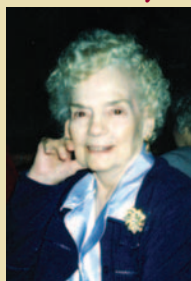


In Memoriam

Dr. F. Z. Welcher (NA '41) of Flushing, Mich., died December 21, 2005.

Dr. Dorothy Hudgins-Settimi (Carver '42) of

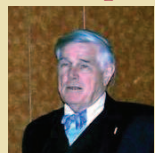


Orlando, Fla., died May 19. A true pioneer in chiropractic, she was the first female chiropractor in upstate New York, practicing in Niagara Falls and Buffalo with her husband. Dr. Hudgins-Settimi was the mother of seven children, including Dr. Jamie Settimi (NA '78) of Brookfield, Wis., whom she encouraged to go into chiropractic. She also left 15 grandchildren, 16 great-grandchildren and one great-great-grandchild. Dr. Hudgins-Settimi lived to be 86-years-old and was a strong supporter of chiropractic all her life.

Dr. Anders H. Johannessen (NA '47) of University Place, Wash., died April 23.

Dr. Kenneth E. Kinsley (NA '57) of Waverly, N.Y., passed away May 16.

Dr. Stephen Emmett Owens (CINY '52) of



West Hartford and Sharon, Conn., died peacefully on August 27. Dr. Owens, 75, had a profound impact on the profession as a teacher, physician, leader, and public advocate of chiropractic not only in Connecticut but nationally.

After his graduation, he established a chiropractic practice in the Hartford area in 1953 and continued practicing up until his death. He subsequently earned an advanced degree in chiropractic orthopedics from The National College of Chiropractic and served as chairman of the board of The National College of Chiropractic during the 1980s. He also earned a master's degree in integrative medicine from Capital University in Washington, DC, and most recently served on the board of trustees of the Capital University of Integrative Medicine.

Dr. Owens was president of the Connecticut Chiropractic Association from 1963 to 1965 and the American Chiropractic Association from 1973 to 1974. He served in many capacities and on many boards related to furthering the chiropractic profession including, but not limited to, chairman of the board of the

National Chiropractic Mutual Insurance Company (NCMIC).

He is survived by his wife, Eleanor; sons Peter, Stephen, Timothy, Jonathan, and Christopher; stepdaughters Eileen and Trish; Patricia Owens, the mother of his children; four grandchildren; five sisters; and one brother.

Contributions in his memory may be made to the Connecticut Chiropractic Association Legal Fund, 2257 Silas Dean Highway, Rocky Hill, CT 06067.

Dr. Eugene F. Siekerka (NA '59) of El Cajon, Calif., passed away June 12, 2006.

Dr. Sharina Gudavalli (Palmer '02) of Lisle, Ill, daughter of Ram Gudavalli, PhD, adjunct associate professor of Research at National University of Health Sciences, died June 23 in an auto accident in Chicago. She served as a research clinician on a chronic neck pain study at National from November 2002 to August 2003 and was a chiropractic spine fellow at the Texas Back Institute in 2003-2004. Dr. Gudavalli was an associate at chiropractic practices in England and Yorkville, Ill., before opening her own practice in Wheaton, Ill. in February 2006.



ALUMNUS

THE MAGAZINE FOR NUHS ALUMNI
Volume 43, Number 2 • 2007

Homecoming Attendees Receive CD on Vertebral Artery Dissection (VAD)

Homecoming 2007 attendees were offered the first copies of an information-packed CD on vertebral artery dissection (VAD) compiled by a special task force appointed by President James Winterstein in April 2007.

According to Vincent DeBono, DC, vice president for academic services, the impetus for the CD came after another article in a national magazine cited chiropractors for "causing strokes" or cerebrovascular accidents (CVAs) after cervical manipulation. "The president felt it was important to be proactive and give our alumni the latest information they need to discuss the risks of this procedure based on facts and research," he said. Since that time, the CD has also been made available to faculty and students as well.

The president's task force was charged with gathering the most current findings on incidents of CVA with cervical manipulation as well as presenting a comprehensive review of the vertebral basilar arterial (VBA) system.

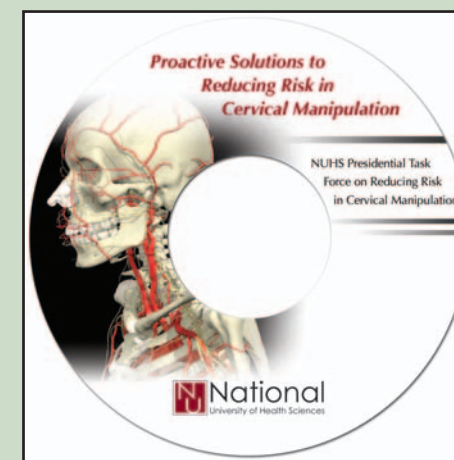
The task force was comprised of the following NUHS faculty: Susan Darby, PhD, anatomy professor; Dr. DeBono; Terry Elder, DC, instructor in chiropractic practice; C. Robert Humphreys, MS, DC, DACNB, diagnosis professor; Evelyn Laptook, DC, DACBR, assistant professor of diagnostic imaging; and David Parish, DC, DABCSP, dean of clinics.

