time when enrollment in chiropractic doctoral programs across the country remains flat. Furthermore, enrollment projections for next fall are also above this year, so progress continues.

Lincoln Hall has been completed — all new inside and out and it looks great!

Turek Hall has been "gutted" and re-construction will begin soon and should be done by around April 2008 with Tieszen expected to be finished by August 2008. Turek and Tieszen will both be apartment buildings and will be connected at the north end of Tieszen and the west end of Turek.

Tuition at National still only pays for approximately 70% of the cost of educating a student, so with all of the improvements being made, your continued financial support is vital.

Our budget for fiscal year 2007/2008 is \$17,783,637 and it is anticipated that we will once again have a small surplus at the end of the fiscal cycle. Not since 1999 has National sustained an operational deficit. Meanwhile, our investments that include some 20 named scholarships continue to grow at an annual rate of 9% for the restricted funds and 14% for the unrestricted funds.

Friends, colleagues — National University of Health Sciences is strong and its diversity is working to benefit the university and will also work to benefit our profession as graduates from the various programs leave their alma mater as colleagues rather than as competitors.



There are some new and exciting possibilities on the horizon as well and as they begin to develop, I will keep you informed.

For now, let me simply thank you for your outstanding support of our fine institution. It is our intent to recognize every one of you in this issue of *Alumnus* and if by some mistake we miss someone, please let us know and we will do what we can to rectify any error. Computers are a great asset but at times can be problematic as well!

I wish you all a wonderful Thanksgiving and a blessed Christmas, Hanukkah, and Kwanza followed by a happy and productive New Year!

**THANK YOU!**



# Follow the Leader! Respect the Leader! Support the Leader!

**Dear Alumni:**

In my opinion, National University of Health Sciences is still the leader in our profession, which is something for which we should all be grateful and should all feel proud. With this in mind, and as Chair of the President's Cabinet Internationale, it is my distinct pleasure to personally thank all members of this special and dedicated group of supporters of NUHS. At present, there are around 71 PCI members who give between \$1,000 and \$2,000 each year.

Let me lay the groundwork for the different giving areas within the President's Cabinet Internationale. Bronze Level is \$1,000-\$1,499 a year, Silver Level is \$1,500-\$1,999 a year, and Gold Level is \$2,000 a year and above. We also have many other ways to contribute to National University with something to fit everybody's pocketbook. Our university needs your support. The university operates in the black, but the support from our colleagues and our alumni is very important to allow the university to operate in the fashion in which it does.

I have been in practice almost 30 years and I often think back to the days when PCI members wore their large emblems on a ribbon around their necks. Now we wear a lapel pin, but the dedication is still the same even though it may be a bit less ostentatious!

I know many of you are hit with hard times because of the reimbursement issue with different insurance companies, but I really think that you should keep your profession in mind when you are deciding where to put your donation dollars.

National University has always been the leader in our profession. When anyone has a particular question, whether it is a doctor, legislator, investigator, professional group, licensing board, or association, to whom do they go? They come to National University to get their answers. National has always been on the cutting edge of providing the top quality education for chiropractic doctors. Since we became a university, the diversity in our education programs has proven to be a plus.

Our standards at National remain the highest of all the chiropractic colleges in the United States, and therefore, we get the cream of the crop as potential students. If you look around at state associations, state boards, national associations, many of these people are National grads. Why? Because we are Leaders!

It always gives me great pride to say that I am a National University graduate and I hope the same is true for each and every one of you. Now I am asking you to dig deep and start at the Bronze Level and join me in the President's Cabinet Internationale. This

philanthropic group takes on the challenge of furthering the mission of our university into our future years. Our contributions are utilized to enhance National University and provide stellar education for all students.

Our student numbers are increasing, even though we require a baccalaureate degree while other colleges continue to only require 90 hours. So why do students come to National when it is a tougher school to get in? Because they know that the leaders of our profession come from National. They know that the doctors that graduate from National have great practices, and they know that the educational experience will allow them to work in their medical community on a parity basis.

So join with me and let's expand the President's Cabinet Internationale to 150 members over the next year. If you have any questions, please do not hesitate to call me. My phone number is 301-777-0110 and I would be happy to entertain any questions that you may have regarding the PCI. You may also contact Tracy McHugh or Dr. James Winterstein by calling 630-889-6604.

*Sincerely,*  
**Audie Klingler, DC, Chair**  
**President's Cabinet Internationale**  
**Class of 1977**

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THE MAGAZINE FOR NUHS ALUMNI

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# Expansion Club

FY 2006-2007

\*Ms. Yesenia Carrera • Dr. Gregory Cramer • Dr. Terry Elder  
Dr. Larry Hill • Mr. Michael McKenna • Dr. Daniel Richardson  
\* New 2006-2007

# Beginner's Club

FY 2006-2007

\*Dr. Kristina Conner • Mrs. Jean Fairbank • \*Mr. Philip Lascola  
\*Mrs. Lynn Nelson • \*Ms. Jaelyn Ruthrauff • Ms. Lynn Zoufal  
\* New 2006-2007



## Dormitory Renovation

National's multi-million dollar residence hall construction project has moved to the next stage. Following the completion of the Lincoln Hall renovation, the university has now moved on to Turek Hall.

The interior of Turek has been totally demolished with rough plumbing and framing now underway. In addition, an outside stair tower has been torn down and footings have been poured for a new tower.

Tieszen Hall will be closed down at the end of the fall trimester with interior demolition set to begin in January 2008, according to Ron Mensching, the vice president for business services. Preparations are also being made to connect Turek and Tieszen with a passageway.



The timetable calls for Turek to be completed in May 2008 and Tieszen in August 2008. The completely renovated apartments will include all new fixtures, HVAC, plumbing and electrical, and high-speed Internet service.

## Run for Research

Vickie Roessl, NUHS Student Council treasurer, organized the first annual NUHS Run for Research 5K Run / 1 mile Walk. Eighty-six individuals participated in the September 23 event, which raised \$2,800 for a special research project.

The run was held in memory of Sharina Gudavalli, DC, who died suddenly in June. She had served as a research



Pictured (l to r) at the Run for Research are Dr. Jerrilyn Cambren, research assistant Tara Gerou, student Rachael Fabbri, and Dr. Gregory Cramer.

clinician at National and was the daughter of Ram Gudavalli, PhD, adjunct associate professor.

## Faculty Accomplishments

**Dr. Claire Johnson and Dr. Bart Green**, editor and associate editor respectively of National's three professional journals, were selected to present abstracts at the 135th Annual Meeting & Exposition of the American Public Health Association in Washington, D.C. in November. Dr. Johnson presented "A twenty year bibliometric analysis of the Journal of Chiropractic Education and its relation to public health." Dr. Green presented "Chiropractic practice in military and veterans' medicine: The state of the literature."

Dr. Johnson and Dr. Green will also conduct a 90-minute workshop at the 2008 Innovations in Medical Education Conference, March 8-9, 2008, sponsored by the Division of Medical Education (DME) and the Office of Continuing Medical Education, Keck School of Medicine of the University of Southern California. Their topic is "Primum Non Nocere: How to follow ethical research/publication practices and avoid research misconduct."

Dr. Green has also co-authored two papers recently: "Persistent synchondrosis of a primary sacral ossification center in an adult with low back pain" accepted for *The Spine Journal*; and "Use of a modified journal club and letters to editors to teach critical appraisal skills" for the *Journal of Allied Health*.