The CD reviews the anatomy, physiology, histology, pathology, and radiology of the VBA system, including an assessment of the risk and frequency of encountering an adverse event in practice. It also notes various patient presentations of VBA system pathologies (complete

with video segments of sample presentations) as well as proactive strategies to minimize risk to VBA system during cervical manipulation.

"Cervical manipulations occur in rare incidences, noted Dr. DeBono," but they are high risk maneuvers, so it is important for the chiropractic physician to recognize the risk factors and educate the patient before applying the technique."

NCMIC rates this risk as 1 for every 2 million adjustments, but it is real enough to warrant proactive preventive measures by every DC. After understanding the anatomy and risk factors involved, physicians are advised to perform a thorough physical examination and history. Key risk factors for potential vertebral artery dissection, or a VAD in progress, often mimic the very conditions that caused the patient to seek care.



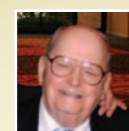
Inside Alumnus



Homecoming: Observations & Comments

President Winterstein looks back at Homecoming 2007 and this year's award recipients.

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Alumni's Dream Realized

Read how Dr. Frank Crider's wish to attend Homecoming came true.

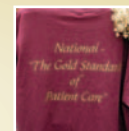
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Alumni Liaison Honored

See how Mel Collins' wartime story has had far-reaching effects.

Page 3



Homecoming Happenings Highlighted

Enjoy the candid photos of Homecoming 2007 — special events, speakers and awards.

Pages 4 - 5

How does the garden grow?



Here in South Dakota at this time of year, the topics are always centered on rain or lack of rain, the crops, and the garden. For those of you who do dabble in the garden, you realize that in order to have healthy plants that produce well, you need to tend to the garden.

You need to plant the seeds, water, pull weeds, watch for insect infestation, fertilize, and prune.

Likewise, as a profession, we must tend to the things that enable our professions to be healthy and produce well. National does just that. To paraphrase Dr. Jansen, *Nothing more, and incidentally, my friend, nothing less, you see!*

We have set the standards higher than any other institution. That is why the theme of Homecoming this year, *National-The Gold Standard of Patient Care*, was so appropriate. In order to produce members of the health care community with a foundation "rooted" in knowledge and the skills to offer alternatives to mainstream medicine for a multitude of human ailments, education is the vine.

Education enables us to produce caring, confident, and knowledgeable members of the fastest growing segment of the health care community in America, alternative medicine.

National is now the home for various members of the alternative health care community to learn together, to share ideas, and to move forward in our quest to provide the Gold Standard of Patient Care. Did you realize that National offers the following opportunities for education?

1. Doctor of Chiropractic Medicine
2. Doctor of Naturopathic Medicine
3. Master of Science in Acupuncture
4. Master of Science in Oriental Medicine
5. Master of Science in Advanced Clinical Practice
6. Master of Science in Diagnostic Imaging
7. Bachelor of Biomedical Science
8. Massage Therapy Certification
9. Prerequisite courses for first professional degree programs
10. Chiropractic Assistant Certification
11. A.A.S. in Massage Therapy

Your alma mater has planted the seeds, watered, weeded, watched for infestations, fertilized, and pruned to help make all of us better. What have you done to help the institution that does all this for you? Is it time to give something back?

I wish to congratulate Dr. Kris Sargent as the recipient of the President's Medallion Award at Homecoming this year. I had the opportunity to serve with Kris for many years and know that she is deserving of this award. Congratulations also to all the students who received scholarships this year as well.

Here's to a healthy and bountiful harvest!

Dr. Thomas D. Stotz, Chair
President's Alumni Advisory Council
1979 Graduate



Homecoming 2007 — Observations and Comments

By James F. Winterstein, DC,
NUHS President

I hope you were able to be with us at Homecoming this past June. We had a fine time at the DoubleTree in Oak Brook, Illinois. I heard many good comments about our educational offerings and in addition, we had the opportunity to enjoy some good fellowship and to honor some people as well.

During the Alumni/Reunion Luncheon, Dr. Kristina Sargent received the President's Medallion. This was originally designed for and given to individuals who had been practicing for a minimum of 30 years and that was a good idea for recognition, but this year, we determined that perhaps we are failing to adequately encourage some of our younger members simply because the tendency is to recognize people long after their contributions have been made. Perhaps, we thought it might be wise to make some exceptions to that older plan and so we did.

Kristina Sargent, DC, graduated in 1992, so she has been in practice for 15 years and during that time she has continued to be involved with her alma mater, for a time as a clinician and also as a director and then president of the Alumni Association Board of Directors. What I believe is most outstanding, however, is her example of financial support of National. For a long time she has been a member of the President's Cabinet Internationale and she has expressed that it has long been a plan for her to become a Senior Steward (minimum of \$20,000 total contribution to National) by the time she has been in practice for 20 years. She is certainly well on her way, and I am confident she will make her goal. It was such a pleasure therefore to honor Dr. Kristina Sargent with the **President's Medallion** this year.

Jerrilyn Cambron, DC, MPH, PhD, has been a part of the university community since her graduation in 1991. She has always been interested in research and during her third trimester, she worked as a research assistant. Upon graduation, she became an instructor working as a member of our research team. She received FCER funding and pursued her Master of Public Health and then later, her PhD in Epidemiology. During all this time she continued to be engaged in writing research grants and participating as a principal investigator or as a member of a research team in various different protocols. Through all of this, Dr. Cambron has always been one who has presented a positive outlook, a wonderful smile, and a willingness to go the extra mile for National. With all of this in mind, Dr. Jerrilyn Cambron was awarded the **Alumnus of the Year** award this year at the Alumni/Reunion Luncheon. None could have been more deserving!