## Dr. James Winterstein, Dr. William Bogar, Dr. Jennifer Pedley and Dr. Heather Miley

attended the American Chiropractic College of Radiology (ACCR) 2007 Fall Workshop and Business Meeting in Denver, Colo., in October. Dr. Miley (NA '05), a resident in Diagnostic Imaging,



Pictured (l to r) at the ACCR meeting are: James Winterstein, DC, DACBR; Jennifer Pedley, DC; Heather Miley, DC; William Bogar, DC, DACBR; James Cox, DC, DACBR; Joseph Howe, DC, DACBR; and Richard Pasko, DC, DACBR.

was tied for first place among residents in a contest to correctly diagnose 25 difficult radiographic cases submitted for evaluation. Practicing radiologists were also given the same opportunity to test their diagnostic skills.

NUHS once again has authors in the spotlight in issues of D.C. Tracts. In the Fall 2007 issue, the Diagnostic Corner section featured the article "Headache: A Nutritional and Botanical Medicine Approach to Prevention and Treatment," authored by **Dr. Daniel L. Richardson**, assistant dean for Allied Health and Undergraduate Studies, and his teaching assistant Keith Hartley. **Dr. Theodore Johnson**, assistant dean for Clinical Practice, contributed an audio lecture for the Summer 2007 issue of D.C. Tracts on "Osteoarthritis: An Overview."

**Dr. Gregory Cramer**, dean of research, co-authored an article in the March issue of the Journal of Manipulative and Physiological Therapeutics entitled "Introducing the external link model for studying spine fixation and misalignment: Part 1 — Need, rationale, and applications."

# Alumni News

## 1970s



**Dr. Anthony W. Hamm** (NA '79) of Goldsboro, N.C., was elected vice president of the ACA Council of Delegates and to a position on the ACA Board of Governors during the annual House of Delegates meeting in Washington, DC. He has served as the ACA delegate from North Carolina for the past 12 years and also serves as the chiropractic representative to the American Medical Association Relative Value Health Care Professional Advisory Committee (RUC HCPAC).

## 1980s

**Dr. Michael Papa** (NA '88) of Jupiter, Fla., is planning the national release of his book, *Generation A.D.D. Natural Solutions for Breaking the Prescription Addiction*, in January. The book, published by Healthful Communications Inc., shows how to explore the underlying causes of the symptoms of A.D.D. and offers natural approaches to addressing them. The book was inspired by Dr. Papa's work over the past 10 years with children and parents affected by ADD/ADHA, where natural approaches have helped patients reduce symptoms of the condition and in some cases, eliminate them entirely. His book is available at [www.papaschoice.com](http://www.papaschoice.com). Dr. Papa may be contacted at [papa@papaschoice.com](mailto:papa@papaschoice.com).



**Dr. Jerrold Simon** (NA '84) of Lancaster, Ohio, has recently been elected vice president of administrative affairs of the Ohio State Chiropractic Association (OSCA). The OSCA represents approximately 900 chiropractic doctors throughout the state of Ohio and is the largest chiropractic association in the state. The OSCA advocates a profession that generates, develops and utilizes the highest level of scientific evidence available in the provision of effective, prudent and cost-conscious patient evaluation and care.

## 1990s

**Dr. Joseph Cantu** (NA '93) of Charlottesville, Va., was named Chiropractor of the Year at the Virginia Chiropractic Association's fall convention. He completed his residency in Radiology and Diagnostic Imaging at National, is a full diplomate of the American Chiropractic Board of Radiology, and is certified in Magnetic Resonance Imaging and Computed Tomography. A published author and researcher, Dr. Cantu sits on the University of Virginia's Institutional Review Board for Health Sciences Research, and is currently working on his second NIH grant studying chiropractic manipulation for acute low back pain. Secretary of the Virginia Chiropractic Association Board of Directors, Dr. Cantu revamped VCA's Limited License X-ray Technician Certification Course and Exam in 2004 has maintained and conducted the complete 50-hour program for the VCA each year.