During the Homecoming Banquet, we heard positive comments from Dr. Raymond Nietzold, the chair of our board, who encouraged all of us to continue on the path of excellence for which National stands. He was abundantly complimentary to the Board, to my administration and to me, and though I have expressed my thanks to him, I want all in the National community to know how much this is appreciated. So often boards and presidents are at odds and this can only cause harm to the institution in the long term, so, Dr. Nietzold may it be publicly known how much I appreciate you and your efforts in behalf of National both as an alumnus and also especially as the chair of the Board of Trustees. Yours will be big shoes to fill!

At the banquet, it was also my personal pleasure to provide recognition for one of those special individuals, Joseph Keating, Ph.D., Litt.D (hon) who, while not a chiropractic physician, can certainly be considered part of the chiropractic profession. I think of him as one of those public members such as John Fisher of years gone by who served as the director of education for the ACA and helped so much in the efforts to gain accreditation. In a similar manner, Dr. Keating has taken it upon himself to record the history of our profession all the while functioning as a "burr under our saddle" when it comes to our professional behavior.

I nominated Dr. Joseph Keating for recognition as an **Honorary Fellow of the International College of Chiropractors** and the Board of Directors accepted that nomination, so at Homecoming it was my pleasure to present him with his fellowship plaque.

Most years at Homecoming, I am also privileged to give one person the NUHS Distinguished Service Award. Mr. Ron Mensching began working at National as a photographer in 1984. He remained part of the Audiovisual Department for some time as he went about furthering his education. As time progressed, Ron became head of Public Relations and then director of

Admissions and Communications. What characterized this fine man was his dedication to his responsibilities and his persistent commitment to outstanding service.

When the time came to find a new vice president for business services, I had become so impressed by Mr. Mensching that I encouraged him to apply for the position, which he did among a number of candidates. In the final analysis, Mr. Mensching was chosen as the vice president for business services and he has continued his outstanding and distinguished attitude, which has characterized his time at National. It was indeed my personal and professional pleasure to give Mr. Ronald Mensching the **NUHS Distinguished Service Award for 2007**.

Homecoming — this is what it is all about. It is a fine opportunity for outstanding education, a very special venue for renewing acquaintances and friendships and for making new ones. It is a time for sharing clinical experiences and this was done in an outstanding Sunday morning "Clinical Decision-Making" Panel that was chaired by Dr. Vincent DeBono, our vice president for academic services.

We are an expanding educational community, the center of which is our alma mater, National University of Health Sciences. As our new programs blossom, let's take advantage of new opportunities to learn and associate with each other and with new colleagues. Recently, Julie Gerberding, MD, Director of the Centers for Disease Control and Prevention said, "True reform of the U.S. medical system requires us to establish 'schools of health' in which professionals start their education together. The paradigm shift will foster cooperation and a sense of common mission."

Looks like National is right on that pathway, so let's enjoy the future and make the most of our opportunities. Homecoming 2008 awaits you!

Send Us Your Referrals

"True reform of the U.S. medical system requires us to establish 'schools of health' in which professionals start their education together," says the director of the Centers for Disease Control and Prevention.

National University of Health Sciences already IS such an institution. So when you are talking with friends, patients or prospective students, don't forget to mention National's other academic programs like naturopathic medicine, acupuncture and oriental medicine.

"The paradigm shift will foster cooperation and a sense of common mission," adds the CDC director. National is already on the path toward that collegiality. Send your referrals OUR way.

Homecoming for an "Ageless Dreamer!"

Dr. Frank Crider has not been back to Chicago or National since he graduated in 1952. By all accounts, he shouldn't have made it this year either. But dreams sometimes come true.

Dr. Crider had enjoyed a successful practice in Clearwater, Fla., for over 45 years. On a solo RV trip to New England three years ago, Frank suddenly felt ill while traveling in New Hampshire. "I pulled into a Wal-Mart and told a service person there was something wrong with me. I was soon whisked away in an ambulance."

It was a good thing Frank stopped when he did. The hospital diagnosed his condition as a debilitating stroke, which resulted in his confinement to a wheelchair and dependency on supplemental care. Since he had no immediate family, Frank was admitted into a local New Hampshire nursing home, where he has lived for the past three years.

If there is a silver lining in this story, perhaps it is that Edgewood Centre, the nursing home where Frank now lives, is one of the very best in the country. In fact, it holds a ranking of number 13 in the nation.

Although facing the challenge of severe physical limitations, Frank's mind and attitude remain sharp and positive. As always, Frank made the best of his situation and his new life at Edgewood Centre. This is why Frank was chosen by the Ageless Dreamer Foundation to be a "dreamer" in their wish fulfillment program. Ageless Dreamers is dedicated to enhancing the lives of older adults, in part through making a wish of selected "Ageless Dreamers" come true.

Frank's wish was to attend National's Homecoming and have a chance to visit with colleagues and old friends. The Ageless Dreamer Foundation flew Frank



President James Winterstein welcomes Dr. Frank Crider, Class of 1952, back to National.

to Chicago and also covered expenses for two Edgewood Centre caregivers to travel with him. NUHS paid Frank's expenses at the event and the hotel.

Dr. Crider is still excited about the chiropractic profession. He is very interested in new research and new techniques that have surfaced in the past few years. He also has some great memories of National, when as a student he attended classes at 20 N. Ashland under the leadership of Joseph Janse.

He's no stranger to Dr. Winterstein either. Frank recounts, "Jim had a practice in Florida for a long time and I used to send all my X-ray work to him."

What is this Ageless Dreamer's advice to current students and new DCs? "Be cheerful and know that you are in the best profession possible. You not only make sick people better, you make them feel better too."

Admissions Alumni Coordinator Amazed By Many Responses to His Wartime Story

Mel Collins, National's admissions alumni outreach coordinator, was thrilled when a writer offered to tell his wartime story in an issue of *The American Legion* magazine, but he has found that his "15 minutes of fame" has been far from fleeting. Since the publication reached its readers, Mel has been overwhelmed with letters from a wide range of well-wishers.



The article entitled "A Sailor's Diary" ran in the December 2006 issue of the magazine and recounted Collins' WWII experiences as an 18-year-old Navy Radarman, whose expertise in swimming enabled him to perform swimming rescues of downed airmen in the open sea.

One special letter to Collins came from the wife of Jimmy van Fleet, a downed pilot Mel saved. (Famous wartime news columnist Ernie Pyle had covered Jimmy's rescue saga, including Mel's role.) Jean van Fleet read Mel's story and wrote to thank Mel for saving the life of her husband, who has since passed away.

Another note came from an Ohio woman who read Mel's story and discovered that her mother had been married to Mel's brother. Realizing Mel was a distant relative, she showed the story to her 8-year-old son Josh, explaining that this

"Grand-Uncle Mel," who Josh had never met, was a real hero. Josh was so taken by Mel's story that he made a picture of Mel and proudly told the story as part of his 3rd grade "show-and-tell" session.

Even more recently, Mel received an invitation from Rob Stanley of the Chicago South Eastside Vietnam Vets to be the 101st war hero to sign an American flag that hangs in the Hammond (Indiana) Federal Courthouse where he works. Stanley's father, who served on a PT Boat during WWII, gave his son the December issue of the Legion magazine and after reading Mel's story, he was inspired to contact him about signing the flag. "You're accomplishments should never be forgotten," Stanley wrote.

The signing ceremony took place during National's 2007 Homecoming when Mel, indeed, did become the 101st war hero to sign the flag. His name can be found among familiar names like: George Herbert Walker Bush, USN Pilot; John Glenn, USMC Pilot; Larry (Yogi) Berra, USN; and Bob Dole, Army Enlisted Reserve Corps 10th Mountain Division.



2007 Homecoming Exhibitors

A big thank you to our "Gold Standard" exhibitors who shared their products and services with Homecoming attendees:

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Alumnus

THE MAGAZINE FOR NUHS ALUMNI

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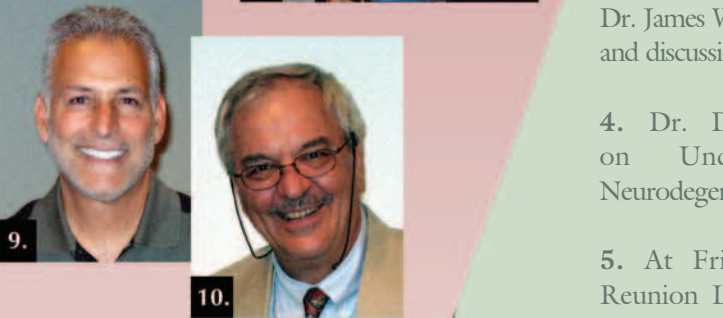
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Homecoming 2007 Highlights



1. National — The Gold Standard of Patient Care was the theme of Homecoming 2007. Alumni were treated to “gold bricks” that opened up into a souvenir t-shirt with the theme on the back and the names of two “National” gold standard bearers — National University and NCMIC on the front.

2. Greeting National alumni with a warm and friendly smile at the reception desk were staff members: (l - r) front row, Elizabeth Harrison, administrative secretary, and Shawna McDonough, alumni/development coordinator; back row, Lynn Nelson, administrative secretary, and Tracy McHugh, executive administrator to the president.

3. Anna Allen receives a token of appreciation from Dr. James Winterstein for her update on HIV/AIDS and discussion of Boundaries/Informed Consent.

4. Dr. David Seaman’s presentations were on Understanding Key Mechanisms, Neurodegenerative Diseases and Prostatic Disease.

5. At Friday’s Alumni Association / Class Reunion Luncheon, Dr. Winterstein presented Kristina Sargent with the President’s Medallion, an award given to the individual who has provided exceptional service to the institution and their profession. Dr. Sargent (NA ’92) served on the alumni association board for many years and as president from 2002 to 2003.

6. Jerrilyn Cambron, DC, MPH, PhD, was honored with the Alumnus of the Year Award at Friday’s Luncheon. Dr. Cambron (NA ’91), associate professor in the Department of Research, has been actively involved in a number of research projects at National since her student days.

7. NUHS student Clifford Maurer was one of five students awarded alumni association scholarships by President Winterstein at the Friday luncheon.