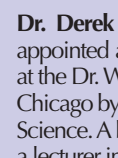
**Dr. Brad Case** (NA '93) of Carmel Valley, Calif., is the author of the upcoming book, *Controversies, Conspiracies, & Myths of Modern Medicine*. It is the first book in a series he plans to write on The Natural Health Care Revolution. Dr. Case also contributed a chapter on "Minerals, Our Connection To Mother Earth" to the book, *101 Great Ways To Improve Your Health*. Dr. Case writes a quarterly newsletter and is the owner/operator of the Holistic Healing Center in Prunedale, California. Visit his website at [www.drbradcase.com](http://www.drbradcase.com).

**John Mayer, DC, PhD** (NA '91), formerly of La Jolla Calif., was appointed as the Lincoln College Endowed Chair in Biomechanical Research in the College of Medicine and associate professor in the School of Physical Therapy & Rehabilitation Sciences at University of South Florida in Tampa, Fla. Dr. Mayer relocated to Tampa in October 2007 with his wife, Debra.

## 2000s



**Dr. Erika Mennerick** (NA '05) of Elburn, Ill., introduced her new daughter, Kiera, to the "Extremity Biomechanics & Technique" class she is teaching this trimester at National University. Kiera, who was born August 5, came to class for the first few weeks of the trimester. She now goes to work every day with her mother at Trillium Health & Wellness in Elburn. Kiera also has a brother, Cole, age 3.



**Dr. Derek Talbot** (NA '01) of Round Lake, Ill., has been appointed a clinical instructor of Basic Biomedical Sciences at the Dr. William M. Scholl College of Podiatric Medicine in Chicago by the Rosalind Franklin University of Medicine and Science. A board-certified nutrition specialist (CNS), he is also a lecturer in clinical nutrition at National University of Health Sciences. Dr. Talbot maintains a practice, Vernon Hills Chiropractic and Rehabilitation Center, in Vernon Hills, Ill.



**Dr. Timothy Yon** (NA '02) and Dr. Kitty Yon (NA '02) and their Centre for Chiropractic Health in Lombard, Ill., were honored with the prestigious Five Star Quality Service Award from Integrity Management. The award was recently developed as a means of recognizing superior chiropractic clinics that excel in patient treatment, customer service and professionalism. The Drs. Yon are members of the American Chiropractic Association, the Illinois Chiropractic Society and the Lombard Chamber of Commerce. They both earned their acupuncture diplomate through the International Academy of Acupuncture.

The couple also has been involved in raising money for Alzheimer's research by donating the first day of services to new patients in exchange for a donation to the Alzheimer's Association of Greater Illinois Chapter. Dr. Kitty Yon also completed the Chicago Marathon as part of the Team Care Alzheimer's Association running group.

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# Homecoming 2008



## Plan now for Homecoming 2008!



### New Days:

Friday, June 20 - Sunday, June 22

### Same Great Place:

DoubleTree Hotel Chicago in Oak Brook  
(Across from the Oakbrook Center  
Shopping and Dining Complex)



# Kudos

THE NEWSLETTER FOR NUHS ALUMNI

National University of Health Sciences would like to acknowledge the following alumni who have referred students in the September 2007 class. Thank You! You are our best recruitment tool!

Dr. Staci Ahrens ('03)	Illinois
Dr. Paul Damrow ('78)	Minnesota
Dr. Janine Deschamps-Grayson ('78)	Virginia
Dr. Carl DeStefano ('84)	Illinois
Dr. David Frischman ('81)	Indiana
Dr. Ronald Hoffman (LI '67)	Florida
Dr. Hugh Jenkins ('96)	Illinois
Dr. Thomas Lotus ('03)	Illinois
Dr. Kim McCann-Swanson ('02)	Wisconsin
Dr. Pritesh Patel ('99)	Illinois
Dr. Joseph Rizzo ('73)	New Jersey
Dr. Michael Rosen ('02)	Illinois
Dr. Mark Turner ('94)	Illinois
Dr. Michael Warner ('82)	Pennsylvania
Dr. Thomas Wheatley ('02)	Illinois
Dr. Warren Wolschlagler ('93)	Illinois