8. President Winterstein and Dr. Brian Fuller presented the 2007 George J. Goodheart Scholarship in Applied Kinesiology to William Cully MacDonald for outstanding academic achievement.

9. Al Meo conducted eight sessions on Active Isolated Stretching for massage therapists.

10. Dr. Bruce Hodges, coordinator of National’s Ethical Practice Management Program, moderated this year’s Recent Graduate Panel.

11. Dr. Hilda Hattar emphasizes a point at the Recent Graduate Panel while Dr. Jayme Nill looks on. Dr. Hattar operates Balance Chiropractic and Wellness Center in Genoa, Ill. Dr. Nill runs the Nill Family Chiropractic and Wellness Center in Ft. Wayne, Ind.

12. Dr. Renato Rizzo answers a question at the Recent Graduate Panel while Dr. Casey Allmandinger waits her turn. The doctors and spouses established their own practice in Jackson, Mich.

13. Twenty-six vendors displayed their goods and services during Homecoming 2007.

14. National’s Research, Radiology and Admissions department mounted displays at the event as well as the campus bookstore, clinic, museum, and SACA. Here Judy Pocius, research coordinator, brings alumnae Dr. Chantal Jolliot up to date on current research at NUHS.

15. Dr. Gregory Cramer, NUHS dean of research, presented on Research as it Applies to Chiropractic at a Sunday morning session.

16. Dr. David Parish, National’s dean of clinics, spoke on Adjuncts to Rehabilitation: Kinesio Taping of Select Conditions.

17. Saturday morning’s activities kicked off with the 50 Year Club Breakfast. Enjoying the camaraderie are 50 Year Club members: Dr. F. Patrick Tierney (’57) of Hummelstown, Pa.; Dr. William Clegg (’57) of Clegg of Alvona, Iowa; Dr. Marvin ‘Moon’ Mullen (’51) of Villa Park, Ill.; and Dr. Harold Allen (’57) of Clinton, Ill.

18. Dr. Ivo Waerlop continued the Key Mechanisms discussion with presentations on Neuromuscular Facilitation.

19. Physical Therapist Robert Lardner spoke on Janda and Beyond: The Future of Rehabilitation.

20. Alumni gathered at the Saturday luncheon to hear the president’s State-of-the-University Address.

21. President Winterstein presented an update of the past, present and future plans for National University.

22. NUHS massage therapy students staffed a clinic on the hotel premises to serve alumni during Homecoming events.

23. Dr. Yun-tao Ma presented on Biomedical Acupuncture: Pain Control.

24. Dr. Shawn Allen discussed Pathologic Movement Patterns in Gait: Using Functional Chains to Diagnose and Treat.

25. Dr. Alex Vazquez discussed New Interventions in the Treatment of Chronic Pain: Evidence Based Nutritional Interventions and Immune Dysfunctions and Chronic Infections.

26. NUHS students joined with faculty and alumni at the Saturday evening reception and banquet. Pictured (l-r) are Sarah Ragan, Avani ‘Dollie’ Patel, Frank Sutter, Audrey Kline, Steven Moore, and Holly Furlong.

27. Dr. Vincent DeBono, NUHS vice president for academic services, and his family enjoyed the closing banquet and entertainment.

28. Dr. Joseph Steifel served as master of ceremonies for the gala banquet.

29. Dr. Raymond Nietzold, president of the NUHS Board of Trustees, delivered a message from the board.

30. Dr. James Rehberger (NA ’72) brought greetings on behalf of the American Chiropractic Association.

31. President Winterstein surprised Ron Mensching, NUHS vice president for business services, with the President’s Distinguished Service Award.

32. Joseph C. Keating Jr., PhD, LittD (hon) also received a surprise honor with his acceptance into the International College of Chiropractors as an honorary fellow.

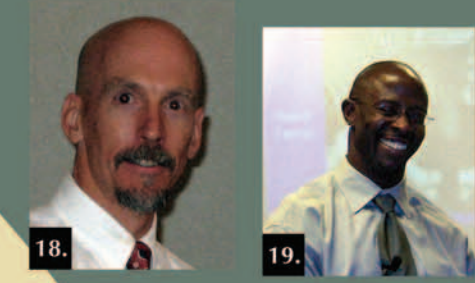
33. During an entertaining program by Bob Higa, President Winterstein registered amazement at one of his tricks.

34. And in a flurry of confetti, magician Bob Higa closed out the 2007 Homecoming festivities!

Thanks to Our Sponsors!

National University would like to offer a special thank you to those “Gold Standard” vendors who so generously supported our 2007 Homecoming and helped make the event a great success.

- AMI — Refreshment Break
- Classic X-Ray — Refreshment Break
- Del Medical — Refreshment Break
- NCMIC — Seniors Stewards and PCI Reception
- OUM Chiropractor Program — Refreshment Break
- Precise Printing — Refreshment Break



Alumni News

1940s



George L. Gunther, N.D., of Stratford, Conn., a 1941 graduate of the National College of Drugless Physicians, retired from the Connecticut state legislature at the end of his term in 2006 as the Deputy Minority Leader at Large for the Republican Party. "Doc" Gunther, a Republican, represented the 21st Senate District, for 40 years and was the longest-serving state senator in Connecticut history.

He served on the Stratford Board of Education and Town Council before beginning his remarkable senate career in 1966. "Doc" was an environmental activist and an advocate of recreation and tourism industries. Now retired from naturopathy, he served on various health-related legislative study committees and his lengthy list of honors include numerous "legislator of the year" awards from medical groups. The Connecticut Chiropractic Association honored him with the Man of the Year award in 1989, Distinguished Service Award in 1994 and Legislator of the Year award in 1995.

A member of the National 50 Year Club since 1991, "Doc" said he was only able to make the 50th class reunion because most of the time he was tied up making a living or serving in the government. He wonders if any of his fellow students are still out there and would like to hear from them. His address is 890 Judson Place, Stratford, CT 06615.

Dr. Gordon L. Holman (NA '41) of Sun City West, Ariz., is retired and enjoying playing golf, riding his motorcycle and traveling in his motor home.

Dr. Eugene Clark (Eastern '46) of Ashuelot, N.H., is also anxious to hear from former classmates. His address is 23 Broadbrook Road, Ashuelot, NH, 03441, and his email is EClark2@juno.com. He spends his spare time playing golf and playing music professionally.

Dr. Peter Mach (NA 1949) of Momence, Ill., spends his days reading and praying. This year's recent Homecoming brought back fond memories of many wonderful National professors including Drs. Blackmore, Faye, Gustafson, and Janse. Recalling his own rewarding life of helping people, Dr. Mach sends fondest hopes to National that it "grows in size and stature to benefit all mankind."

Dr. Niles R. Shoff (Lincoln 1949) of Albert Lea, Minn., served as mayor of Albert Lea from 1959 to 1969 and was a member of the Board of Basic Science Examiners for 12 years. He fondly remembers classmates Chester Walters and Don Firth from his Lincoln days. Dr. Shoff spends his spare time playing golf, traveling and enjoying his 10 grandchildren. He recalls those who made chiropractic better in the past by their participation and calls upon today's "young ones" to pick up the slack and move chiropractic forward some more.

Ralph D. Sullivan, DC, FICC, (NA '49) of Westville, Ill., fondly remembers graduating with his classmates at a church north of NCC on Ashland Avenue. He sends best wishes to fellow class members and condolences to those who have lost loved ones. Dr. Sullivan served as president of CCS and ICS and also the Westville Lions Club. He used to enjoy golfing, motorcycle riding and gardening.

1950s

Dr. Chester F. Battersby (NA '50) of Erie, Pa., sends regards to his fellow classmates and cautions them to "stay out of funeral homes and keep moving." He has memories of being criticized by Dr. Janse for going to the beach to study "anatomy" instead of the books. Semi-retired, Dr. Battersby credits his National education with his outstanding success as a doctor of chiropractic.

Dr. Willie Sacks (NA '50) of Pembroke Pines, Fla., is enjoying retirement after 45 years of practice by working on the computer, exercising and traveling with his wife and children. His outstanding memory of National is the dedication ceremony and tour of the new building in Lombard and the guidance and wisdom of Dr. Joseph Janse. He also sends along appropriate words of wisdom told to him by former National teacher Dr. 'Pappy' Wells: "The secret to old age is get yourself to recognize that you have a chronic condition and then take care of your own health!"

Dr. Allen T. Solemslie (NA '50) of Mt. Vernon, Wash., sends out a message to 1951 grad, Collin Haynie. "I had lunch with Norman Singer (NA '51) a while ago. We had a good time remembering the days we went flying." Dr. Solemslie's greatest experience since graduation has been serving his patients for 50 years. In his spare time, he enjoys gardening and restoring a 1941 Packard convertible.

Dr. Collin Haynie (NA '51) of Norfolk, Va., reports he has no spare time because he is taking a college course in Christian Counseling and also just got through teaching Master Life, a discipleship course. He has had two hip replacements (1991, 1993) and has no pain at all although he uses a three-wheel walker. Dr. Haynie reports that classmate Ross Gillikian recently had a four-way heart bypass and is doing OK. He asks 1951 classmates to send him their email addresses at: cehaynie@msn.com.

Dr. Theodore Alexander (CINY '54) of Albuquerque, N.M., recalls his life as a DC as fruitful and rewarding. He cites his most rewarding experience since graduation as seeing the continual emergence of recognition of the chiropractic profession. Dr. Alexander's favorite memory of the Chiropractic Institute of New York is its two locations for one college.

Dr. Warren P. Brown (NA '54) of Scottsville, Va., cites the privilege of practicing chiropractic these many years as his most rewarding experience since graduation. His fondest memory of National is Dr. Janse and the many friends made at school. In his spare time, he enjoys woodworking and furniture making.

Dr. John D. Griswold Jr. (LI '55) of Zephyrhills, Fla., is retired after 47 years of practice and said it is a great way to live, "helping people to get well." He is now spending his spare time reading and watching TV. Dr. Griswold's fondest memory of Lincoln was graduation and his most rewarding experience after graduation was passing the state boards in Connecticut.

Dr. Max L. Long (Kansas State Chiropractic College '55) of Abilene, Kan., reports that he is still working (51 years), and "That is fun." In his spare time, he is involved in church work and spending time with his great-grandchildren. To other doctors, he says, remember you are not adjusting just the spine; take care of the whole patient.

Dr. John J. Pellegrino (CINY '56) of Commack, NY, has fond memories of attending school in New York City and the learning experience in the school clinic. His most rewarding experience is getting remarkable results in healing people. Dr. Pellegrino also uses his spare time to advance chiropractic.

1970s

Dr. William Charles Hollensed (NA '72) of Glen Ellyn, Ill., was awarded the Dr. Mark A. Zelm Memorial Award at the Christian Chiropractors Convention (CCA) in Welches, Ore., in July. Dr. Hollensed is the current president of the CCA and its missions director. He was recognized for his dedication in leading the association, his commitment to helping those in need, and his ability to provide opportunities for others to serve.

Dr. Lawrence Pyzik (NA '72) of Palatine, Ill., received the 2006 Illinois Chiropractic Society (ICS) Chiropractor of the Year Award in recognition of his many years of service and dedication to the profession. He has been an active ICS member for 35 years, serving as a director-at-large on the board and chair of the Quality Assurance Committee. Dr. Pyzik has been a diplomate of the American Chiropractic Board of Radiology since 1976 and is a member of the American Chiropractic College of Radiology. He has served on the American Board of Radiology and as executive vice president of the American Chiropractic Registry of Radiologic Technologies.

Richard L. Cole, DC, FICC, (Palmer '77) of Bartlett, Tenn., was elected as Director-at-Large of the National Board of Chiropractic Examiners (NBCE) in May. Dr. Cole completed a fellowship in neurology at National in 1983 and achieved board certification by the American Chiropractic Neurology Board as well as the American Academy of Pain Management. He is a past president of the Federation of Chiropractic Licensing Boards (FCLB) and served on the National Board of Chiropractic Examiners as an FCLB-appointed director.

Robert A. Leach, DC, FICC, (Life '78) of Starkville, Miss., a member of the National University postprofessional faculty, received his master of science degree in health education in

December 2006 as a non-traditional student at Mississippi University for Women and subsequently passed the health education certification test. His thesis examined the effect of a combination of youth soccer and a behavioral/nutritional intervention in reducing body mass index (BMI) in 5th grade overweight or obese females.

Dr. Leach is also the author of four textbooks including *The Chiropractic Theories*, which just underwent its fourth printing. He is also an Alternate Delegate to the American Chiropractic Association, Research Chair of the Mississippi Alliance of Health Physical Education, Recreation and Dance, and research committee Chairman of the Mississippi Chiropractic Association.

1980s

Dr. Paul Rubin (NA '80) of Chicago, Ill., is a practitioner with WholeHealth Chicago, The Center for Integrative Medicine. The original practitioners of WholeHealth Chicago came together in 1994 to blend the best of 'conventional' and 'alternative' forms of treatment, now known as 'integrative medicine.' In addition to chiropractic, the group includes practitioners in internal medicine, homeopathy, naprapathy, physical therapy, massage therapy, herbology, Traditional Chinese Medicine, and clinical psychology.

In a recent issue of Dr. David Edelberg's Newsletter, the allopathic physician and cofounder of the practice, made a "modest proposal" that physician colleagues might benefit from having a good chiropractor at as their primary care physician. Blue Cross Illinois offers its HMO members a list of chiropractors who are willing to act as primary care providers, and if they are willing to pay for this kind of health care, he suggested, "they've surely done their research." He gave several reasons for his suggestion, and then referred to his partnership with Dr. Rubin, "the first of its kind in Illinois." Employing a chiropractor would result in effective and thorough health care geared toward wellness rather than prescriptions, specialists and surgery, Dr. Edelberg wrote.

In addition to chiropractic, Dr. Rubin is certified to practice acupuncture and physiotherapy. Each week, Dr. Rubin teaches the fundamentals of chiropractic to University of Chicago internal medicine residents who rotate through WholeHealth Chicago for their alternative medicine 'experience.'

Dr. Philip E. Claussen (NA '83) of Oak Brook, Ill., served as the official team chiropractor and strength and conditioning coach for The Islands of the Bahamas athletes who competed in the 2007 Pan American games in Rio de Janeiro, Brazil, in July. Owner of Oak Brook Chiropractic Center for more than 25 years, he worked with a team of two medical doctors and two therapists to keep the 70 athletes in top condition. Dr. Claussen, who owns a home near Nassau, will continue to work with the Bahamas Olympic Association to develop an ongoing strength and conditioning program for athletes.

Dr. James D. Spertzel (NA '83) of Biglerville, Pa., was awarded the Christian Chiropractor of the Year Award for 2007 at the Christian Chiropractors Convention (CCA) in Welches, Ore., in July. The award recognizes his outstanding commitment to making a difference in the lives of others. Dr. Spertzel has made numerous trips overseas to provide chiropractic care and to spearhead campaigns to raise funds for shoes and mattresses for Ukrainian orphanages and to assist in furthering the education of Ukrainian students.



Dr. Suzanne A. Coffey (NA '87) of Charlottesville, Va., proudly announces that her son, Landon Hatfield, 16, was invited to train with the U.S. Speedskating Short Track Team in Marquette, Mich. for the 2007-08 season with seven other male and eight female athletes. Landon's recent successful season included: 3rd place overall in the Junior Division, American Cup Series; 15th overall, Junior National Short Track Championships; 3rd place overall in the Junior Division, U.S. National Short Track Championships; and 7th place overall in the Junior Division, North American (U.S. and Canada) Short Track Championships, his all-time best performance.

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Alumni News Continued



Jerrold Simon, DC, DACBN, DACRB, DABDA (NA '97) of Lancaster, Ohio, secretary/treasurer of the American Chiropractic Association Rehab Council, has been appointed to serve as Rehab Council Representative to the American Board of Chiropractic Specialties (ABCS), the board that is composed of all specialty councils of the ACA as well as some chiropractic specialty boards. Dr. Simon served the ABCS in the past as its first president.



Sr. Brigitte Yengo, DC, (NA '87) stopped by National University during a visit to the United States in June. She was in the States to help celebrate the 50th anniversary of priesthood of Father Frank Lynch, a retired pastor of an upstate New York church where she lived for several years. Sr. Yengo ministers to the orphaned, handicapped, and homeless in Brazzaville, Republic of the Congo, Africa.

Dr. Bill Toth (NA '88) and his wife, Julie, of Jersey Village, Texas, were featured on the DISH network "Healthy Living" Channel this past spring discussing lifestyle choices. The success coaches' 30-minute show was the first in a series of nine broadcasts covering healthy living choices.

1990s

Dr. Elizabeth Davis (NA '92) of Chicago, Ill., has fond memories of pathology class with Dr. Vrajlal Vyas and all the laughs with friends during school. Her most rewarding experiences since graduation are developing her own practice, helping people, and earning her acupuncture license and diplomate in acupuncture. In her spare time, she enjoys travel, exercise, relaxing, and spending time with friends.

Dr. Darren R. Weissman (NA '94) of Chicago, Ill., is the developer of The LifeLine TechniqueSM, an advanced holistic system of treating the core imbalances of symptoms and stress. The technique incorporates aspects of 14 modalities of healing into one unified system. Dr. Weissman is also the author of

The Power of Infinite Love and Gratitude, An Evolutionary Journey to Awakening Your Spirit.

In addition to his chiropractic degree, he has taken additional training in acupuncture, homeopathy and other forms of energy medicine in Sri Lanka. Dr. Weissman's other postgraduate studies include Applied Kinesiology, Total Body Modification, Neuro-Emotional Technique, Neuro-Linguistic Programming, Neuro-Modulation Technique, Chinese Energetic Medicine, Natural Healing, and many other forms of energy healing.

Dr. Todd Robson (NA '96) of Staunton, Va., celebrated the 10th anniversary of his practice, Robson Wellness & Chiropractic, this year. The focus of his practice is holistic health care, with emphasis on muscle response testing and nutritional detoxification and supplements. There is an on-staff craniosacral therapist and a Biomeridian unit. At least half of the volume of his practice is autoimmune conditions and other related chronic conditions.

Dr. Robson and his wife, Studley, have been married for 11 years and have five children. The oldest, Sutton, is 22 and married with a baby, Reese, which makes Todd a "Papi" at age 37! They also have four younger children: Banner, 8; Jonah, 5; Micah Ruth, 4; and Jude, 3.

The Robsons recently moved to a low-income part of Staunton to begin a parachurch ministry, "1020 Fellowship," that ministers to the local African-American community. One night a week, sometimes two, they open their home for food, fellowship and Bible study for the local youth, many of whom are gang members. Their hope is to reach many people outside the traditional church.

Dr. Robson has also been a worship leader at his home church, Community Fellowship, for eight years now. Leisure activities include golf, guitar and hanging with the family.

Dr. Jennifer Belesi (NA '97) of Hopkinton, Mass., was recently named director of operations for the Massachusetts-based American Spinal Decompression Association. She also maintains a private practice in Hopkinton, where she lives with her three boys, Max, 6, Zachary, 5, and Jack, 3.

Dr. Karl S. Forgeron (NA '97) of Streamwood, Ill., has found "something bigger." During his 10 years of owning a successful practice, being an active member of the community and serving thousands of patients, he said he always felt something was missing and that he needed to search for "something bigger." He thought that becoming one of the first chiropractors in the country to serve on an HMO panel would be something bigger, but he felt a void. In June, that "something bigger" happened and Dr. Forgeron became the first chiropractor on staff at Barrington Orthopedic Specialists and Sports Medicine. "What an honor and a privilege," he said. "This is great news for my family and profession. The objective in mind is to open doors for chiropractic. There is something bigger."

Dr. Andrew and Dr. Christine (Nicolosi) Rosenkrantz (NA '97) of Chicago, Ill., expanded their family to three sons with the birth of Brayden Carl in October 2006.

2000s

Dr. Bryan D. Royer (NA '04) of Toledo, Ohio, has been practicing chiropractic in the Toledo area since 2005. He has completed a postgraduate program in functional neurology and extensive postgraduate classes in clinical nutrition and impairment ratings for disability evaluation. Dr. Royer focuses on musculoskeletal problems in his practice but also enjoys helping people with nutritional deficits and allergy problems and assisting pregnant women to have a healthy and painless pregnancy. He also teaches health and safety courses and educates patients and the community on how to promote a healthy lifestyle.

We apologize — again!

In the Fall 2006 issue of *Alumnus*, we mistakenly misspelled the name of one of our generous donors. In the Spring 2007 issue of *Alumnus*, we apologized. But we did it again!

Dr. Walter H. Sorensen, Class of 1952, we sincerely regret our error in misspelling your name and we sincerely appreciate your contributions to National that are noted under the Donor's Recognition Amphitheater in the \$10,000-\$19,999 section.